



*Ramapo Valley County Reservation, Mahwah, NJ*



# **TriState Ramblers Schedule**

**JULY-DECEMBER 2025**

## Letter from the President

Our Tri-State Ramblers organization is the greatest hiking, paddling and biking club in the world. Why do I say that?

Well, one day last winter, I posted a climb over Cushetunk Mountain in our Signup Genius, and a bunch of people signed up in advance. At the starting parking lot, I drove in and found it was empty. I stayed in my car, looked out my window into the blowing snow and cold, and said,

"I'll bet that my hikers sensibly read the Sign up notice that correctly posted my plan as 7 miles with 1200 feet elevation. The hikers were also on the ball to check the weather report for snow with a wind chill temperature near 0 F. Apparently, our hikers made good use of our well-tended advanced hike listing and today's weather report. Oops. I should have checked who bailed just before I left home. Oh, yeah. All the hikers had cancelled. The list matches the empty parking lot."

Ours is a great group in that its members can put 2 and 2 together. Our system works. That's why TSR is the greatest. Well, I said to myself:

"I've driven almost an hour to get here. I've got really warm socks, pants, mittens, a parka, a hat, a hood, a cell phone, boots, and I know the trails. I wonder what it's like outside the car?"

I remembered reading about (crazy?) hikers who go up Mount Washington in the winter, and I have climbed above the treeline in cold weather in other New England mountains in moderate winds. Many such hikers survive. You can guess what I did. I walked fast around the area of the parking lot, let the wind blow, and let the snow drift. Then I hopped back in my car and had my snack. I thought:

"The TSR is great because with a group, you can hike trails that are new, that are challenging, and you can be safe and can chat with friends."

That's part of why I say the TSR is the greatest. You can pick reliably from a cornucopia of outings. It's great because we have the greatest volunteers. We even read and understand the forecast plans and weather. We are good at choosing what suits us. We follow our beautiful TSR Guidelines and FAQ's. By comparison, I've been a member of seven outing clubs, so by extrapolating these seven clubs to all clubs in the world, I conclude that TSR is the greatest.

And, on days like this Cushetunk hike, we're cool.

Gordon Thomas  
President, TriState Ramblers

# TriState Ramblers

[www.tristateramblers.org](http://www.tristateramblers.org)

*Founded 1938 as the Union County Hiking Club*

## TriState Ramblers Executive Board 2025

President – Gordon Thomas (TSRPresident3@gmail.com, 609-977-0267)

Vice President – John Jurasek (jurasek@optonline.net, 845-365-3618)

Recording Secretary – Elise Morrison (elisermorrison@gmail.com, 201-927-4275)

Treasurer – John Crump (johnmcrump@yahoo.com, 973-534-6168)

Membership Co-Chair – Paul Augustyniak (paugust586@aol.com, 973-219-4807)

Membership Co-Chair – Jodi Ordovery (tristateramblersmembership@gmail.com, 201-264-4206)

Newsletter Editor – Lise Greene (lise.greene@montclair.edu, 973-663-4396)

Nominating Chair – Sheree Bennett (shereestarrett@yahoo.com, 973-857-0543)

Outing Chair – Linda Hetcher (linda.hetcher@gmail.com, 973-769-1773)

Outreach Chair – Kaat Higham (tsregistration@outlook.com, 862-221-0170)

Schedule Coordinator – Nancy Sierra (nsmd\_solo@yahoo.com, 908-347-0690)

Social Co-Chair – Jenny Monteleone (jennymonte82@gmail.com, 732-245-7284)

Social Co-Chair – Brooke Tippens (brooketippens@gmail.com, 973-902-5650)

Webmaster – Dianne Jones (tsrhikers@gmail.com, 973-428-4924)

## Outing Coordinators

Monday – Bev/Stan Kaltnecker (kaltnecs1@aol.com, 201-602-4074)

Tuesday – Louis Thompson (ltpt1@yahoo.com, 732-239-1012)

Wednesday – Kaat Higham (khigham@verizon.net, 862-221-0170)

Thursday – Dianne Jones (diannejones428@gmail.com, 973-428-4924)

Alternate Thursday – Bernadette Miglin (bmiglin@yahoo.com, 973-407-0049)

Friday – Julie Stanton (julienyc@msn.com, 917-972-0212)

Saturday – Lorrie Vece (dixonlowe@aol.com, 201-970-1000)

Sunday – Sheree Bennett (shereestarrett@yahoo.com, 973-857-0543)

Biking – Marianne Ansari (marianneroman@hotmail.com, 201-519-8975)

Paddling – Linda Lang (allinkcorp@aol.com, 973-960-7421)

## Special Volunteers

Aide to Outreach Chair – Sue Griffin (sgriffin5@optonline.net, 732-322-6300)

Constant Contact Coordinator – Dave Hill (esruc104@verizon.com, 732-570-1381)

Directions Coordinator/Event Recorder – Tom Pollard (pollard.tom@gmail.com, 973-600-2301)

Newsletter Graphic Designer – Jay Winslow (jaybirdlow@verizon.net, 845-658-8104)

SignUp Genius Monitor – Linda Laidlaw (linlaidlaw@yahoo.com, 973-449-3977)

Trail Maintenance Coordinator – John Jurasek (jurasek@optonline.net, 845-365-3618)

## **WHO WE ARE**

The basic purpose of the TriState Ramblers is to serve those actively interested in the great outdoors and to increase their numbers. To that end, our club offers a varied program of outdoor activities, providing wholesome recreation while contributing to physical fitness. To the same end, our club supports worthy conservation efforts. We are a member of and contribute to The NYNJ Trail Conference.

## **ABOUT OUR ACTIVITIES**

### **OUR HIKES**

We generally offer hikes 7 days of the week. The length, pace and difficulty of our hikes vary according to the day of the week. Please use this guide when considering hikes to find a match for our interest and ability. Note that most hikes take place on rough, uneven, rocky terrain. They are not a “walk in the park” on wide paved paths.

- Monday walks/hikes — are about 3 miles/1.5 hours at a social pace
- Tuesday hikes — are for experienced hikers; 5 to 7 miles at a moderate pace. Terrain can be challenging. Bring trail lunch.
- Wednesday hikes — are 2 to 2.5 hours, about 4 to 5 miles
- Thursday hikes — are strenuous hikes with challenging terrain for experienced hikers; 7 miles or more at a vigorous pace with few rest stops. Bring trail lunch.
- Alternate Thursday hikes — are 5 to 7 miles at a moderate social pace for experienced hikers. Bring trail lunch.
- Friday and weekend hikes — can vary from short 2-hour hikes to challenging long hikes. Check the hike description and contact the leader if you need further information.

### **OUR PADDLING TRIPS**

Paddling trips are offered seasonally, generally on Fridays.

- Bring a canoe or kayak
- Life jackets (personal flotation device) ARE REQUIRED
- Bring lunch and dry clothes in a waterproof bag
- River runs are dependent on the water level in the river
- Rentals are usually not available at launch sites, however, check with the leader

### **OUR BIKE RIDES**

Bike rides are offered seasonally.

- Bring a bike appropriate for the route. Most rides are on bike trails or paved roads. See the ride description for more information.
- Helmets ARE REQUIRED.

## THINGS YOU NEED TO KNOW

Outdoor sports involve some hazards. The members who volunteer to lead our outings claim no special qualifications. Each participant in club activities — whether member or guest — must assume full responsibility for his or her own safety, relieving the club, the leaders, and all other coparticipants of any and all responsibility in that connection — excluding, of course, individual responsibility for willfully inflicted injury. Adults who bring children to club activities must additionally assume full responsibility for the safety and conduct of such children. Your participation in any club activity is at the discretion of the leader.

- Leaders do not charge for their leadership services. Leaders may collect entrance fees, but the charges should not exceed the outlay for the day's event.
- Guests are allowed in limited situations. Review the policy on our [Members Only](#) page.
- If you have questions about an outing, please contact the leader.
- Cell phone use, including texting, is discouraged, except for emergencies.
- Wear adequate footwear, a helmet, or a personal flotation device, as appropriate for the activity.
- Be adequately prepared for weather and trail conditions (e.g. rain gear, traction devices or snowshoes, sunscreen, bug nets).
- Consume sufficient food and liquids to adequately sustain your energy and hydration level.
- ALWAYS carry your TSR Emergency Contact Card, including phone numbers of people to be notified in an emergency.
- Do not go ahead of the hike leader except with permission — and then only to the next trail junction. Leaders should be permitted to lead, followers are expected to follow, and explorers should plot their own trips.
- This is a club for people; dogs are not allowed.
- Smoking is not allowed during any club activity.

## SCHEDULE CHANGES

TSR uses Google Groups to provide information to members about upcoming events, schedule changes, and other notices. If a new member, you will receive an email from Google Groups confirming your enrollment or inviting you to join. (You do not need a Gmail account to receive these communications, but if you don't have one be sure to accept the invitation.) If you do not receive the confirmation email or invitation within a few days of joining TSR, please check your spam folder, or try adding [tristateramblers@googlegroups.com](mailto:tristateramblers@googlegroups.com) to your contacts.

This Google Group is only used for club business. Email addresses are never shared for commercial or solicitation purposes. Note that messages are moderated to ensure the messaging system is used for appropriate club business only.

You do *not* have to sign-in/log-in to Google Groups in order to view or send messages. Messages will come directly to the email box that you subscribed with. Hike leaders can communicate schedule changes by simply addressing their email to [tristateramblers@googlegroups.com](mailto:tristateramblers@googlegroups.com).

For assistance, contact the club webmaster at [tsrhikers@gmail.com](mailto:tsrhikers@gmail.com).

## **BE A TRIP LEADER!**

Please volunteer to LEAD! We can only keep our club vibrant with LEADERS! Contact the appropriate Outing Coordinator if you are interested in leading a hike, paddling trip or bike ride.

Useful information for leaders can be found on our website [www.tristateramblers.org](http://www.tristateramblers.org) on the "For Leaders" page.

## **DIRECTIONS**

Unless given with the event listing, directions for meeting places are available on our club website [www.tristateramblers.org](http://www.tristateramblers.org).

## Using SignUp Genius

### SIGNING UP FOR A HIKE

In our weekly email you can find a link to:

- The [schedule](#) for the current month.
- [SignUp Genius](#) so you can register for the events you want to attend.

The [Members Only](#) page of our website also includes the same information as the weekly email. *Bookmark* this page so it is easily accessible.

Remember these basic rules:

- Members are limited to initially sign up for **two hikes per week**.
- Join additional hikes if there is space available by signing up *after 8:00 PM the night before* and writing “after 8 PM” in the comments section.
- Whenever you sign up on the **waitlist**, put in the comment area “1st hike” or “2nd hike.” It helps our hardworking volunteers to monitor the signups more easily.
- **Do not jump the queue.** Before adding your name to the hiker list, review the waitlist to see if anyone else is a “1st hiker.” If so, add your name to the waitlist with “1st hike” in the comment area. Our hardworking volunteers will move you to the main list if there is availability. Signups are time stamped, so be assured that names are moved in the order of signup.
- **Similarly, do not “move” yourself** from the waitlist to the hiker list. Our hardworking volunteers will move you when they have the opportunity to do so.
- **If you need to cancel**, please remove your name *before 8:00 PM the day before* the hike. Otherwise there may be people on the waitlist who miss the opportunity to hike.
- Should an emergency arise and you have to cancel the morning of the hike, please let the leader know *by at least one hour before the start time*, as there are trailheads with no cell reception.
- Click [here](#) for complete signup rules. We appreciate your cooperation.

After signing up, you will receive a confirmation email. **Save this email, it will make it easier if you need to change your signup.**

### DELETING YOUR SIGNUP

Follow the directions in the file “Deleting your Signup”, which you can find on the SignUp Genius page, right above the list of all the hikes.

You can only delete your signup or add a comment to your signup. If you want to change hikes, you will have to delete your first hike, and then sign up for the new hike.

### OTHER IMPORTANT REMINDERS

- All participants are REQUIRED to PRE-REGISTER online when an activity is listed on SignUp Genius.
- Anyone who shows up for an activity that is listed on SignUp Genius without signing up will not be permitted to participate.

