By signing up for an event, members agree to the waiver included at the top of the Signup page and also agree to abide by the procedures for our activities.

WEDNESDAY, OCTOBER 1 — Sourland Mountain Preserve, Hillsborough, NJ

Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com

Start: 10:00 AM. Approx. distance 6 mi; climb mountain twice; some rocks; elev gain 600', pace 2 mph.

Portable facilities available. Boots/poles recommended. Bring: snack, water.

THURSDAY, OCTOBER 2 — Storm King Mountain, Cornwall On Hudson, NY

Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com

Start: 10:00 AM. This hike has 18 stars with some of the best views of any hike we do. This is a strenuous hike, approximately 7 miles long with 2500' of elevation gain and will be at a vigorous pace. There is one big climb of 1000'. No facilities available. Boots/poles recommended. Bring: lunch, water.

ALT. THURSDAY, OCTOBER 2 — Mills Reservation, Cedar Grove, NJ – added hike

Leader: Rich Dugan, cell 973-768-0413 and Dianne Jones, cell 973-224-3967, diannejones428@gmail.com Start: 10:00 AM. This will be a 6 mile hike over a mix of terrain. Elevation gain approximately 500 feet, moderate pace. 80% woods trails including two or three rocky uphills, short distance on railroad bed and grass power line. View of NYC skyline from overlook in Mills Reservation off Lenape Trail. Historic points of interest on route. No facilities available. Boots recommended. Bring: lunch, water.

Directions: Mills Reservation Parking Lot, 31 Normal Ave, Cedar Grove, NJ.

From the west: Route 280 to exit 8B for Prospect Avenue, Cedar Grove. 2.4 miles to slight left onto Pompton Avenue. One mile near right onto Ridge Road. Go 1.2 miles and turn right onto Reservoir Drive. Go 0.7 to Mills Reservation parking area on the right.

From Garden Street Parkway, north/south: Take exit 151 for Watchung Avenue. Left/right on Watchung Avenue. 0.2 miles Turn right on Grove Street. 1.6 miles Turn left onto Mt. Hebron Road. 0.6 miles Turn right on Upper Mountain Avenue. 0.2 miles Turn left on Normal Avenue. 0.3 miles Turn left into Mills Reservation parking.

FRIDAY, OCTOBER 3 — Terrace Pond, West Milford, NJ

Leader: Tim Burman, cell 732-682-8684 to be used day of event only, timburman@gmail.com Start: 10:00 AM. A 6- to 7- mile hike. The first few miles require some scrambling, but the last half of the hike is level. Be prepared for potentially muddy trails. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR directions for Pequannock Watershed P-7. Address: 1575 Clinton Road. GPS: N41° 08.573', W74° 24.456'.

SATURDAY, OCTOBER 4 — Ramapo County Valley Reservation, Mahwah, NJ – added hike

Leader: Will Obecny, cell 603-540-3184, no texts please, obecny@optimum.net

Start: 9:30 AM. 9:30 AM. We will hike the moderately rated MacMillan Reservoir Overlook and Hawk Rock Loop Trail. This 5-mile hike has an elevation gain of 780 feet and will take 2 1/2 hours. There are several rocky areas. Facilities available. Boots/poles are recommended. Bring: snack, water. Please note early start time.

SUNDAY, OCTOBER 5 — South Mountain Reservation, Millburn, NJ

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com

Start: 10:00 AM. 6 miles over hilly, rocky terrain to Hemlock falls and back. After a steep initial climb, the hike is moderate to the falls. Coming back is easy to moderate. If the lot is full, free parking is available at the Millburn Library on Sundays (100 yards west). Portable facilities available. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #4, Locust Grove.

MONDAY, OCTOBER 6 — Allamuchy Mountain State Park, Stanhope, NJ

Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com

Start: 10:00 AM. This an out-and-back 3-mile hike mainly on the Sussex Branch. There may be a short hill at the beginning of the hike and a stream crossing, but otherwise the trail is wide and basically flat. There is the possibility of extending the hike on the Sussex Branch to Cranberry Lake, which would add 1.5 to 2 miles. Leaders' option, although there will be an early out to limit the hike to 3 miles. Portable facilities available. Boots/poles recommended. Bring water.

