

## **TriState Ramblers Sign-In Sheet** and Participant Waiver and Release

Leader: Please send or e-mail the completed form to Tom Pollard at: 117 Fairview Ave., South Orange, NJ 07079 or pollard.tom@gmail.com

Location		Miles	
Date	Weather		
Leader Name		Signature	

Participant's waiver and release: I am participating in the above activity with the understanding and agreement that all personal activity is at my own responsibility and risk and under my own supervision. I have full understanding of the many hazards that could occur to me while participating in outdoor activities. I participate of my own free will and volition. I understand and agree that, should any mishap or injury of any kind, nature, or description occur to me during this activity, or coming to or going from this activity, I alone will bear the responsibility and assume the entire risk for my own health, welfare, and safety. I agree to hold all participants, including leader(s) individually and jointly, harmless from and against any and all claims, charges, demands, lawsuits, damages, judgments, and causes of action, both direct and ancillary, including without limitation personal and property injury or loss, costs of defending lawsuit, and attorneys' fees. I have read the waiver and sign this form voluntarily and without reservation.

	Print Name Clearly	Signature	Member	Meetup*	Guest*	Have Emergency Card?
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	Print Name Clearly	Signature	Member	Meetup*	Guest*	Have Emergency Card?
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## Guests (non-member): Please provide contact information below.

Print Name Clearly	Your Phone and Email	Emergency Contact Info