- Members who are unable to participate in an event for which they signed up must change their RSVP status immediately.
- Members who sign up and do not show up will be issued up to two warnings. After three violations members may no longer sign up for any events that require limits in participation.
- By signing up, members agree to abide by the club rules and procedures.
- SignUp Genius does NOT restrict the number of hikes you can sign up for. YOU must keep track of the hikes you sign up for to ensure that you are not in violation of our guidelines. Members are limited in the number of sign-ups per week in order to give more members an opportunity to participate.
- A waitlist is available for each activity. Members are encouraged to sign up on the waitlist, even if there are several names already listed, to demonstrate the level of interest for an activity and perhaps motivate someone to volunteer to lead a second hike.
- The TSR executive board reserves the right to manage sign-ups to ensure equitable access to members.
- Additional hike leaders may be needed some days to accommodate all members who wish to participate (i.e., even the members on the waitlist). The best way to increase the numbers of hikers that may participate each week is to increase the number of hikes each week. **Please consider volunteering to lead!**

## **JULY to DECEMBER 2025**

### **TUESDAY, JULY 1 — Pyramid Mountain, Montville, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 9:30 AM. This is a moderately paced 7-mile hike. We start with a 2.5-mile warmup lollipop on the Turkey Mountain side, traveling counter clockwise on the yellow to the Lake Valhalla overlook on the green trail. We will then cross over to the Pyramid Mountain side, where we will take the blue to the orange to Bear Rock. We will climb up to Tripod Rock for lunch and return on the orange. There is not a lot of elevation gain overall (less than 800'), but two steep climbs. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

*Directions:* See TSR Directions #1, Visitor's Center.

### **WEDNESDAY, JULY 2 — Cushetunk Mountain Preserve, Lebanon, NJ**

*Leader:* John Infosino, cell 908-442-9318, [jinfosino@aol.com](mailto:jinfosino@aol.com)

*Start:* 10:00 AM. We will hike on the Yellow, Blue, Red and White Trails for approximately 5.5 miles with 885 feet of elevation. We will stop for lunch/snack at about the halfway point. The trail has roots, rocks and fallen leaves which may be slippery. Rustic latrines are available just past the half-way point so plan accordingly. Trail is rated moderate by All Trails. Early out is possible. Boots/poles recommended. Bring: lunch/snack, water.

*Directions:* See TSR Directions #1, Old Mountain Road.

### **THURSDAY, JULY 3**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

### **ALT. THURSDAY, JULY 3 — Schooley's Mountain, Long Valley, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. 3-5 miles. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

*Directions:* 135 Fairview Ave. N40°47'12.22" W74°46'35.46"

### **FRIDAY, JULY 4**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

### **SATURDAY, JULY 5 — Pyramid Mountain, Kinnelon, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 9:00 AM. A moderate 5-mile point-to-point hike between the Kincaid parking area and the ballfield parking area. There is one steep climb. Shuttle required. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #2, Kinnelon Baseball Diamond.

**SUNDAY, JULY 6 — South Mountain Reservation, West Orange, NJ**

*Leader:* Donna and Steve Burkat, cell 973-454-5635, [busybees813@yahoo.com](mailto:busybees813@yahoo.com)

*Start:* 9:30 AM. A 5- to 6-mile hike on varied terrain at a moderate pace with approx. 400 to 500 feet of elevation gain. There will be a 15 minute stop for snack/ lunch. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #9, Turtle Back Rock.

**MONDAY, JULY 7 — Watchung Reservation, Mountainside, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. 3-mile loop to Water Tower and Horse Stables. Facilities available. Boots/poles recommended. Bring: water.

*Directions:* See TSR Directions #1, Trailside Nature Center.

**TUESDAY, JULY 8 — Cushetunk Mountain Preserve, Clinton Township, NJ**

*Leader:* Bonnie Ackerman, cell 908-864-3680, [ack.bonnie@gmail.com](mailto:ack.bonnie@gmail.com)

*Start:* 9:30 AM. 4-5 mile hike of leaders choice of trails. Brisk 2.5mph pace. The terrain is steep and rocky in many places. Roughly 800 feet in elevation gain. We will break as needed for snacks and water. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #1, Old Mountain Road.

**WEDNESDAY, JULY 9 — Princeton University, Princeton, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 10:00 AM at top floor of Princeton University visitors' parking tower, "Stadium Drive Garage". Enter at the corner of Fitzrandolph and Stadium Drives. Take ticket at entrance although free. Estimated hike distance is 5 miles; elevation gain is slight; terrain is sidewalk. Pace will be 2 mph between stops, where we will discuss historical sights and stories. Denunzio Pool and Jadwin Gym, next door, have facilities. Bring: snack, water.

*Directions:* Location is at the SE edge of Princeton U, near, but not on, Routes 206 and 1. (lat./long. "40.345037, -74.644822") Map: [princeton.edu/meet-princeton/visit-us#campus-map](http://princeton.edu/meet-princeton/visit-us#campus-map).

**THURSDAY, JULY 10 — Ramapo Mountain State Forest, Oakland, NJ**

*Leader:* Dean Leistikow, 908-789-9413, cell 908-451-5192 to be used day of event only, [leistikow@fordham.edu](mailto:leistikow@fordham.edu)

*Start:* 9:30 AM. 8.5 miles, somewhat strenuous (via blue, red, Wanaque Ridge, Castle, etc. trails) 1500 ft. elevation gain. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

*Directions:* See TSR Directions to Lower Lot. If your directions suggest that the "lower lot" is closed, then use the directions to "Ramapo Lake Trailhead".

**ALT. THURSDAY, JULY 10**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**FRIDAY, JULY 11 — Skylands, Ringwood, NJ**

*Leader:* Will Obecny, cell 603-540-3184, cell, [obecny@optimum.net](mailto:obecny@optimum.net)

*Start:* 9:00 AM. This is a moderate 5- to 6-mile hike with an elevation of over 800 feet. We will hike at a 2 MPH pace, faster on the flats. The hike is estimated to take 3 hours. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #1, Parking Lot A.

**Paddle: FRIDAY, JULY 11 — D&R Canal, Princeton, NJ**

*Leader:* Linda Lang, cell 973-960-7421, [alinkcorp@aol.com](mailto:alinkcorp@aol.com), Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 11:00 AM. Canoe and kayak rentals available; advanced registration is recommended. We will go S (up slight current) 1 hour up and 1 hour back down. Assistance for boat launch and simple comments on paddling available. Pace not fast. Leader welcomes chat with paddlers about leading if anyone interested. Facilities available. Bring: lunch, snack, water, bug spray. A personal flotation device MUST BE WORN. Please note later start time.

*Directions:* Meet at Griggstown Canoe-Kayak Rental, 1076 Canal Rd, Princeton, NJ. From Route 206 South: take 206 South into Montgomery Township. Make a left on Belle Mead Griggstown Rd. Make a right at the first stop sign and follow to the end. Make left onto River Rd. and then a quick right onto the bridge (caution advised at this one-lane bridge). Proceed through park to Canoe Rental on left.

**SATURDAY, JULY 12**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**Bike: SUNDAY, JULY 13 — Saddle River County Park, Ridgewood, NJ**

*Leader:* Jean Fletcher, 973-285-5263, cell 973-452-1567 to be used day of event only, [jrfletc@optonline.net](mailto:jrfletc@optonline.net)

*Start:* 9:30 AM the in the area of the large restroom building, rear entrance, in the Wild Duck Pond area. The trail runs from Ridgewood to Rochelle Park, approximately 10 miles. This is an out and back ride. The actual distance will be determined by participants. We will eat lunch on the ride. The trail is flat except for one 20 ft hill. Riding speed will be slow to moderate; we must adjust to park walkers, etc. Facilities available. Bring: lunch, snack, water. Must have bike in operating condition. Carry an extra tube. A helmet MUST BE WORN. Please note early start.

*Directions:* 1133 E. Ridgewood Ave. 40.9757191, -74.0943079.

**SUNDAY, JULY 13 — Eagle Rock Reservation, West Orange, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 9:00 AM. We will hike 4 to 5 miles over mostly gently rolling terrain. There are some hills, but nothing too strenuous. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray, sunscreen. Please note early start time.

**MONDAY, JULY 14 — South Mountain Reservation, Millburn/Maplewood, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 9:30 AM. Starting at the second parking lot on Crest Drive, we will hike a 3-mile loop to Washington Rock and other viewpoints. Basically flat. Some reaches of the trail are a little rocky with roots. Portable facilities available. Boots/poles recommended. Bring water. Please note early start time.

*Directions:* Follow TSR Directions to South Mountain Res. # 1, Dog Park, but park at the second parking lot on Crest Drive.

**TUESDAY, JULY 15 — Ramapo Valley County Reservation, Mahwah, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This 6- to 7-mile hike will combine parts of the Vista, Ridge, Reservoir and Marsh loops with lunch by the reservoir. One long climb at the start of the hike. Facilities available. Boots/poles recommended. Bring: lunch, water.

**WEDNESDAY, JULY 16 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, [biggsgail@yahoo.com](mailto:biggsgail@yahoo.com)

*Start:* 9:30 AM. Hike 4-5 miles at a moderate pace to Mt. Kemble overlook. Possible stream crossings.

Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #1, Visitor Center.

**THURSDAY, JULY 17 — Elk Pen, Harriman State Park, NY**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 9:00 AM. This is an 8-mile loop hike at a vigorous pace with about 1,200 feet of elevation gain, mostly in the first half of the hike. We will start climbing up on the AT, continue on the Long Path, the White Bar and Dunning trails to the Valley of Boulders, returning on the Stahahe Brook. No facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

**ALT. THURSDAY, JULY 17 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be a 6-mile hike with about 1000 feet of elevation gain. We will average 30-minute miles on level ground and about 45-minute miles when climbing. Expect a short lunch/snack at the waterfall. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, bug spray, sunscreen and adequate water for the summer. Please note early start time.

*Directions:* See TSR Directions #4, New Weis Center.

**Paddle: FRIDAY, JULY 18 — Lake Lefferts Fishing Spot, Matawan, NJ**

*Leader:* Helen Lippman, cell 973-747-2770, [helenlipp01@gmail.com](mailto:helenlipp01@gmail.com)

*Start:* 10:00 AM. About 5 miles around the lake, with possible lunch to follow at MJ's Bar & Grill overlooking the lake. Bring snack, water, hat, sunblock, bug spray. Per Paddling General Instructions, a personal flotation device MUST BE WORN.

**SATURDAY, JULY 19**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SUNDAY, JULY 20 — Tourne Park, West Entrance, Denville, NJ**

*Leader:* Bill LaChance, cell 973-216-8748, [bill@wiladvisors.com](mailto:bill@wiladvisors.com)

*Start:* 10:00 AM. We will do a 4- to 5-mile hike at a moderate pace, approx. 2 1/2 hours. Portable facilities available. Boots/poles recommended. Bring: snack, water.

**MONDAY, JULY 21 — Loantaka Brook Reservation, Morris Twp., NJ**

*Leader:* Linda Hetcher, cell 973-769-1773, [linda.hetcher@gmail.com](mailto:linda.hetcher@gmail.com)

*Start:* 10:00 AM. This is a typical Monday hike. The terrain is flat, mostly along horse trails, for approximately 3 miles. Very easy hike/walk at a leisurely pace. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

*Directions:* See TSR Directions #2, South Street.

**TUESDAY, JULY 22**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**WEDNESDAY, JULY 23**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**THURSDAY, JULY 24 — Mt. Taurus, Cold Spring, NY**

*Leader:* Bill Medeot, cell 914-844-7038, [billwp218@gmail.com](mailto:billwp218@gmail.com)

*Start:* 9:00 AM. Difficult, rocky terrain and rock scrambles over an 8-mile hike with about 2400 feet elevation gain. Start will be on the Washburn (W) up and over Tarus down to Cornish (B) to Undercliff (Y) to the top of the ridge. On reaching the ridge we will head south on Breakneck (W) to a viewpoint. From here double back on the Breakneck (W) to Cornish (B) to the cars and go through the Estate. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

*Directions:* See TSR Directions Cold Spring, NY.

**THURSDAY, JULY 24 — Kakiat County Park, Montebello, NY**

*Leader:* Dean Leistikow, 908-789-9413, cell 908-451-5192 to be used day of event only, [leistikow@fordham.edu](mailto:leistikow@fordham.edu)

*Start:* 9:30 AM. Moderately strenuous hike, approximately 8 miles and 1600 ft elevation gain.

Start on Kakiat and SBM trails, go around Pine Meadow Lake, up to Raccoon Brook Hill, and back on Kakiat. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

**ALT. THURSDAY, JULY 24 — Pyramid Mountain, Montville, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. We will do a 5- to 6-mile hike at a moderate pace, approx. 3 hours including two or three stops for views, water, snack, etc. The trail is rated moderate by AllTrails, with an 873 ft elevation gain. There are several uphill climbs that can be challenging for those unprepared, so this may be difficult for a novice. We'll go clockwise up the trail, ascending on the orange trail and then

back to the Visitor's Center using the yellow, green dot and orange trails. Facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #1, Visitor's Center.

**Paddle: FRIDAY, JULY 25 — Lake Musconetcong Boat Launch, Netcong, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. We will circle this small lake. Abundant wildlife. Portable facilities available. Bring: lunch, water. A personal flotation device MUST BE WORN.