Directions: See TSR Directions #3, North Allamuchy.

TUESDAY, OCTOBER 7 — Fahnestock State Park, Carmel Hamlet, NY - cancelled

Leader: Bill Medeot, cell 914-844-7038, billwp218@gmail.com

Start: 10:00 AM. This will be a 5-mile hike at a moderate pace with about 500' elevation gain. Start NE on the Yellow Loop trail where we will switch to the Roaring Brook (W). At the southern part of Stillwater Pond, we will head East on the Stillwater Loop (B) to Pasture Loop (R) to Roaring Brook (W) to road and continue on Yellow Loop around Pelton Pond to cars. Boots/poles recommended. Bring: lunch, snack, water. Directions: Meet at Pelton Pond Parking, 1089 Cold Spring Turnpike, Route 301, Hopewell Junction, NY. GPS: 41.46236, 73.82897.

TUESDAY, OCTOBER 7 — Cushetunk Mountain Preserve, Clinton Township, NJ – added hike

Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com

Start: 10:30 AM. Hike about 5 miles at a moderate pace (less than 2 m/h), elevation gain of 400' with 1 hill. Lunch near Round Valley lake. No facilities available. Boots/poles recommended. Bring: lunch, water. Please note later start time.

Directions: See TSR Directions #1, Old Mountain Road.

TUESDAY, OCTOBER 7 — South Mountain Reservation, Millburn, NJ – added hike

Leader: Louis Thompson, cell 732-239-1012, ltpt1@yahoo.com

Start: 10:00 AM. We will hike 6 -7 miles at a 2-2.5 mph pace on the Lenape trail to Hemlock Falls, return on the Rahway trail. The hike starts with a long steep uphill, and is mostly flat for the rest of it. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.

Directions: See TSR directions for South Mountain Reservation #4, Locust Grove.

WEDNESDAY, OCTOBER 8 — Colonial Park, Somerset, NJ - cancelled

Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com

Start: 10:00 AM. We will trek approximately 4-5 miles over flat, fine gravel terrain. The hike will be along the D&R Canal and the Millstone River. The trail is wide and easy to navigate. Facilities available. Boots/poles recommended. Bring: snack, water.

Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

THURSDAY, OCTOBER 9 — Giant Steps, Alpine, NJ

Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com

Start: 9:00 AM. Strenuous 10-mile hike with 1450 ft elevation gain at a brisk pace (about 2 mph) with steep rocky sections and a 1-mile horizontal rock scramble. Boots/poles recommended. Bring: lunch, water. Please note early start time.

Directions: Meet at the Alpine Marina. Metered parking fee, April 1 – October 31. From the south on the Palisades Parkway, get off at Exit 2. Stay left past the police station and proceed to a circle. Go around the circle and head north to the Marina. Park at the far end.

From the north, get off at Exit 2. Go right on Route 9W. Take the first right, go under the Parkway and stay right. Then follow the directions above.

THURSDAY, OCTOBER 9 — Fahnestock, Cold Spring, NY - cancelled

Leader: Bill Medeot, cell 914-844-7038, billwp218@gmail.com

Start: 10:00 AM. A moderate 8 mile hike with about 1400' elevation gain. Start on School Mountain Road (W) to Fahnestock (B) up switchbacks to Round Hill. At the intersection, we will take Perkins (Y) to School

Mountain (W) to East Mountain Loop (R) where we will rejoin School Mountain Road (W) to the cars. Boots/poles recommended. Bring: lunch, water.

Directions: Meet at Hubbard Lodge Parking on Campbell Rd, 2920 US-9, Cold Spring, NY GPS: 41.44284, -73.91517.

ALT. THURSDAY, OCTOBER 9 — Pyramid Mountain, Montville, NJ

Leader: Bernadette Miglin, cell 973-407-0049 to be used day of event only, bmiglin@yahoo.com
Start: 10:00 AM. We will do a 5- to 6-mile hike at a moderate pace, approx. 3 hours, including two or three stops for views, water, snack, etc. The trail is rated moderate by AllTrails, with a 873 ft elevation gain.