*Directions:* I-80 West, Exit 27A or I-80 East, Exit 27B, for Rt. 183 North, Netcong. Follow signs to Netcong onto 183 N and drive a short distance into Netcong. At next light, turn right onto Allen St., then turn left into the driveway/parking area of the boat launch.

**FRIDAY, JULY 25 — Johnstontown Road, Harriman State Park, NY**

*Leader:* Julie Stanton, cell 917-972-0212 to be used day of event only, [julienyc@msn.com](mailto:julienyc@msn.com)

*Start:* 9:00 AM. A 6- to 7-mile hike with around 1100 feet elevation gain on the Blue Disk, Victory and White Bar trails with a climb up Almost Perpendicular and a visit to Claudius Smith Rock. This is not a hike for beginners. No facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

**SATURDAY, JULY 26**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SUNDAY, JULY 27**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**MONDAY, JULY 28 — Lewis Morris Park, Morristown, NJ**

*Leader:* Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, [biggsgail@yahoo.com](mailto:biggsgail@yahoo.com)

*Start:* 10:00 AM. Hike three miles from Lewis Morris to Jockey Hollow and return. Brief uneven trail at start and then more moderate path up paved section at the end. Facilities available. Boots/poles recommended. Bring: water, bug spray.

*Directions:* See TSR directions for Lewis Morris Park #3, Sugar Loaf Area.

**TUESDAY, JULY 29 — South Mountain Reservation, Millburn, NJ**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 10:00 AM. We will hike 6 -7 miles at a 2-2.5 mph pace on the Lenape trail to Hemlock Falls, return on the Rahway trail. The hike starts with a long steep uphill, and is mostly flat for the rest of it. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

*Directions:* See TSR directions for South Mountain Reservation #4, Locust Grove.

**WEDNESDAY, JULY 30 — Colonial Park, Somerset, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybronner@gmail.com](mailto:debbybronner@gmail.com)

*Start:* 9:00 AM. Beat the heat with an early start. We will walk along the D&R Canal for approximately 5 miles at a moderate pace on a flat path. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #3, Parking Lot F/Perennial Gardens.

#### **THURSDAY, JULY 31 — Johnstown Road, Harriman State Park, NY**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 9:30 AM. This strenuous 8- to 9-mile loop hike at a vigorous pace takes the Blue Disc and RD trails to lunch at Parker Cabin Mtn. Return via the Triangle and White Bar trails. 1200 feet elevation gain. No facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

#### **ALT. THURSDAY, JULY 31 — Black River Trail Loop, Chester, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. This trail is rated 'Moderate' in AllTrails. It is 6.3 miles with a 675 ft elevation gain. There are lots of tree roots and rocks with several steep grades. The loop travels over rolling terrain along the Lamington River and through the forest and open fields. Portable facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* 66 Route 24 Chester, NJ. Across from Cooper Gristmill parking lot.

#### **Paddle: FRIDAY, AUGUST 1 — Farrington Lake Boat Launch, East Brunswick, NJ**

*Leader:* Terri Petner, cell 732-221-5474, [tbrillig@optonline.net](mailto:tbrillig@optonline.net)

*Start:* 10:00 AM. Paddle on scenic lake with lots of wildlife. No facilities available. Bring: lunch, snack, water, bug spray, sun screen. See Paddling General Instructions; a personal flotation device MUST BE WORN.

*Directions:* From I-287 South Exit 9, follow signs to Highland Park and merge onto River Road. Take River Road to Rt. 18 S to US 1 S to US 130 S. Turn left onto Washington Place, then right onto Riva Ave. After about a mile arrive at Farrington Lake Small Boat Launch, 539-559 Riva Ave., E. Brunswick.

#### **FRIDAY, AUGUST 1 — Berkshire Valley State WMA, Mount Arlington, NJ**

*Leader:* Bonnie Ackerman, cell 908-864-3680, [ack.bonnie@gmail.com](mailto:ack.bonnie@gmail.com)

*Start:* 10:00 AM. A 6-mile hike on part rail trail, with a hike up Mount Arlington. Brisk 2.5 mph pace with 600 ft. elevation gain. We will stop for lunch at the top of Mount Arlington. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

*Directions:* Exit 30 on I-80 west for Howard Blvd. Go north about 1 mile, trail entrance is on the right. GPS: 40.90878, -74.63554.

#### **SATURDAY, AUGUST 2**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **SUNDAY, AUGUST 3 — Pyramid Mountain, Montville, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 9:00 AM. We will hike 5 miles over hilly, rocky terrain on the Turkey Mountain side. There are 3 steep climbs. Early out available. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #1, Visitor's Center.

#### **MONDAY, AUGUST 4 — Middlesex Greenway, Metuchen, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. We will walk 3 miles on a flat, paved walkway on an old RR right-of-way. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* 680 Middlesex Ave., opposite new Starbucks.

#### **TUESDAY, AUGUST 5**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **WEDNESDAY, AUGUST 6 — West Essex Trail, Verona, NJ**

*Leader:* Shelley Schwartz, cell 973-580-3903, [shelleyschwartz@hotmail.com](mailto:shelleyschwartz@hotmail.com), Linda Hetcher, cell 973-769-1773, [linda.hetcher@gmail.com](mailto:linda.hetcher@gmail.com)

*Start:* 9:30 AM. The West Essex Trail follows a short distance of the former rail bed of the Caldwell Branch on the old Erie-Lackawanna Railroad. Approximately 4.2 miles (2 hours) on dirt, mostly leafy canopy, some rocks and roots but basically a straight path through a wooded area, going from Verona through Cedar Grove into Little Falls. Appropriate for beginners or those who like a leisurely 2 mph pace. You'll see backyards, some urban scenes, a trestle bridge over the Peckman River, woodlands, maybe some deer or a passing train. No facilities available. Bring: water, bug spray. Please note early start time.

*Directions:* West Essex Trail, Verona. Near 201 Fairview Avenue, across from the Hillwood Terrace complex, to the left of Verona HS if you're facing the school. Park on the street.

#### **THURSDAY, AUGUST 7**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **ALT. THURSDAY, AUGUST 7 — Pyramid Mountain, Montville, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. We will do a 5- to 6-mile hike at a moderate pace, approx. 3 hours, including two or three stops for views, water, snack, etc. The trail is rated moderate by AllTrails, with an 873 ft elevation gain.

There are several uphill climbs that can be challenging for those unprepared, so this may be difficult for a novice. We'll go clockwise up the trail, ascending on the orange trail and then back to the Visitor's Center using the yellow, green dot and orange trails. Facilities available. Boots/poles recommended. Bring: lunch, snack, bug spray.

*Directions:* See TSR Directions Pyramid Mountain #1, Visitor's Center.

#### **Paddle: FRIDAY, AUGUST 8 — Merrill Creek Reservoir, Phillipsburg, NJ**

*Leader:* Jean Fletcher, 973-285-5263, cell 973-452-1567 to be used day of event only, [jrfletc@optonline.net](mailto:jrfletc@optonline.net)

*Start:* 10:30 AM at the boat launch. We will circle the reservoir, exploring the coves. Option to paddle around the dead trees. Lunch at a good location during the paddle. Portable facilities available. Bring: lunch, water, bug spray, sun screen. A personal flotation device MUST BE WORN. Please note later start time.

**FRIDAY, AUGUST 8 — South Mountain Reservation, West Orange, NJ**

*Leaders:* Donna and Steve Burkat, cell 973-454-5635, [busybees813@yahoo.com](mailto:busybees813@yahoo.com)

*Start:* 9:30 AM This will be an approx. 7-mile hike to Mayapple. We will head back on Lenape to South Orange Ave. and back to the lot, with a 15-minute lunch break at Mayapple. The terrain is variable, with one semi-steep hill and ups and downs. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water bug spray. Please note early start time.

*Directions:* See TSR Directions #6, Oakdale. (The lot is across from swan boats.)

**SATURDAY, AUGUST 9**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SUNDAY, AUGUST 10**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**MONDAY, AUGUST 11 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Carol Czajkowski, 973-539-4084, cell 973-723-3382 to be used day of event only, [martinandcarol2@gmail.com](mailto:martinandcarol2@gmail.com)

*Start:* 10:00 AM. This will be a pleasant walk in our National Park for 3 miles and 1.5 hours. Some gentle uphills. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

*Directions:* See TSR Directions #1, Visitor Center.

**TUESDAY, AUGUST 12 — Pyramid Mountain, Montville, NJ**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 10:00 AM. We will hike on the Turkey Mountain side, 5 to 6 miles at a 2-2.5 mph pace, on the yellow, white, yellow, orange, and yellow trails, passing a beaver dam, hopefully some cascades, and the Lake Valhalla overlook. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

*Directions:* See TSR Directions #1, Visitor's Center.

**WEDNESDAY, AUGUST 13 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, [biggsgail@yahoo.com](mailto:biggsgail@yahoo.com)

*Start:* 9:30 AM. Hike 4-5 miles at a moderate pace. Possible stream crossings. Visit Mt. Kemble overlook. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #1, Visitor Center.

**THURSDAY, AUGUST 14 — Pequannock Watershed, West Milford, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 9:00 AM. Moderately strenuous 9-mile hike with 1100 ft elevation gain. This hike is not for beginners. There are some short rock scrambles and views. Rocks are slippery when wet. Parking is limited. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.  
*Directions:* See TSR Directions #7, P-7: Bearfort Waters, Terrace Pond.

**ALT. THURSDAY, AUGUST 14 — Boardwalk walk, Belmar, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be an 8-mile out-and-back walk on the boardwalk from the north end of Belmar into Asbury Park. Facilities available all along the way. Good walking shoes should be sufficient. Bring your swimsuit if interested in a dip into the ocean after the walk. Those going for a swim are welcome to come to my home for a refreshing outdoor shower. Bring: lunch, snack, water, sunscreen. sunhat. Please note early start time.

*Directions:* Meet on the sidewalk in front of the entrance to the Belmar Fishing Club, 100 Ocean Avenue, just south of the Belmar Bridge, First Avenue and Ocean Avenue. Free parking is available on the side streets.

**Paddle: FRIDAY, AUGUST 15 — Swartwood Lake, Swartwood, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. This shoreline is a mixture of residential and state park land. We will paddle about 6 miles. Portable facilities available. Bring: lunch, water. A personal flotation device MUST BE WORN.

*Directions:* Pass the main entrance to park and look for the boat ramp parking area on the right.

**SATURDAY, AUGUST 16 — Mahlon Dickerson, Jefferson, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 10:00 AM Point-to-point from the Rockaway WMA trailhead into Mahlon Dickerson Reservation. This is a moderate to strenuous 6-mile hike. Shuttle required. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

*Directions:* See TSR Directions #3, Saffin Rock Rill.

**SUNDAY, AUGUST 17 — Mahlon Dickerson Reservation, Jefferson, NJ**

*Leader:* Bill LaChance, cell 973-216-8748, [bill@wjladvisors.com](mailto:bill@wjladvisors.com)

*Start:* 10:00 AM. We will do a 4- to 5-mile hike at a moderate pace, approx. 2 1/2 hours. Portable facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #2, Saffin Pond.

**MONDAY, AUGUST 18 — Johnson Park, Piscataway, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybronner@gmail.com](mailto:debbybronner@gmail.com)

*Start:* 9:00 AM. We will do a 3-mile flat walk on the path for the D&R Canal. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* N40° 30.641', W74° 27.952' for parking lot inside Johnson Park. Take I-287 South to Exit 9 toward Highland Park. Merge onto River Road. Follow River Road approximately 3.3 miles. Turn right onto

Landing Lane. Make the first right onto Johnson Drive, then first left into parking lot for playground and bathrooms.

From Route 18 going north:

Take the River Rd. exit toward Piscataway/Highland Park. Keep right at the fork and merge onto River Rd. for 0.3 miles. Make the first left onto Landing Lane, then the first right onto Johnson Drive, then first left into parking lot next to playground and bathrooms.

## **TUESDAY, AUGUST 19**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **WEDNESDAY, AUGUST 20**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **THURSDAY, AUGUST 21 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 9:30 AM. We will hike 7-8 miles at a 2-2.5 mph pace, with 1,500 ft. elevation gain. This will be a moderately challenging hike. We will take the green to the yellow for a scramble, then up to a lookout on the pink trail, then down the red, and back on the green. Note that cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #4, New Weis Center.

## **ALT. THURSDAY, AUGUST 21 — Boardwalk walk, Belmar, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be a 6-mile out-and-back walk along the boardwalk into Spring Lake, fondly known as the "Irish Riviera." Early outs by turning around. Bring your bathing suit if you want to take an ocean swim. All are welcome to take an outdoor shower at my house. Facilities available. Bring: lunch, snack, water, bug spray, sunscreen, hat, bathing suit. Please note early start time.

*Directions:* We will meet on the boardwalk at 17th Avenue and Ocean Avenue. Parking is free on the side streets.

## **Paddle: FRIDAY, AUGUST 22 — Pompton Lake, Pompton Lakes, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. We will launch at the Potash Lake Recreation Area boat launch. We will explore the coves and enjoy the wildlife as we hug the shoreline of this pretty lake. No facilities available. Bring: lunch, water. A personal flotation device **MUST BE WORN**.

*Directions:* GPS 41°01.442' N, 74°15.505' W. From I-287 N, take Exit 57 towards Skyline Drive/Ringwood. In 0.5 miles turn right onto West Oakland Avenue. Go 0.4 miles to the parking lot on the left.

## **SATURDAY, AUGUST 23**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **SUNDAY, AUGUST 24 — South Mountain Reservation, Millburn, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 8:30 AM. Moderately strenuous 9-mile loop at brisk pace (2+ mph) with 1400ft elevation gain, possible water crossings and some steep ascents/descents. This hike is not for beginners. Early out possible. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

*Directions:* See TSR directions for South Mountain Reservation #4, Locust Grove.

## **MONDAY, AUGUST 25 — South Mountain Reservation, Millburn, NJ**

*Leader:* Donna and Steve Burkat, cell 973-454-5635, [busybees813@yahoo.com](mailto:busybees813@yahoo.com)

*Start:* 10:00 AM. This will be a 3-mile flat hike. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

*Directions:* See TSR directions for South Mountain Reservation #1, Dog Park.

## **TUESDAY, AUGUST 26 — Pyramid Mountain, Montville, NJ**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 10:00 AM. This will be a 5- to 6-mile hike at a 2-2.5 mph pace with two significant uphill sections and an elevation gain of ~ 1,000 ft. We will take the blue to the orange then back to the blue to the parking lot. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

*Directions:* See TSR Directions #1, Visitor's Center.

## **WEDNESDAY, AUGUST 27 — Colonial Park, Somerset, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybronner@gmail.com](mailto:debbybronner@gmail.com)

*Start:* 9:30 AM. We will walk along the D&R Canal for approximately 5 to 6 miles at a moderate pace. Early out available. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #3, Parking Lot F/Perennial Gardens.

## **THURSDAY, AUGUST 28 — Ramapo Mountain State Forest, Oakland, NJ**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 9:30 AM. This will be an 8- to 9- mile hike with an elevation gain of ~1300 ft. Pace will be 2-2.5 mph. We will start on the blue trail, follow the white, to the castle ruins, blue/red, then back to the blue to the parking lot. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions to Ramapo Mountain State Forest, Lower Lot.

## **ALT. THURSDAY, AUGUST 28 — Silas Condict Park, Kinnelon, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. This is a deceptively strenuous hike with MANY rock scrambles. Not recommended for those who prefer gentle hiking. We will do a 4-mile hike using the white and red trails. This will be at a

moderate pace (2 mph), approx. 2 hours. The trail is rated moderate by AllTrails with a 530 ft elevation gain. There are some uphill climbs and rock scrambles that some have found difficult. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

**Paddle: FRIDAY, AUGUST 29 — Paulinskill Lake, Newton, NJ**

*Leader:* Jean Fletcher, 973-285-5263, cell 973-452-1567 to be used day of event only, [jrfletc@optonline.net](mailto:jrfletc@optonline.net)

*Start:* 10:00 AM. The paddle will go both upstream on the river until navigation is not possible and downstream into the lake. Lunch will be at the beach at the far end of the lake. Expect the outing to last four hours. No facilities available. Bring: lunch, water, wear water shoes for walking in the shallow river. A personal flotation device MUST BE WORN.

*Directions:* We will meet on the berm of the causeway over the lake, on Plotts or Parsons Road. Go to the far side, turn around, come back and park.

**SATURDAY, AUGUST 30**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SUNDAY, AUGUST 31**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**MONDAY, SEPTEMBER 1 — Lewis Morris Park, Morristown, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltneecs1@aol.com](mailto:kaltneecs1@aol.com)

*Start:* 10:00 AM. We will start this Labor Day hike at the lowest parking for Sunrise Lake and walk on the Patriots' Path along the Whippany River up to Dismal Harmony Natural Area. The hike will be about 3 miles. The trail is basically flat. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #2, Sunrise Lake.

**TUESDAY, SEPTEMBER 2 — Hartshorne Woods, Atlantic Highlands, NJ**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 10:00 AM. This will be a 6- to 7-mile hike at a 2-2.5 mph pace with almost 1,000 ft. of elevation gain, on the Rocky Point and Grand Tour trails. We will also pass by an historic gun battery, the Navesink River, and have views of the Atlantic Ocean. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

*Directions:* See TSR Directions #2, Rocky Point.

**WEDNESDAY, SEPTEMBER 3**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**THURSDAY, SEPTEMBER 4 — Reeves Meadow, Harriman State Park, NY**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 9:30 AM. We will hike 8-9 miles at a 2-2.5 mph pace, with 1500 ft. of elevation gain and several scrambles included. We will take the Seven Hills trail to the orange, to the Raccoon Brook trail, then Kakiat

and Pine Meadow to the parking lot. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

**ALT. THURSDAY, SEPTEMBER 4 — Schooley's Mountain, Long Valley, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. We will do the 3-mile red Highland Cut trail and Patriots' Path loop at a moderate pace, approx. 2 hours, with breaks for water, snack, etc. The trail is rated moderate by AllTrails with a 669 ft elevation gain. It begins with a steep climb that may be challenging for some. We will proceed in a counter-clockwise direction that includes rock scrambling up/down steep grades. Portable facilities NOT available in parking lot. Optional: At the return to the parking lot, we can walk along the Columbia Trail to the Coffee Potter for a coffee/snack (add 2 miles to hike). No facilities available. Boots/poles recommended. Bring: lunch, snack, bug spray.

*Directions:* 135 Fairview Ave. GPS Coordinates: N40°47'12.22" ; W74°46'35.46".

**FRIDAY, SEPTEMBER 5 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This hike of about 6 miles will go to High Point as well as the Roomy Mine. We will hike at a moderate pace. Expect about 1000 feet elevation gain, including a big uphill towards the end of the hike. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #4, New Weis Center.

**SATURDAY, SEPTEMBER 6 — Shepherd Lake, Ringwood, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 10:00 AM. 5 to 6 miles over hilly, rocky terrain. The initial two-tiered climb up Mt. Defiance is strenuous. The rest of the hike is moderate. Park in the upper parking area. No facilities available. Boots/poles recommended. Bring: lunch, water.

**SUNDAY, SEPTEMBER 7 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Bill LaChance, cell 973-216-8748, [bill@wjladvisors.com](mailto:bill@wjladvisors.com)

*Start:* 10:00 AM. We will do a 4.7-mile hike at a moderate pace, approx. 2 1/2 hours. There are some uphill climbs, so this may be a challenging hike for a novice. No facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #2, Manaticut Point.

**MONDAY, SEPTEMBER 8 — Rutgers Ecological Preserve, Piscataway, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybronner@gmail.com](mailto:debbybronner@gmail.com)

*Start:* 10:00 AM. We will hike the 3-mile loop in the wooded Preserve. Mostly flat. Small hill/brook crossing. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

**Paddle: TUESDAY, SEPTEMBER 9 — White Lake, Blirstown, NJ**

*Leader:* Lise Greene, 973-663-4396, cell 862-268-5828 to be used day of event only, [lise.greene@montclair.edu](mailto:lise.greene@montclair.edu), Paul Sanderson, cell 908-838-5466, [paulmsanderson@aol.com](mailto:paulmsanderson@aol.com)

*Start:* 10:00 AM. This event is FREE-of-charge. For one hour, kayaks, paddles, and PFDs will be provided to you. There will be time slots of 10:00, 11:00 and 12:00 pm. There are 3 single kayaks and 2 tandems. Only 7 at a time can go out, a total of 21 over the course of the day. First come, first served. The White Lake Natural Resource Area is a beautiful 396-acre preserve. The park's most notable feature, White Lake, is a deep 69-acre spring-fed body of water. The lake is named after the white chalky marl bottom which is composed of freshwater mollusk shells and clay. There are also picnic tables set up in this beautiful area overlooking the lake. Feel free to join us for lunch after the paddle. Portable facilities available. Bring: lunch/snack, water, bug spray. All participants must be able to swim and have had some experience in a canoe or kayak. A personal flotation device MUST BE WORN.

**TUESDAY, SEPTEMBER 9 — Ramapo Mountain State Forest, Haskell, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This is a moderate 6- to 7-mile hike on the Wanaque Ridge trail to lunch at Ramapo Lake. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions for Ramapo Mtn. State Forest, West Side, Back Beach Park.

**Bike: TUESDAY, SEPTEMBER 9 — Echo Lake Park, Mountainside, NJ**

*Leader:* Ed Leibowitz, 908-623-3883, cell 201-850-9649 to be used day of event only, [eleibow@verizon.net](mailto:eleibow@verizon.net)

*Start:* 10:30 AM. A 12- to 13-mile bike ride on bike/walk paths through Echo Lake Park, Nomahegan Park, Black Rock Park and also alongside Galloping Hill Golf Course. Bring: lunch, water, bug spray. A helmet MUST BE WORN. Please note later start time.

*Directions:* Echo Lake Park can be entered from Rt. 22 East in Mountainside or from Springfield Ave in Cranford. There are two parking areas in Echo Lake Park. Meet at the parking area closest to Springfield Ave. If you enter Echo Lake Park from Springfield Ave, it is the first parking area. If you enter Echo Lake Park from Rt. 22 East, it is the second parking area.

**WEDNESDAY, SEPTEMBER 10 — Washington Valley Park, Martinsville, NJ**

*Leader:* Linda Hetcher, cell 973-769-1773, [linda.hetcher@gmail.com](mailto:linda.hetcher@gmail.com)

*Start:* 10:00 AM. This hike will be about 5 miles in length along the white and potentially the red trail. Slight elevation through the mostly pine and hemlock woods. The Park is located between the first and second mountains of the Watchung range and is at the geographic center of Somerset County. The pace is moderate. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

**THURSDAY, SEPTEMBER 11 — Ramapo Mountain State Forest, Oakland, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 9:30 AM. Strenuous 9-mile lollipop loop hike at a brisk pace (2+ mph), with 1600 feet elevation gain on the Macevoy (blue), Lookout (red), Wanaque Ridge (orange) and Castle Loop (white) trails. Not for beginners; steep & rocky sections. Early out possible. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

*Directions:* See TSR Directions for Ramapo Mountain State Forest, Lower Lot.

**ALT. THURSDAY, SEPTEMBER 11**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**FRIDAY, SEPTEMBER 12 — Lake Skannatati, Harriman State Park, NY**

*Leader:* Julie Stanton, cell 917-972-0212 to be used day of event only, [julienyc@msn.com](mailto:julienyc@msn.com)

*Start:* 9:30 AM. Hike at a brisk pace for ~ 6 to 6.5 miles, including an optional visit to an eerie mine shaft on the A-S, Dunning and Long Path trails. We will stop for a 10-15 minute snack/lunch break at Hogencamp Mountain. This hike has some steep ups and downs and a stream crossing. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

**SATURDAY, SEPTEMBER 13**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SUNDAY, SEPTEMBER 14 — Pyramid Mountain, Kinnelon, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be a 6-mile hike with about 800 feet of elevation gain. We will average 30 minute miles on flat ground and 45 minute miles when climbing. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray, sunscreen. Please note early start time.

*Directions:* See TSR Directions #2, Kinnelon Baseball Diamond.

**MONDAY, SEPTEMBER 15 — Great Swamp Outdoor Education Center, Chatham, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. 3-mile flat stone and boardwalk trail. Portable facilities available. Boots/poles recommended. Bring: water.

*Directions:* 247 Southern Blvd, Chatham Township

**TUESDAY, SEPTEMBER 16 — Columbia Trail, High Bridge, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybronner@gmail.com](mailto:debbybronner@gmail.com)

*Start:* 10:00 AM at Columbia Trail parking lot in High Bridge. (Sign at front of parking lot entrance says The Commons.) The hike will be 8 miles long over mostly flat terrain at a comfortable Tuesday pace. We will walk along the Columbia Trail, then enter into Ken Lockwood Gorge to walk along the river for approximately 2 miles. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

**WEDNESDAY, SEPTEMBER 17 — Watchung Reservation, Berkeley Heights, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. This will be a 4.9-mile loop hike on the white trail, including a shortcut. One long climb taken SLOWLY by the leader. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #2, Seeley's Pond.

**THURSDAY, SEPTEMBER 18 — Abram S. Hewitt State Forest, Hewitt, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 9:30 AM. This 8-mile strenuous hike at a vigorous pace will start up the steep Bearfort Ridge Loop trail, continue on the Ernest Walter, AT, and State Line Trails. After lunch with a gorgeous view over

Greenwood Lake, we will return on the other section of the Bearfort Ridge loop. A short road walk is required. No facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

*Directions:* See TSR Directions #2, Highlands Preserve Passaic County Park.