There are several uphill climbs that can be challenging for those unprepared, so this may be difficult for a novice. We'll go clockwise up the trail, ascending on the orange trail and then back to the Visitor's Center using the yellow, green dot and orange trails. Facilities available. Boots/poles recommended. Bring: snack, water.

Directions: See TSR Directions #1, Visitor's Center.

FRIDAY, OCTOBER 10 — Minnewaska State Park Preserve, Kerhonkson, NY

Leader: Julie Stanton, cell 917-972-0212 to be used day of event only, julienyc@msn.com

Start: 9:30 AM outside the Visitor's Center located in the upper parking lot. This is a challenging hike of approximately 7.5 miles with over 1100' elevation gain to Gertrude's Nose and Millbrook Mountain viewpoints. This hike has beautiful views with rocky and sometimes very steep sections. There is a \$10 fee per car to enter Minnewaska which opens at 9:00 AM. Facilities available. Boots/poles recommended.

Bring: lunch, snack, water. Please note early start time.

Directions: TSR Minnewaska directions to upper parking lot.

SATURDAY, OCTOBER 11 — Stokes State Forest, Branchville, NJ – added hike

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com

Start: 10:00 AM. 6 mile point to point hike, much of it on the AT. Car shuttle required. After a steep initial climb, the rest of the hike is moderate. Some nice views. Boots/poles recommended. Bring: lunch, water. *Directions:* See TSR Directions #2, Stony Lake parking lot.

SUNDAY, OCTOBER 12 — Silvermine, Harriman State Park, NY - cancelled

Leader: Tim Burman, cell 732-682-8684 to be used day of event only, timburman@gmail.com
Start: 10:00 AM. 6-7 miles, moderate pace, hilly. Facilities available. Boots/poles recommended. Bring: lunch, water.

MONDAY, OCTOBER 13 — Jockey Hollow National Park, Morristown, NJ - cancelled

Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, <u>biggsgail@yahoo.com</u> Start: 10:00 AM. Hike three miles at moderate social pace. Gentle hills. No facilities available. Boots/poles recommended. Bring water.

Directions: See TSR Directions #3, Trail Center (Not the Visitor Center)

TUESDAY, OCTOBER 14 — Cushetunk Mountain Preserve, Clinton Township, NJ - cancelled

Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com

Start: 10:00 AM. Approx. distance 6 mi; elev 1100'; some rocky terrain; pace 2 mph. Not easy. Facilities available. Boots/poles recommended. Bring: snack, water.

Directions: See TSR Directions #1, Old Mountain Road.

TUESDAY, OCTOBER 14 — Skylands, Ringwood, NJ – added hike

Leader: Will Obecny, cell 603-540-3184, obecny@optimum.net

Start: 9:30 A.M. This is a moderate 6-mile hike on the Five Ponds Trail. There is an elevation gain of around 800 feet. We will hike at a 2 MPH pace. The hike will take around 3 hours. Facilities available in the Carriage House. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time. *Directions:* See TSR Directions, #1 Parking Lot A.

WEDNESDAY, OCTOBER 15 — Cushetunk Mountain Preserve, Clinton Township, NJ – added hike *Leader:* Gordon Thomas, cell 609-977-0267, <u>TSRpresident3@gmail.com</u>

Start: 10:00 AM. Challenging hike about 7 miles at a less than 2 m/h pace, elevation gain of 1900' with 3 hills. Lunch near Round Valley Reservoir. No facilities available. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #1, Old Mountain Road.

WEDNESDAY, OCTOBER 15 — West Essex Trail, Verona, NJ – added hike

Leader: Shelley Schwartz, cell 973–580-3903, shelleyschwartz@hotmail.com and Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com

Start: 10:00 AM. The West Essex Trail follows the former rail bed of the Caldwell Branch on the old Erie-Lackawanna Railroad. Approximately 5 miles on dirt, mostly leafy canopy, some rocks and roots but basically a straight path through a wooded area, going from Verona through Cedar Grove into Little Falls. Appropriate for beginners. An early out is possible. You'll see backyards, some urban scenes, a trestle bridge over the Peckman River, woodlands, maybe some deer or roosters or a passing train. No facilities available. Bring: water, bug spray.