**ALT. THURSDAY, SEPTEMBER 18 — Tourne Park, West Entrance, Denville, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. We will hike 5-6 miles with ups and downs and rocks and roots, at a social pace. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

**Paddle: FRIDAY, SEPTEMBER 19 — Meadowlands Estuary Paddling Ctr, Secaucus, NJ**

*Leader:* Diana Rodriguez, cell 862-432-5421, [drodlib@gmail.com](mailto:drodlib@gmail.com)

*Start:* 10:00 AM. We will tour the Meadowlands estuary, viewing the Manhattan skyline from a unique perspective with a thousand acres of protected wetlands in the foreground. Our guide will be a volunteer from the Hackensack River Keepers organization. We will look for herons, egrets, shorebirds, ducks, and other birds. Bring your binoculars or borrow a pair from the paddling center. The tour is approximately 2 ½ hours.

Cost - \$30 for single kayaks, \$70 for tandem kayaks. 12 singles and 5 tandems are available. Rental includes life vests and paddles. Payment can be made on site using cash, all credit cards or Apple Pay. There is a \$20 charge if you bring your own kayak. A final count is needed by Monday evening Sept. 15th. You will be required to sign a waiver at the Paddling Center.

Facilities are available. Bring lunch, water, bug spray, hat/net. Option to picnic on the water in the marshlands, or on shore afterwards. A personal flotation device MUST BE WORN. Rain, extremely windy weather, or rough currents will result in moving the trip to September 26.

**FRIDAY, SEPTEMBER 19 — Lake Sebago Boat Launch, Harriman State Park, NY**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be a 6- to 7-mile hike with approximately 1000 feet of elevation gain at the leader's moderate pace. We will average 30 minute miles on level ground and up to 50 minute miles when climbing. Lunch will be at Pine Meadow Lake. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray, sunscreen, water shoes. Please note early start time.

**SATURDAY, SEPTEMBER 20 — Natirar Park Trl, 2 Main Street, Peacock/Gladstone, NJ**

*Leader:* Linda Hetcher, cell 973-769-1773, [linda.hetcher@gmail.com](mailto:linda.hetcher@gmail.com)

*Start:* 10:00 AM. This will be a 4- to 5-mile hike over mostly flat terrain on a mix of trails. Slight elevation through wooded areas and open fields and meadows. Views of the Raritan River on 411 acres in scenic historic property. Portable facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* From the North: Take I-287 South to Exit 30B towards US-202 Bernardsville. Merge onto N. Maple Avenue. Turn left at the light on to US-202 S. Travel on US-202 S for about 6 miles Make a right on to Peapack Road. Travel 1.3 miles and make a right on to Natirar Drive. Park in one of the lots on the left. From the South: Take I-287 North to Exit 22B toward Bedminster/Netcong US 202-206 N. Travel on US 202-206 N for 1.5 miles. Bear left on US 206 N. Travel on US 206 N for 1.3 miles. Make a right onto Old

Dutch Road. After 1.1 miles make a left onto Peapack Road. Travel 0.4 miles and make a right onto Natirar Drive. Park in one of the lots on the left.

**SUNDAY, SEPTEMBER 21 — Ramapo Valley County Reservation, Mahwah, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 9:30 AM. 7-mile hike to Illgenstein rock and back. Going out is moderate to strenuous. Coming back is easy to moderate. I'll be parked close to the park entrance. Facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

**MONDAY, SEPTEMBER 22 — Colonial Park, Somerset, NJ**

*Leader:* Jeff Bross, 732-545-9841, cell 732-991-6560, [jeff1hike@gmail.com](mailto:jeff1hike@gmail.com)

*Start:* 10:00 AM. Hike is an easy 3.5 miles along the very flat D&R Canal. Facilities available. Boots/poles recommended.

*Directions:* See TSR Directions #2, Parking Lot A/Rose Garden.

**TUESDAY, SEPTEMBER 23 — Johnstown Road, Harriman State Park, NY**

*Leader:* Jodi Ordovery, cell 201-264-4206, [jodi.ordover@gmail.com](mailto:jodi.ordover@gmail.com)

*Start:* 10:00 AM. Moderately strenuous 7-mile hike over rocky and hilly terrain, with 1,100 feet elevation gain and some long, steep ascents. We will hike at a brisk pace of 2+ mph. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

**WEDNESDAY, SEPTEMBER 24 — Allamuchy Mountain State Park, Stanhope, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. The hike will start on the Sussex Branch and continue on the white trail, the Byram trail or unblazed trails (leaders choice) for a total of 4-4.5 miles. There will be short hills and possible stream crossings. At the turn back point there may be the option to proceed on the Sussex Branch to Cranberry Lake, which would add 1.5 miles (leaders choice). Portable facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #3, North Allamuchy.

**THURSDAY, SEPTEMBER 25 — Lake Sebago Boat Launch, Harriman State Park, NY**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 9:30 AM. This strenuous 7-mile hike makes multiple climbs up/towards Diamond Mt. just because. We start on the blue to the red and up the orange for the first climb, then down the orange to the white and up the blue for the second climb and lunch. Finally, we descend and ascend on the yellow before returning to the parking lot. Scrambles, steep climbs, water crossings. Note; cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

**ALT. THURSDAY, SEPTEMBER 25 — Norvin Green State Forest, Bloomingdale, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. Rated moderate by AllTrails, this is a 6-mile loop trail with a 1,181 ft elevation. The trail passes through Norvin Green State Forest via Carris Hill, Wyanokie High Point, Yoo-Hoo Point Scenic

Overlook, and Chikahoki Falls. There are several STEEP portions requiring significant rock scrambling with many boulders. Sturdy footwear and hiking poles are essential. No facilities available. Boots/poles recommended. Bring: lunch, snack, water.

*Directions:* GPS Coordinates: 41.04117, -74.34483 This is a very small parking lot located on Glenwild Ave. in Bloomingdale. From I-287, take Exit 55. Follow Union Ave to Main Street to Glenwild Ave. Easiest way is to use AllTrails 'Directions' Tab and follow Google Maps.

### **Paddle: FRIDAY, SEPTEMBER 26 — Meadowlands Estuary Paddling Ctr, Secaucus, NJ**

*Leader:* Diana Rodriguez, cell 862-432-5421, [drodlib@gmail.com](mailto:drodlib@gmail.com)

*Start:* 10:00 AM. This is the rain date should September 19 be cancelled.

We will tour the Meadowlands estuary, viewing the Manhattan skyline from a unique perspective with a thousand acres of protected wetlands in the foreground. Our guide will be a volunteer from the Hackensack River Keepers organization. We will look for herons, egrets, shorebirds, ducks, and other birds. Bring your binoculars or borrow a pair from the paddling center. The tour is approximately 2 ½ hours.

Cost - \$30 for single kayaks, \$70 for tandem kayaks. 12 singles and 5 tandems are available. Rental includes life vests and paddles. Payment can be made on site using cash, all credit cards or Apple Pay.

There is a \$20 charge if you bring your own kayak. A final count is needed by Monday evening Sept. 22nd. You will be required to sign a waiver at the Paddling Center.

Facilities are available. Bring lunch, snack, water, bug spray, hat/net. Option to picnic on the water in the marshlands, or on shore afterwards. A personal flotation device MUST BE WORN.

### **FRIDAY, SEPTEMBER 26 — Delaware Water Gap National Recreation Area**

*Leader:* Julie Stanton, cell 917-972-0212 to be used day of event only, [julienyc@msn.com](mailto:julienyc@msn.com)

*Start:* 9:30 AM. Hike 10- to 10.5- miles with 2200 ft. elevation gain on a variety of trails with an overall pace of 2+ mph. We will start by going up to Mt. Tammany at a moderate pace via the red dot trail, gaining 1200' elevation in about 1.3 miles. We will take in the views, head briskly down the blue trail, then up the Dunnfield Creek trail to Sunfish Pond with a lunch stop on the way at a creek, and then finally down the AT at a brisk pace. There is an optional 0.5 mile out- and-back around Sunfish Pond to a beautiful viewpoint. There are a number of water crossings with a bypass available for some if the water level is too high. This is a challenging hike due to terrain, overall pace, length, and elevation gain. Early outs available to make the hike 3.5 or 6 miles. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #2, Dunnfield Creek/A. T. Parking Lot.

### **SATURDAY, SEPTEMBER 27**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

### **SUNDAY, SEPTEMBER 28 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 9:00 AM. Brisk-paced (>2mph) strenuous hike of 9+ miles and 2000 ft elevation gain on leader's choice of trails. With steep inclines and rock scrambles, this hike is not for beginners. Cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #4, New Weis Center.

**MONDAY, SEPTEMBER 29 — Natirar Park, Peapack/Gladstone, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybronner@gmail.com](mailto:debbybronner@gmail.com)

*Start:* 10:00 AM in the parking lot in front of the portable bathrooms. We will walk 3 miles along the North Branch of the Raritan River through fields, meadows and some wooded trails. One short hill along the way. Option for 1 additional mile with a big hill after we return to our cars. Portable facilities available.

Boots/poles recommended. Bring: snack, water.

*Directions:* Natirar Park, 2 Main Street, Peapack, NJ

From the North: Take I-287 South to Exit 30B towards US-202 Bernardsville. Merge onto N. Maple Avenue. Turn left at the light onto US-202 S. Travel on US-202 S for about 6 miles. Make a right onto Peapack Road. Travel 1.3 miles and make a right onto Natirar Drive. Park in one of the lots on the left.

From the South: Take I-287 North to Exit 22B toward Bedminster/Netcong US 202-206 N. Travel on US 202-206 N for 1.5 miles. Bear left on US 206 N. Travel on US 206 N for 1.3 miles. Make a right onto Old Dutch Road. After 1.1 miles make a left onto Peapack Road. Travel 0.4 miles and make a right on to Natirar Drive. Park in one of the lots on the left.

40°42'07.2"N 74°38'45.5".

**TUESDAY, SEPTEMBER 30 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 10:00 AM. We will hike 6-7 miles at a 2-2.5 mph pace, and 1,500 ft. elevation gain. We will go to Wyanokie High Point and Chikahoki Falls along the route. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

*Directions:* See TSR Directions #4, New Weis Center.

**WEDNESDAY, OCTOBER 1 — Sourland Mountain Preserve, Hillsborough, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 10:00 AM. Approx. distance 6 mi; climb mountain twice; some rocks; elev gain 600', pace 2 mph. Portable facilities available. Boots/poles recommended. Bring: snack, water.

**THURSDAY, OCTOBER 2 — Storm King Mountain, Cornwall On Hudson, NY**

*Leader:* Bill Correa, cell 917-656-3015, [correa.bill@gmail.com](mailto:correa.bill@gmail.com)

*Start:* 10:00 AM. This hike has 18 stars with some of the best views of any hike we do. This is a strenuous hike, approximately 7 miles long with 2500' of elevation gain and will be at a vigorous pace. There is one big climb of 1000'. No facilities available. Boots/poles recommended. Bring: lunch, water.

**ALT. THURSDAY, OCTOBER 2**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**FRIDAY, OCTOBER 3 — Terrace Pond, West Milford, NJ**

*Leader:* Tim Burman, cell 732-682-8684 to be used day of event only, [timburman@gmail.com](mailto:timburman@gmail.com)

*Start:* 10:00 AM. A 6- to 7- mile hike. The first few miles require some scrambling, but the last half of the hike is level. Be prepared for potentially muddy trails. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR directions for Pequannock Watershed P-7. Address: 1575 Clinton Road. GPS: N41° 08.573', W74° 24.456'.

#### **SATURDAY, OCTOBER 4**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **SUNDAY, OCTOBER 5 — South Mountain Reservation, Millburn, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 10:00 AM. 6 miles over hilly, rocky terrain to Hemlock falls and back. After a steep initial climb, the hike is moderate to the falls. Coming back is easy to moderate. If the lot is full, free parking is available at the Millburn Library on Sundays (100 yards west). Portable facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #4, Locust Grove.

#### **MONDAY, OCTOBER 6 — Allamuchy Mountain State Park, Stanhope, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. This an out-and-back 3-mile hike mainly on the Sussex Branch. There may be a short hill at the beginning of the hike and a stream crossing, but otherwise the trail is wide and basically flat. There is the possibility of extending the hike on the Sussex Branch to Cranberry Lake, which would add 1.5 to 2 miles. Leaders' option, although there will be an early out to limit the hike to 3 miles. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #3, North Allamuchy.

#### **TUESDAY, OCTOBER 7 — Fahnestock State Park, Carmel Hamlet, NY**

*Leader:* Bill Medeor, cell 914-844-7038, [billwp218@gmail.com](mailto:billwp218@gmail.com)

*Start:* 10:00 AM. This will be a 5-mile hike at a moderate pace with about 500' elevation gain. Start NE on the Yellow Loop trail where we will switch to the Roaring Brook (W). At the southern part of Stillwater Pond, we will head East on the Stillwater Loop (B) to Pasture Loop (R) to Roaring Brook (W) to road and continue on Yellow Loop around Pelton Pond to cars. Boots/poles recommended. Bring: lunch, snack, water.

*Directions:* Meet at Pelton Pond Parking, 1089 Cold Spring Turnpike, Route 301, Hopewell Junction, NY. GPS: 41.46236, -73.82897.

#### **WEDNESDAY, OCTOBER 8 — Colonial Park, Somerset, NJ**

*Leader:* Linda Hetcher, cell 973-769-1773, [linda.hetcher@gmail.com](mailto:linda.hetcher@gmail.com)

*Start:* 10:00 AM. We will trek approximately 4-5 miles over flat, fine gravel terrain. The hike will be along the D&R Canal and the Millstone River. The trail is wide and easy to navigate. Facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #3, Parking Lot F/Perennial Gardens.

**THURSDAY, OCTOBER 9 — Giant Steps, Alpine, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 9:00 AM. Strenuous 10-mile hike with 1450 ft elevation gain at a brisk pace (about 2 mph) with steep rocky sections and a 1-mile horizontal rock scramble. Boots/poles recommended. Bring: lunch, water.

Please note early start time.

*Directions:* Meet at the Alpine Marina. Metered parking fee, April 1 – October 31. From the south on the Palisades Parkway, get off at Exit 2. Stay left past the police station and proceed to a circle. Go around the circle and head north to the Marina. Park at the far end.

From the north, get off at Exit 2. Go right on Route 9W. Take the first right, go under the Parkway and stay right. Then follow the directions above.

**THURSDAY, OCTOBER 9 — Fahnestock, Cold Spring, NY**

*Leader:* Bill Medeot, cell 914-844-7038, [billwp218@gmail.com](mailto:billwp218@gmail.com)

*Start:* 10:00 AM. A moderate 8-mile hike with about 1400' elevation gain. Start on School Mountain Road (W) to Fahnestock (B) up switchbacks to Round Hill. At the intersection, we will take Perkins (Y) to School Mountain (W) to East Mountain Loop (R) where we will rejoin School Mountain Road (W) to the cars.

Boots/poles recommended. Bring: lunch, water.

*Directions:* Meet at Hubbard Lodge Parking on Campbell Rd, 2920 US-9, Cold Spring, NY GPS: 41.44284, -73.91517.

**ALT. THURSDAY, OCTOBER 9 — Pyramid Mountain, Montville, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. We will do a 5- to 6-mile hike at a moderate pace, approx. 3 hours, including two or three stops for views, water, snack, etc. The trail is rated moderate by AllTrails, with a 873 ft elevation gain. There are several uphill climbs that can be challenging for those unprepared, so this may be difficult for a novice.

We'll go clockwise up the trail, ascending on the orange trail and then back to the Visitor's Center using the yellow, green dot and orange trails. Facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #1, Visitor's Center.

**FRIDAY, OCTOBER 10 — Minnewaska State Park Preserve, Kerhonkson, NY**

*Leader:* Julie Stanton, cell 917-972-0212 to be used day of event only, [julienyc@msn.com](mailto:julienyc@msn.com)

*Start:* 9:30 AM outside the Visitor's Center located in the upper parking lot. This is a challenging hike of approximately 7.5 miles with over 1100' elevation gain to Gertrude's Nose and Millbrook Mountain viewpoints. This hike has beautiful views with rocky and sometimes very steep sections. There is a \$10 fee per car to enter Minnewaska which opens at 9:00 AM. Facilities available. Boots/poles recommended.

Bring: lunch, snack, water. Please note early start time.

*Directions:* TSR Minnewaska directions to upper parking lot.

**SATURDAY, OCTOBER 11**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SUNDAY, OCTOBER 12 — Silvermine, Harriman State Park, NY**

*Leader:* Tim Burman, cell 732-682-8684 to be used day of event only, [timburman@gmail.com](mailto:timburman@gmail.com)

*Start:* 10:00 AM. 6-7 miles, moderate pace, hilly. Facilities available. Boots/poles recommended. Bring: lunch, water.

**MONDAY, OCTOBER 13 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, [biggsgail@yahoo.com](mailto:biggsgail@yahoo.com)

*Start:* 10:00 AM. Hike three miles at moderate social pace. Gentle hills. No facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #3, Trail Center (Not the Visitor Center)

**TUESDAY, OCTOBER 14 — Cushetunk Mountain Preserve, Clinton Township, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 10:00 AM. Approx. distance 6 mi; elev 1100'; some rocky terrain; pace 2 mph. Not easy. Facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #1, Old Mountain Road.

**WEDNESDAY, OCTOBER 15**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**THURSDAY, OCTOBER 16 — Schunemunk Mountain State Park, Mountainville, NY**

*Leader:* Bill Correa, cell 917-656-3015, [correa.bill@gmail.com](mailto:correa.bill@gmail.com)

*Start:* 10:00 AM. This is a strenuous 7- to 8-mile hike at a vigorous pace with significant elevation gain of 2,000 feet. Views abound on this hike. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #2, Trestle Parking.

**ALT. THURSDAY, OCTOBER 16 — Silas Condict Park, Kinnelon, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. This is a deceptively strenuous hike with MANY rock scrambles. Not recommended for those who prefer gentle hiking. We will do a 4-mile hike using the white and red trails. This will be at a moderate pace (2 mph), approx. 2 hours. The trail is rated moderate by AllTrails with a 530 ft elevation gain. There are some uphill climbs and rock scrambles that some have found difficult. Facilities available. Boots/poles recommended. Bring: snack, water.

**FRIDAY, OCTOBER 17 — Worthington State Forest, Columbia, NJ**

*Leader:* Julie Stanton, cell 917-972-0212 to be used day of event only, [julienyc@msn.com](mailto:julienyc@msn.com)

*Start:* 10:00 AM. Hike 7.5 to 8 miles with over 1600 ft. elevation gain on the Douglas, AT and Garvey Springs trails. This hike starts with a steady but gradual climb up to Sunfish Pond and then to several viewpoints along the AT. We will have a 10-15 minute snack/lunch break at a beautiful overlook, then head back on the AT, with a steady downhill on the Garvey Springs trail. There is an early out about 3.5 miles into the hike. This trail is very rocky and is not a beginner hike due to pace, elevation, length and terrain. Facilities available. Boots/poles recommended. Bring: lunch, snack, water.

*Directions:* Take I-80 West to Exit 1 toward Millbrook/ Flatbrookville. Merge onto River Road, which turns into Old Mine Road. Take a left turn into the Douglas trail parking lot after approximately 4 miles. GPS: 41.01299, -75.08243.

**SATURDAY, OCTOBER 18 — Ramapo Mountain State Forest, Haskell, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 10:00 AM. We will hike 6 miles over varied terrain. This hike has easy, moderate and strenuous sections. Some nice views. No facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions Back Beach park.

**SUNDAY, OCTOBER 19**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**MONDAY, OCTOBER 20 — Watchung Reservation, Mountainside, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. A 3-mile loop to water tower and horse stables. Facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #1, Trailside Nature Center.

**TUESDAY, OCTOBER 21 — Reeves Meadow, Harriman State Park, NY**

*Leader:* Louis Thompson, cell 732-239-1012, [ltpt1@yahoo.com](mailto:ltpt1@yahoo.com)

*Start:* 10:00 AM. The hike will be a moderately paced and moderately strenuous 6 to 7 miles on the Pine Meadow, Kakiat, and Raccoon Brook trails. The pace will be 2-2.5 mph. Please make sure this is in your comfort range. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

**WEDNESDAY, OCTOBER 22 — Lewis Morris Park, Morristown, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. From the lowest parking lot for Sunrise Lake we will hike the Patriots' Path along the Whippany River into a short section of the Dismal Harmony Natural Area and return on the same trail for a total of 4 to 4.5 miles. The trail is mostly single file through the woods, with flat terrain. Portable facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #2, Sunrise Lake.

**THURSDAY, OCTOBER 23 — Cold Spring to Beacon, Cold Spring, NY**

*Leader:* Bill Correa, cell 917-656-3015, [correa.bill@gmail.com](mailto:correa.bill@gmail.com)

*Start:* 9:30 AM. This is a point-to-point hike so we will meet at 9:30 in Cold Spring and then drive/leave some cars at Beacon, where the hike ends. This strenuous hike is 11 miles with 2700 ft. of elevation. We will take the "easier" blue trail from the red and not the more difficult yellow to the top of Breakneck Ridge. There is a scramble up to the fire tower in Beacon with great views. Portable facilities available.

Boots/poles recommended. Bring: lunch, water. Please note early start time.

*Directions:* See TSR Directions for Cold Spring, NY.

**ALT. THURSDAY, OCTOBER 23 — Cooper Mill, Chester, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. The hike will be about 6.5 to 7 miles with ups, downs, rocks and roots. The return along the Black River is very pretty. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

**FRIDAY, OCTOBER 24 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This is a 5- to 6-mile moderate hike at a moderate pace. We will take the Grand Loop, Outer Loop and Yellow trails. Mostly flat to rolling, except for the climb to Sugar Loaf. Facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #1, Visitor Center.

**SATURDAY, OCTOBER 25 — Harriman State Park, Rockland County, NY**

*Leader:* Jodi Ordoover, cell 201-264-4206, [jodi.ordover@gmail.com](mailto:jodi.ordover@gmail.com)

*Start:* 9:30 AM. Moderately strenuous 7-mile hike over rocky and hilly terrain, with 1,100 feet elevation gain. We will hike at a brisk pace of 2+ mph. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

*Directions:* See TSR directions for Big Hill and Jackie Jones Mountain.

**SUNDAY, OCTOBER 26 — High Point State Park, Wantage, NJ**

*Leader:* Yanling Cheng, cell 732-485-9922, [yanlingcheng@yahoo.com](mailto:yanlingcheng@yahoo.com)

*Start:* 9:30 AM. Best time to hike the highest NJ park before the beautiful colors are gone! We'll hike on the AT, Monument, and Cedar Swamp trails. Stops at AT Observation Deck, High Point Monument, Lake Marcia and the old High Point Inn site. Some parts of AT have rocky and hilly terrain. One short steep ascent to the Monument. Returning via the Old Trail. About 7 miles, 1100 ft total elevation gain, pace 2+MPH. Not for beginners. No facility at trailhead but 0.5 mile into hiking there is a park office where bathrooms are available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

*Directions:* From I-287 Exit 52: Take Rt-23 North 34 mi to High Point State Park. Almost to the Top of Rt-23 hill, on the left is the AT Parking Lot (just past mile marker 48), immediately after large stone piers on both sides of Rt-23. GPS (41°18'10.1"N 74°40'01.6"W) Google map search: "Appalachian Trail Parking/Trailhead Parking".

**MONDAY, OCTOBER 27 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. The hike will start at the Trail Center (not the Visitors Center). We will hike the Mt. Kimble outer loop. There is a long mild uphill to a viewpoint. Elevation gain about 280 feet. Cell phone at the Trail Center is poor. No facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #3, Trail Center.

**TUESDAY, OCTOBER 28 — Lake Skannatati, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 10:00 AM. Moderate 6.5 mile circular hike, elevation gain 1,000 ft. Long Path, Dunning, RD to Times Square and back on Long Path, Dunning and ASB. Note: cell service is very poor/nonexistent at the trailhead. Boots/poles recommended. Bring: lunch, water.

### **WEDNESDAY, OCTOBER 29**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

### **THURSDAY, OCTOBER 30 — Lake Sebago Boat Launch, Harriman State Park, NY**

*Leader:* Bill Correa, cell 917-656-3015, [correa.bill@gmail.com](mailto:correa.bill@gmail.com)

*Start:* 9:30 AM. This is a point-to-point hike with a shuttle. We will hike all of the 7 Hills Trail from Lake Sebago to Reeves Meadow. This is a difficult hike at a vigorous pace with numerous rock scrambles, about 7 miles long with over 1,500 ft. of elevation gain. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

### **ALT. THURSDAY, OCTOBER 30 — Black River Trail Loop, Chester, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. This trail is rated moderate in AllTrails. It is 6.3 miles with a 675 ft elevation gain. There are lots of tree roots and rocks with several steep grades. The loop travels over rolling terrain along the Lamington River and through the forest and open fields. Portable facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* 66 Route 24 Chester, NJ. Across from the Cooper Gristmill parking lot.