Directions: West Essex Trail, Verona. Near 201 Fairview Avenue, across from the Hillwood Terrace complex, to the left of Verona HS if you're facing the school. Park on the street.

THURSDAY, OCTOBER 16 — Schunemunk Mountain State Park, Mountainville, NY

Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com

Start: 10:00 AM. This is a strenuous 7- to 8-mile hike at a vigorous pace with significant elevation gain of

2,000 feet. Views abound on this hike. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #2, Trestle Parking.

ALT. THURSDAY, OCTOBER 16 — Silas Condict Park, Kinnelon, NJ - cancelled

Leader: Bernadette Miglin, cell 973-407-0049 to be used day of event only, bmiglin@yahoo.com
Start: 10:00 AM. This is a deceptively strenuous hike with MANY rock scrambles. Not recommended for those who prefer gentle hiking. We will do a 4-mile hike using the white and red trails. This will be at a moderate pace (2 mph), approx. 2 hours. The trail is rated moderate by AllTrails with a 530 ft elevation gain. There are some uphill climbs and rock scrambles that some have found difficult. Facilities available. Boots/poles recommended. Bring: snack, water.

FRIDAY, OCTOBER 17 — Worthington State Forest, Columbia, NJ

Leader: Julie Stanton, cell 917-972-0212 to be used day of event only, julienyc@msn.com

Start: 10:00 AM. Hike 7.5 to 8 miles with over 1600 ft. elevation gain on the Douglas, AT and Garvey

Springs trails. This hike starts with a steady but gradual climb up to Sunfish Pond and then to several
viewpoints along the AT. We will have a 10-15 minute snack/lunch break at a beautiful overlook, then head
back on the AT, with a steady downhill on the Garvey Springs trail. There is an early out about 3.5 miles
into the hike. This trail is very rocky and is not a beginner hike due to pace, elevation, length and terrain.
Facilities available. Boots/poles recommended. Bring: lunch, snack, water.

Directions: Take I-80 West to Exit 1 toward Millbrook/ Flatbrookville. Merge onto River Road, which turns into Old Mine Road. Take a left turn into the Douglas trail parking lot after approximately 4 miles. GPS: 41.01299, -75.08243.

FRIDAY, OCTOBER 17 — Colonial Park, Somerset, NJ – added hike, SHOW AND GO, NOT on Signup Genius

Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com

Start: 10:00 AM. We will walk along the D&R Canal for 6 miles at a moderate pace on a flat path. Facilities available. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

SATURDAY, OCTOBER 18 — Ramapo Mountain State Forest, Haskell, NJ

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com

Start: 10:00 AM. We will hike 6 miles over varied terrain. This hike has easy, moderate and strenuous sections. Some nice views. No facilities available. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions Back Beach park.

SUNDAY, OCTOBER 19 — Schooley's Mountain, Long Valley, NJ – added hike

Leader: Guy Percival, cell 973-590-7437, percivalguy@gmail.com and Udi Cohen, cell 732-543-4624, udic2000@gmail.com

Start: 9:00 AM. This will be a 8-mile hike into and up Schooley's Mountain, under 1000 feet of elevation gain at a moderate pace. We will see the new set of stone steps that Morris County installed next to the waterfalls. We will be hiking a section of the Patriots Path today. Several steep sections. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

Directions: Meet at the Gillette Trail Parking Lot, 75 Rt-24. From I-80 Exit 27 (Rt-206 South): Continue southward on Rt-206 about 7+ mi to the Chester area at the light for the intersection of Rt-513/ (Rt-24). Turn right (west) onto Rt-513/(Rt-24) and continue 3.6 mi to the Gillette Trail Parking lot on the right. GPS 40.7843, -74.7661.

MONDAY, OCTOBER 20 — Watchung Reservation, Mountainside, NJ

Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com Start: 10:00 AM. A 3-mile loop to water tower and horse stables. Facilities available. Boots/poles recommended. Bring water.

Directions: See TSR Directions #1, Trailside Nature Center.