### **FRIDAY, OCTOBER 31**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

### **SATURDAY, NOVEMBER 1 — Ramapo Valley County Reservation, Mahwah, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be a 6-mile hike with early out at 5 miles. We will go at the leader's moderate pace. Total elevation gain up to 1200 feet. Pace will be about 30 minutes per mile on level ground and 45-50 minutes per mile while climbing. Exact route will depend upon the weather and conditions on the ground. Facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

### **SUNDAY, NOVEMBER 2 \*\*\*\*\*Eastern Daylight Time Begins \*\*\*\*\***

### **SUNDAY, NOVEMBER 2 — LussCroft Farms, Wantage, NJ**

*Leader:* Guy Percival, cell 973-590-7437, [percivalguy@gmail.com](mailto:percivalguy@gmail.com)

*Start:* 9:30 AM. A 9-mile hike where we hike up to see a 1930's Hunting Lodge, then a 1978 plane crash. Ascend to the AT and do a circular hike that involves part of the AT. 1800-foot elevation gain. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

*Directions:* Drive North on Rt. 23 about 25 miles to the town of Sussex. Continue on Rt. 23 for 3/4 mi to County Road 650 (Libertyville Rd.) on the left at light. Turn left and drive 4 mi to Colesville Lusscroft Rd. Turn left and continue 0.4 mi to Neilson Rd. on the right (small road). Turn onto Neilson and continue 3/4 mi to 79 Neilson Road. LussCroft Farms parking area on the right. GPS (41.2400, -74.6831)

**MONDAY, NOVEMBER 3 — Washington Valley Park, Martinsville, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybrunner@gmail.com](mailto:debbybrunner@gmail.com)

*Start:* 10:00 AM at the Washington Valley Park off of Newmans Lane in Martinsville for a 3- mile walk. Very little elevation. Portable facilities available. Boots/poles recommended. Bring: snack, water.

**TUESDAY, NOVEMBER 4 — Pequannock Watershed, West Milford, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. Hike about 6 miles at a moderate pace with lunch at scenic Terrace Pond. We will take the trickier, rockier yellow trail. Option for an extra 1 mile around Terrace Pond, crossing the floating bridge and climbing the ladder. No facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions for Pequannock Watershed, P-7.

**WEDNESDAY, NOVEMBER 5 — Bald Pate Mtn. at Ted Stiles Preserve, Titusville, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 11:00 AM. Meet at trailhead, off of Fiddler's Creek Road, which runs off Route 29 in Titusville. Approx. distance, elevation and pace: about 6 miles, 700' and 2 mph. Lunch near the top (highest point in Mercer County) with a view of the Delaware River and Washington's Crossing. Early out available. Portable facilities available. Boots/poles recommended. Bring: snack, water. Please note later start time.

*Directions:* Meet at hikers' parking lot off Fiddler's Creek Road (near 90 Fiddler's Creek Rd.) at sign for "Bald Pate Mountain at Ted Stiles Preserve" (GPS 40.31719436985521, -74.88874211881817). (Not at the adjacent paved main driveway to Visitor's Center.)

**THURSDAY, NOVEMBER 6 — Stonetown Circular, Ringwood, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 9:00 AM. Strenuous 11-mile hike with beautiful views, some rock scrambles, and 2500 ft elevation gain. Please note early start time. Early out option at halfway; arrive before 8:45am to drop off car if you want this option. No facilities available. Boots/poles recommended. Bring: lunch, water, traction devices. Please note early start time.

**ALT. THURSDAY, NOVEMBER 6 — Allamuchy Mountain State Park, Stanhope, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. The hike will be on the leaders choice of Sussex Branch, white trail, Byram trail, Highland trail or unblazed trails for a total of about 5 miles. There will be some short hills and some reaches of rocky terrain. We will have a light lunch on the trail. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #3, North Allamuchy.

**FRIDAY, NOVEMBER 7 — Shepherd Lake, Ringwood, NJ**

*Leader:* Will Obecnny, cell 603-540-3184, [obecnny@optimum.net](mailto:obecnny@optimum.net)

*Start:* 10:00 AM. This is a moderate 6.72- mile hike on the Ringwood Mountain Bike Trail Loop with an elevation gain of 741 feet. We will hike at a 2 mph pace. The hike is estimated to take 3 hours. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.

**Paddle: FRIDAY, NOVEMBER 7 — Cranberry Lake, Byram, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. A nice off-season paddle with a lunch stop at the beach. No facilities available. Bring: lunch, water. A personal flotation device MUST BE WORN.

**SATURDAY, NOVEMBER 8 — Liberty State Park, Jersey City, NJ**

*Leader:* Ed Leibowitz, 908-623-3883, cell 201-850-9649 to be used day of event only, [eleibow@verizon.net](mailto:eleibow@verizon.net)

*Start:* 10:30 AM. Easy 6 miles along the walkways of Liberty State Park. Should be finished between 1:30 - 2:00 PM. Facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note later start time.

*Directions:* See TSR Directions to Liberty State Park.

**SUNDAY, NOVEMBER 9 — Allamuchy Mountain State Park, Stanhope, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please,

[jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 9:00 AM. 6 miles over hilly, rocky terrain. Lots of ups and downs. Portable facilities available.

Boots/poles recommended. Bring: lunch, water. Please note early start time.

*Directions:* See TSR Directions #3, North Allamuchy.

**MONDAY, NOVEMBER 10 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, [biggsgail@yahoo.com](mailto:biggsgail@yahoo.com)

*Start:* 10:00 AM. Hike three miles at a moderate social pace. Gentle hills. meeting place. No facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #3, Trail Center. (**NOT** Visitor Center)

**TUESDAY, NOVEMBER 11**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**WEDNESDAY, NOVEMBER 12 — Cushetunk Mountain Preserve, Clinton Township, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 11:00 AM. Approx. distance 6 mi; elevation 1100'; rocky places; pace 2 mph. Early out available. No facilities available. Boots/poles recommended. Bring: snack, water, traction devices. Please note later start time.

*Directions:* Start is at dirt parking lot, across RR tracks.

**THURSDAY, NOVEMBER 13 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Dean Leistikow, 908-789-9413, cell 908-451-5192 to be used day of event only,

[leistikow@fordham.edu](mailto:leistikow@fordham.edu)

*Start:* 9:30 AM. This will be an 8- to 9-mile strenuous hike at a vigorous pace with ~1,600 ft. elevation gain.

We will start on the green trail, then blue to Wyanokie High Point, then red, orange, yellow and white all the way to the waterfall. We will stay on the white to the yellow, blue and green back to the parking lot. Note:

cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended.

Bring: lunch, water, bug spray. Please note early start time.

*Directions:* See TSR Directions #4, New Weis Center.

**ALT. THURSDAY, NOVEMBER 13 — Washington Valley Park, Martinsville, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybrunner@gmail.com](mailto:debbybrunner@gmail.com)

*Start:* 10:00 AM at the parking lot for Washington Valley Park off of Newman's Lane for a 5- mile hike. Small elevation gain. Option for early out after 3 miles. Portable facilities available. Boots/poles recommended.

*Bring:* lunch, snack, water.

**Paddle: FRIDAY, NOVEMBER 14 — Wawayanda State Park, Hewitt, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. We will paddle about 4 miles of shoreline in the quiet off-season. Facilities available. Bring: lunch, water. A personal flotation device MUST BE WORN.

*Directions:* You must use the main entrance; the back entrance is not open.

**FRIDAY, NOVEMBER 14 — Princeton Battlefield State Park, Princeton, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 11:00 AM. Hike approximately 7 miles on mixed terrain of woods and sidewalks at a 2 mph pace with stops to discuss sites and stories. Facilities available. Bring: snack, water. Please note later start time.

*Directions:* Parking lot is up a small road located at 500 Mercer Street. GPS: 40.33105346847935, - 74.6766225594368.

**SATURDAY, NOVEMBER 15 — Long Pond Ironworks, Hewitt, NJ**

*Leader:* Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, [jaydib41090@peoplepc.com](mailto:jaydib41090@peoplepc.com)

*Start:* 10:00 AM. 6 miles over hilly, rocky terrain. Lots of ups and downs. Not for beginners. No facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* Use the parking area on the left ~ a quarter mile past the visitor center on the right.

**SUNDAY, NOVEMBER 16 — Silvermine, Harriman State Park, NY**

*Leader:* Jodi Ordovery, cell 201-264-4206, [jodi.ordover@gmail.com](mailto:jodi.ordover@gmail.com)

*Start:* 10:00 AM. Moderately strenuous 7-mile hike over rocky and hilly terrain, with 1,100 feet elevation gain. We will hike at a brisk pace of 2+ mph. There is NO cell service at parking lot. Facilities available.

Boots/poles recommended. Bring: lunch, water.

**MONDAY, NOVEMBER 17 — Tourne Park, East Entrance, Boonton, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. This 3- to 3.5-mile hike will start at the ballfield parking lot on a short unblazed trail to the red trail, then the blue trail, past the spring house, reconnect to the blue trail, loop around Birchwood Lake and return on the Ogden Trail. The beginning of the hike on the red and blue trail has rocky reaches where footing will be somewhat difficult. The elevation gain is about 200 feet. Portable facilities available.

Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #3, Baseball Field Parking Lot.

**TUESDAY, NOVEMBER 18 — Silvermine, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 10:00 AM. Moderate 7-mile circular hike, elevation gain 1,600 ft. Menomine, Red Cross, Owl Lake Rd, 1779, RD to Black Mountain, back on Silver Mine RD. Facilities available. Boots/poles recommended. Bring: lunch, water.

**WEDNESDAY, NOVEMBER 19 — Watchung Reservation, Berkeley Heights, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. 4.9-mile loop hike on the white trail including a shortcut. One long climb taken SLOWLY by the leader. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #2, Seeley's Pond.

**THURSDAY, NOVEMBER 20 — Jones Point, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 10:00 AM. Moderately strenuous, vigorously-paced, 8-mile circular hike with 1800 ft. elevation gain. RD to Dunderberg and Bald Mountains, to Timp. Return on the Timp Torne Trail. No facilities available. Boots/poles recommended. Bring: lunch, water.

**ALT. THURSDAY, NOVEMBER 20 — Jonathan Woods, Denville, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. We will hike 5-6 miles on a variety of trails with some ups and downs, at a social pace. Parking is limited so please snuggle up the cars! No facilities available. Boots/poles recommended. Bring: lunch, water.

**FRIDAY, NOVEMBER 21**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SATURDAY, NOVEMBER 22 — Washington Valley Park, Martinsville, NJ**

*Leader:* Linda Hetcher, cell 973-769-1773, [linda.hetcher@gmail.com](mailto:linda.hetcher@gmail.com)

*Start:* 10:00 AM. This hike will be about 5 miles in length along the white and potentially the red trail and entails a slight elevation through the woods. The Park is located between the first and second mountain of the Watchung Mountains at the geographic center of Somerset County. The hike will be at a moderate pace. Portable facilities available. Boots/poles recommended. Bring: snack, water.

**SUNDAY, NOVEMBER 23**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**MONDAY, NOVEMBER 24 — Watchung Reservation, Mountainside, NJ,**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. 3-mile loop starting at the Horse Stables. Facilities available. Boots/poles recommended. Bring water.

*Directions:* 1160 Summit Lane

**TUESDAY, NOVEMBER 25 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This 6- to 7- mile hike at a moderate pace takes the blue trail to Wyanokie High Point with lunch at Chikahoki Falls, returning on the Lower and Mine Trails. About 1,000 feet elevation gain with a big climb towards the end of the hike. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #4, New Weis Center.

**WEDNESDAY, NOVEMBER 26 — Cedar Grove Park, Cedar Grove, NJ**

*Leader:* Fred Bennett, 973-857-0543, cell 973-204-0253, [starben62@yahoo.com](mailto:starben62@yahoo.com)

*Start:* 9:30 AM. 4.5-mile moderately hilly hike Facilities available. Boots/poles recommended. Bring snack. Please note early start time.

*Directions:* Meeting at 199 Fairview Ave, between Bloomfield and Pompton Aves (Rte 23).

**THURSDAY, NOVEMBER 27**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**ALT. THURSDAY, NOVEMBER 27 — South Mountain Reservation, West Orange, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:00 AM. Burn up some calories before Thanksgiving dinner! This will be a 7-mile hike with less than 1000 feet of elevation gain. We will average 30-minute miles when walking on level terrain and 45-minute miles when climbing. We will have a short lunch/snack break. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

*Directions:* See TSR Directions #9, Turtle Back Rock.

**ALT. THURSDAY, NOVEMBER 27 — Pyramid Mountain, Montville, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 10:00 AM. Turkey Mtn via yellow, orange and green dot trails. We will do a 5- to 6-mile hike at a moderate pace, approx. 3 hours, including two or three stops for views, water, snack, etc. The trail is rated moderate by AllTrails with an 873' elevation gain. There are several uphill climbs that can be challenging for those unprepared, so this may be difficult for a novice. We'll go clockwise up the trail, ascending on the orange trail and then back to the Visitors Center using the yellow, green dot and orange trails. Facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #1, Visitors Center.