TUESDAY, OCTOBER 21 — Reeves Meadow, Harriman State Park, NY

Leader: Louis Thompson, cell 732-239-1012, <a href="https://linear.ncbi.nlm

Start: 10:00 AM. The hike will be a moderately paced and moderately strenuous 6 to 7 miles on the Pine Meadow, Kakiat, and Raccoon Brook trails. The pace will be 2-2.5 mph. Please make sure this is in your comfort range. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

WEDNESDAY, OCTOBER 22 — Lewis Morris Park, Morristown, NJ - cancelled

Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com

Start: 10:00 AM. From the lowest parking lot for Sunrise Lake we will hike the Patriots' Path along the Whippany River into a short section of the Dismal Harmony Natural Area and return on the same trail for a total of 4 to 4.5 miles. The trail is mostly single file through the woods, with flat terrain. Portable facilities available. Boots/poles recommended. Bring: snack, water.

Directions: See TSR Directions #2, Sunrise Lake.

WEDNESDAY, OCTOBER 22 — Sourland Mountain Preserve, Hillsborough, NJ – added hike

Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com

Start: 10:00 AM. Approx. distance 6 mi; on most trails, moderate difficulty, elev gain 600', pace <2 mph. Portable facilities available. Boots/poles recommended. Bring: snack, water.

THURSDAY, OCTOBER 23 — Cold Spring to Beacon, Cold Spring, NY

Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com

Start: 9:30 AM. This is a point-to-point hike so we will meet at 9:30 in Cold Spring and then drive/leave some cars at Beacon, where the hike ends. This strenuous hike is 11 miles with 2700 ft. of elevation. We will take the "easier" blue trail from the red and not the more difficult yellow to the top of Breakneck Ridge. There is a scramble up to the fire tower in Beacon with great views. Portable facilities available.

Boots/poles recommended. Bring: lunch, water. Please note early start time.

Directions: See TSR Directions for Cold Spring, NY.

ALT. THURSDAY, OCTOBER 23 — Cooper Mill, Chester, NJ

Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com

Start: 10:00 AM. The hike will be about 5 to 6 miles with ups, downs, rocks and roots. The return along the Black River is very pretty. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

FRIDAY, OCTOBER 24 — Jockey Hollow National Park, Morristown, NJ - rescheduled to October 31

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 10:00 AM. This is a 5- to 6-mile moderate hike at a moderate pace. We will take the Grand Loop, Outer Loop and Yellow trails. Mostly flat to rolling, except for the climb to Sugar Loaf. Facilities available. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #1, Visitor Center.

FRIDAY, OCTOBER 24 — Governor Mountain, Ringwood, NJ – added hike

Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net

Start: 10:00 AM. From the parking lot, we will shuttle a short distance to the start of the Crossover Spur Trail (parking there is very limited). This is a 6 mi lollipop hike at an average pace of 2 mph, elevation gain about 400 ft. We take the short Crossover Spur trail to the white, then to the Yellow Trail. Governor Mountain is the loop part of the trail. Boots/Poles recommended. Bring: water, lunch..

Directions: See TSR Directions Skylands #1, Parking Lot A.

SATURDAY, OCTOBER 25 — Harriman State Park, Rockland County, NY

Leader: Jodi Ordover, cell 201-264-4206, jodi.ordover@gmail.com

Start: 9:30 AM. Moderately strenuous 7-mile hike over rocky and hilly terrain, with 1,100 feet elevation gain. We will hike at a brisk pace of 2+ mph. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

Directions: See TSR directions for Big Hill and Jackie Jones Mountain.

SUNDAY, OCTOBER 26 — High Point State Park, Wantage, NJ

Leader: Yanling Cheng, cell 732-485-9922, yanlingcheng@yahoo.com

Start: 9:30 AM. Best time to hike the highest NJ park before the beautiful colors are gone! We'll hike on the AT, Monument, and Cedar Swamp trails. Stops at AT Observation Deck, High Point Monument, Lake Marcia and the old High Point Inn site. Some parts of AT have rocky and hilly terrain. One short steep ascent to the Monument. Returning via the Old Trail. About 7 miles, 1100 ft total elevation gain, pace 2+MPH. Not for beginners. No facility at trailhead but 0.5 mile into hiking there is a park office where bathrooms are available. Boots/poles recommended. Bring: lunch, water. Please note early start time. Directions: From I-287 Exit 52: Take Rt-23 North 34 mi to High Point State Park. Almost to the Top of Rt-23 hill, on the left is the AT Parking Lot (just past mile marker 48), immediately after large stone piers on both sides of Rt-23. GPS (41°18'10.1"N74°40'01.6"W) Google map search: "Appalachian Trail Parking/Trailhead Parking".

MONDAY, OCTOBER 27 — Lewis Morris Park, Morristown, NJ – change in hike

Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com

Start: 10:00 AM. Starting at the lowest parking lot for Sunrise Lake and proceeding on Patriot's Path along the Whippany River and into Dismal Harmony Natural Area and back - about 3 miles in 1 1/2 hours, basically a flat trail. Portable facilities available. Boots/poles recommended. Bring water.

Directions: See TSR Directions #2, Sunrise Lake.

TUESDAY, OCTOBER 28 — Lake Skannatati, Harriman State Park, NY

Leader: Rosie Brancato, cell 203-586-8131, rosiehike@gmail.com

Start: 10:00 AM. Moderate 6.5 mile circular hike, elevation gain 1,000 ft. Long Path, Dunning, RD to Times Square and back on Long Path, Dunning and ASB. Note: cell service is very poor/nonexistent at the trailhead. Boots/poles recommended. Bring: lunch, water.

TUESDAY, OCTOBER 28 — Lake Skannatati, Harriman State Park, NY – added hike

Leader: Jerry Giordano, cell 973-634-1457, hdwg25@gmail.com and Nancy Sierra, cell 973-347-0690, nsmd_solo@yahoo.com

Start: 10:00 AM. This hike of about 6 miles will start at the lot on Green Pond Road. Beginning on the Four Birds trail, we will hike to Hawk Watch, Beaver Pond, a 19th century cemetery, and see a bat cave en route. Pace will be moderate. Be sure to bring lunch and boots. Poles suggested as terrain is hilly. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #1, Four Birds South Lot.

WEDNESDAY, OCTOBER 29 — Lewis Morris Park, Morristown, NJ – added hike

Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com

Start: 10:00 AM. Hike part of the Patriots' Path 4-5 miles; 200' approx elev. <2 mph pace. Portable facilities

available. Boots/poles recommended. Bring: snack, water.

Directions: See TSR Directions # 2, Sunrise Lake.

WEDNESDAY, OCTOBER 29 — Lake Sebago Boat Launch, Harriman State Park, NY – rescheduled from October 30

Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com

Start: 9:30 AM. This is a point-to-point hike with a shuttle. We will hike all of the 7 Hills Trail from Lake Sebago to Reeves Meadow. This is a difficult hike at a vigorous pace with numerous rock scrambles, about 7 miles long with over 1,500 ft. of elevation gain. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

THURSDAY, OCTOBER 30 — Lake Sebago Boat Launch, Harriman State Park, NY – rescheduled to October 29

Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com

Start: 9:30 AM. This is a point-to-point hike with a shuttle. We will hike all of the 7 Hills Trail from Lake Sebago to Reeves Meadow. This is a difficult hike at a vigorous pace with numerous rock scrambles, about 7 miles long with over 1,500 ft. of elevation gain. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

ALT. THURSDAY, OCTOBER 30 — Black River Trail Loop, Chester, NJ - cancelled

Leader: Bernadette Miglin, cell 973-407-0049 to be used day of event only, bmiglin@yahoo.com
Start: 10:00 AM. This trail is rated moderate in AllTrails. It is 6.3 miles with a 675 ft elevation gain. There are lots of tree roots and rocks with several steep grades. The loop travels over rolling terrain along the Lamington River and through the forest and open fields. Portable facilities available. Boots/poles recommended. Bring: snack, water.

Directions: 66 Route 24 Chester, NJ. Across from the Cooper Gristmill parking lot.

FRIDAY, OCTOBER 31 — Jockey Hollow National Park, Morristown, NJ – rescheduled from October 24

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 10:00 AM. This is a 5- to 6-mile moderate hike at a moderate pace. We will take the Grand Loop, Outer Loop and Yellow trails. Mostly flat to rolling, except for the climb to Sugar Loaf. Facilities available.

Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #1, Visitor Center.