**FRIDAY, NOVEMBER 28 — Watchung Reservation, Mountainside, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. A 4- to 5-mile hike with minor elevation gain on leader's choice of trails at a slightly faster-than-Monday hiking pace. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #1, Trailside Nature Center.

## **SATURDAY, NOVEMBER 29**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **SUNDAY, NOVEMBER 30 — Abram S. Hewitt State Forest, Hewitt, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. The hike will be approximately seven miles with 1500 feet of elevation gain. We start off with a long steady uphill. We will average 50 minutes per mile when climbing. Our pace will be 30-minute miles on flat terrain. This is not an easy hike, but the views are worth the effort. Wet conditions will cancel this hike. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices. Please note early start time.

*Directions:* Use these coordinates in your GPS: 41.157511, -74.36748. Google Maps calls it "Quail trailhead." The trailhead is on Warwick Turnpike west of Tractor Supply store. Continue west on Warwick Turnpike and go past the Highlands Preserve Parking Lot, which will be on your right. Continue west, past the Jeremy Glick trailhead. The trailhead is a small pullout on the right hand side traveling west. In the parking turnout, you'll see a hikers' sign which marks the black-square on-blue-blazed Terrace Pond North spur. If there isn't room, parking should be available in two other small pullouts. If you aren't sure of the directions, contact the leader before the day of the hike.

## **MONDAY, DECEMBER 1 — Natirar Park Trail, 2 Main Street, Peakpack/Gladstone, NJ**

*Leader:* Linda Hetcher, cell 973-769-1773, [linda.hetcher@gmail.com](mailto:linda.hetcher@gmail.com)

*Start:* 10:00 AM. A flat 3-mile hike through open fields with the Raritan River winding through the property. Trails are embedded in scenic loops with minimal elevation. The trails offer various landscapes over meadows and some wooded areas. Portable facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* From the North: Take I-287 South to Exit 30B towards US-202 Bernardsville. Merge onto N. Maple Avenue. Turn left at the light onto US-202 S. Travel on US-202 S for ~ 6 miles. Make a right onto Peapack Rd. Travel 1.3 miles and make a right onto Natirar Drive. Park in one of the lots on the left.

From the South: Take I-287 North to Exit 22B toward Bedminster/Netcong US 202-206 N. Travel on US 202-206 N for 1.5 miles. Bear left onto US 206 N. Travel on US 206 N for 1.3 miles. Make a right onto Old Dutch Road. After 1.1 miles make a left on o Peapack Road. Travel 0.4 miles and make a right onto Natirar Drive. Park in one of the lots on the left.

## **TUESDAY, DECEMBER 2 — Reeves Meadow, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 10:00 AM. Moderate 6.5-mile circular hike, elevation gain 1,000 ft. Pine Meadow trail to Pine Meadow Lake, back on Pine Meadow Rd., Poached Egg, Kakiat, and 7 Hills trail. Facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

## **WEDNESDAY, DECEMBER 3 — Jockey Hollow National Park, Morristown, NJ**

*Leader:* Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, [biggsgail@yahoo.com](mailto:biggsgail@yahoo.com)

*Start:* 10:00 AM. Hike 4-5 miles at moderate pace to Mt. Kemble Overlook. Facilities available. Boots/poles recommended. Bring: snack, water.

*Directions:* See TSR Directions #1, Visitor Center.

**THURSDAY, DECEMBER 4 — Anthony Wayne Recreation Area, Harriman State Pk, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 10:00 AM. Strenuous 8-mile hike, elevation gain 2,000 ft at a vigorous pace. Fawn to Timp Torne, continue to Timp and return on rerouted RD. Note: cell service is very poor/nonexistent at the trailhead. Boots/poles recommended. Bring: lunch, water.

**ALT. THURSDAY, DECEMBER 4**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**FRIDAY, DECEMBER 5**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SATURDAY, DECEMBER 6 \*\*\*\*\*Holiday Party\*\*\*\*\***

*Coordinated by:* Jenny Monteleone, 732-245-7284, [jennymonte82@gmail.com](mailto:jennymonte82@gmail.com) and Brooke Tippens, 973-902-5650, [brooketippens@gmail.com](mailto:brooketippens@gmail.com)

*Location:* Verona Community Center, 880 Bloomfield Avenue, Verona, NJ. Save the date and check your TSR emails for details!

**SUNDAY, DECEMBER 7**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**MONDAY, DECEMBER 8 — South Mountain Reservation, West Orange, NJ**

*Leader:* Fred Bennett, 973-857-0543, cell 973-204-0253, [starben62@yahoo.com](mailto:starben62@yahoo.com)

*Start:* 10:00 AM. 3 miles, little elevation. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR Directions #8, Tulip Springs.

**TUESDAY, DECEMBER 9 — Lake Sebago Boat Launch, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 10:00 AM. Moderate 6.5-mile hike, elevation gain 1,000 ft. 7 Hills, TMI, Ski and Conklin Rds to Lake Wanoksink, back on Meadow Rd and 7 Hills. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

**WEDNESDAY, DECEMBER 10 — Cushtunk Mountain Preserve, Clinton Township, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 10:00 AM at trailhead in dirt parking lot across RR tracks. Approximate distance 6 mi; elev. 1100 ' with some rocky places; pace 2 mph (not fast). Weather may modify route and spikes may be useful. No facilities available. Boots/poles recommended. Bring: snack, water, traction devices.

*Directions:* See TSR Directions #1, Old Mountain Road.

#### **THURSDAY, DECEMBER 11 — Elk Pen, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 9:30 AM. Moderately strenuous 8-mile circular hike at a vigorous pace via Valley of Boulders, Hogencamp Mountain, Times Square and back on AT. Elevation gain 1,500 ft. No facilities available.

Boots/poles recommended. Bring: lunch, water. Please note early start time.

#### **ALT. THURSDAY, DECEMBER 11 — Norvin Green State Forest, Wanaque, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 10:00 AM. The hike will be about 6 miles with 1800 feet of elevation gain. We have a long initial climb on the Highlands trail, ending up at Wyankie High Point for lunch. We will come down on the blue trail to the yellow (Mine trail) and then explore in the Roomy mine area with some more climbing. We will average 30-minute miles on flat terrain and 50-minute miles when climbing. Steady rain will cancel the hike. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices.

*Directions:* Trailhead coordinates 41.0716,-74.3088. Follow TSR directions to the New Weis Ecology Center at Norvin Green. The directions will take you to West Brook Road. The trailhead will be on West Brook Rd, about 0.4 miles west of Stonetown Road and before the turn on Snake Den Road. If no spots, make a left onto Townsend Road and park on Townsend Road.

#### **FRIDAY, DECEMBER 12 — Sourland Mountain Preserve, Hillsborough, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 11:00 AM. Estimated distance of 5 miles with 200 feet elevation gain at a 2 mph pace. Weather may modify the route. Portable facilities available. Boots/poles recommended. Bring: snack, water, traction devices. Please note later start time.

#### **SATURDAY, DECEMBER 13**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **SUNDAY, DECEMBER 14 — Ramapo Valley County Reservation, Mahwah, NJ**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 10:00 AM. This will be a 6- to 8-mile hike with early out options available. Total elevation gain up to 1200 feet. Pace will be about 30 minutes per mile on level ground and 45-50 minutes per mile while climbing. We will have two ascents in the first half of the hike. Exact route will depend upon the weather and conditions on the ground. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices.

#### **MONDAY, DECEMBER 15 — South Mountain Reservation, West Orange, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. Hike on wooded trails along the West Branch of the Rahway River for about 3 miles. There is the option (leaders choice) to extend the hike to 4 miles, still with a 3-mile early out. Terrain is mostly flat with short mild hills. Portable facilities available. Boots/poles recommended. Bring: water, traction devices.

*Directions:* See TSR Directions #8, Tulip Springs.

## **TUESDAY, DECEMBER 16 — Lake Skannatati, Harriman State Park, NY**

*Leader:* Jodi Ordoover, cell 201-264-4206, [jodi.ordover@gmail.com](mailto:jodi.ordover@gmail.com)

*Start:* 10:00 AM. Moderate 6-mile hike over rocky and hilly terrain, with about 800 feet elevation gain (mostly in the first two miles). We will hike at a brisk pace of 2+ mph. Cell service is very poor/nonexistent at parking lot. No facilities available. Boots/poles recommended. Bring: lunch, water.

## **WEDNESDAY, DECEMBER 17**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **THURSDAY, DECEMBER 18 — Abram S. Hewitt State Forest, Hewitt, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 9:30 AM. 9.5 strenuous miles of rock scrambles, climbs and gorgeous views with 1400 ft elevation gain. Hike at a brisk pace (2+ mph) on the Bearfort Ridge loop and AT to Prospect Rock and Surprise Lake. No facilities available. Boots/poles recommended. Bring: lunch, water, traction devices. Please note early start time.

*Directions:* See TSR Directions #2, Highlands Preserve Passaic County Park.

## **ALT. THURSDAY, DECEMBER 18 — Mahlon Dickerson Reservation, Jefferson, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. The hike will be about 6 miles with ups, downs, rocks and roots, at a social pace. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #2, Saffin Pond.

## **FRIDAY, DECEMBER 19 — Colonial Park, Somerset, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 11:00 AM. Estimated distance of 5 miles with slight elevation on a dirt towpath with a pace fast enough to keep warm. Facilities available. Boots/poles recommended. Bring: snack, water. Please note later start time.

*Directions:* See TSR Directions #3, Parking Lot F/Perennial Gardens.

## **SATURDAY, DECEMBER 20**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **SUNDAY, DECEMBER 21**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**MONDAY, DECEMBER 22 — Tourne Park, East Entrance, Boonton, NJ**

*Leader:* Lorrie Vece, cell 201-970-1000 to be used day of event only, [Dixonlowe@aol.com](mailto:Dixonlowe@aol.com)

*Start:* 10:00 AM. We will hike 3 miles from the parking lot around the lake and back. Rocky with roots in places. Elevation 350 ft. Early out available Portable facilities available. Boots/poles recommended. Bring: water, traction devices.

*Directions:* See TSR Directions #3, Baseball Field Parking Lot.

**TUESDAY, DECEMBER 23 — Cooper Mill, Chester, NJ**

*Leader:* Debby Bronner, cell 201-563-1648, [debbybrunner@gmail.com](mailto:debbybrunner@gmail.com)

*Start:* 10:00 AM. Join me for a 5-mile hike along the Black River. Highlights include beautiful views along the Black River, Kay Cottage ruins, and the Kay Environmental Center.

Elevation gain is approximately 500 feet. Expect some rocky, muddy and slippery areas. Portable facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

**WEDNESDAY, DECEMBER 24**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**THURSDAY, DECEMBER 25**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**ALT. THURSDAY, DECEMBER 25 — Silas Condict Park, Kinnelon, NJ**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only

*Start:* 9 AM. This is a deceptively strenuous hike with MANY rock scrambles. Not recommended for those who prefer gentle hiking. We will do a 4-mile hike using the white and red trails. This will be at a moderate pace (2 mph), approx. 2 hours. The trail is rated moderate by AllTrails, with a 530 ft elevation gain. There are some uphill climbs and rock scrambles that some have found difficult. Portable facilities available. Boots/poles recommended. Bring: snack, water. Please note early start time.

**FRIDAY, DECEMBER 26**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SATURDAY, DECEMBER 27**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

**SUNDAY, DECEMBER 28 — Reeves Meadow, Harriman State Park, NY**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 10:00 AM. This is one of the prettiest hikes that I lead. It will be a 5- to 7-mile hike with up to 1400 feet elevation gain. We will average 30-minute miles on the flats and 45- to 50-minute miles when climbing.

Early outs are available. Exact route will depend on the weather and trail conditions. Steady rain will cancel the hike. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices.

**MONDAY, DECEMBER 29 — Morris County Outdoor Ed. Center, Chatham, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. 3-mile flat stone pathway and boardwalk. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* See TSR directions to Great Swamp National Wildlife Refuge, #1.

**TUESDAY, DECEMBER 30 — Shepherd Lake, Ringwood, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This will be a 7- to 8-mile moderately paced hike in Ringwood State Park. We will climb up Mt. Defiance on the red trail, continue on much of the Five Ponds loop, and return on the red trail. There are three major ascents, about 1,000 feet total elevation gain. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* Park in the upper lot (not down by the lake).

**WEDNESDAY, DECEMBER 31 — Watchung Reservation, Mountainside, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. This will be a Monday PLUS 4-mile leader's choice holiday break hike. Portable facilities available. Boots/poles recommended. Bring: water.

*Directions:* See TSR Directions #1, Trailside Nature Center.