

**TSR Resumption of Activities**  
**(updated 04/18/2021 – file links only)**

TriState Ramblers will be following CDC guidelines and relevant state executive orders for our hiking, biking, and paddling events. This may require suspending events or limiting the number of participants for some events during certain periods in the schedule. If anything in these procedures inadvertently conflicts with CDC and/or state guidelines and requirements, we will defer to the latter.

Please review these procedures and commit to following them:

- DO NOT participate in any events (hiking, biking, or paddling) if you have symptoms consistent with COVID-19 (such as fever or cough), have been diagnosed with COVID-19, or are quarantined for potential exposure to COVID-19.
- Anyone who participated in a club event and later tests positive or is diagnosed with Covid must notify the club president so that others who were at the event can be informed of possible exposure.
- Members who are at higher risk of getting sick from COVID-19 or who may expose family members who are at higher risk should consider not participating in club events.
- The number of members per event will be LIMITED in accordance with CDC and state guidelines/requirements and may be further limited by the event leader.
- All participants are REQUIRED to PRE-REGISTER electronically. See SIGN UP button and [Procedures](#) below.
- No Meetup participants or guests are allowed. ONLY CLUB MEMBERS may participate.
- Members who show up at an event without signing up will NOT be allowed to participate.
- Members who are unable to participate in an event for which they signed up must change their RSVP status.
- Members who sign up and do not show up will be issued up to two warnings. After three violations, members may no longer sign up for any events that require limits on participation.
- **By signing up, members agree to the same waiver included on the paper sign-in sheet and also agree to abide by these procedures.**
- There will be NO circle preceding events. Participants can remain in their cars until the start time. If participants exit their cars before the start to prepare gear or socialize, they should wear a face mask and maintain proper social distancing by staying at least 6 feet apart.
- No hikes requiring a shuttle are allowed (no point-to-point hikes).
- Participants are REQUIRED to carry a face mask during the hike. When passing/encountering other people on the trail, it is recommended that face masks be worn while maintaining proper social distancing by staying at least 6 feet away.
- On the trail and during stops, breaks, and separations, members should stay at least 10 feet apart if not wearing a mask.
- Leaders are discouraged from offering customary lunch time treats.
- Members are encouraged to carry and use hand sanitizer.
- Members will be **limited** in the number of sign-ups per week in order to give more members an opportunity to participate. See our [Signup Procedures](#) for more details.
- A waitlist will be created when necessary. We urge hikers to sign up on the wait list to demonstrate the level of interest for a hike.
- When oversubscribed, we urge qualified hike leaders to volunteer to lead a secondary hike at the same or different location.

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- If at the same location, please contact the primary hike leader and work out a plan for a second hike (i.e. one hike should leave 10-15 minutes earlier or later than the original hike, confirm the hike route, how to split the group, etc.)
- If at a different location, send an email to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com) with your new hike description
- The TSR executive board reserves the right to manage sign-ups to ensure equitable access to members.

In addition to these procedures, please consider the following:

- For cycling events, bathroom facilities may no longer be open, so plan or adjust accordingly. If planning a lunch stop at a deli, call ahead to determine if they are open and any advance ordering requirements.
- Currently, more road construction seems to be taking place during the day, so account for additional travel time as needed.
- Hike leaders may want to consider an earlier start time to minimize parking issues.
- Hike leaders may want to consider parking or hiking at less popular locations to avoid crowds.
- Additional hike leaders may be needed each day to accommodate all members who wish to participate. The safe way to increase the number of hikers each week is to increase the number of hikes each week. Please consider volunteering to lead! Our Spring 2020 newsletter, *The Oak Leaf*, has an article about becoming a new hike leader (see page 6).





These are truly unique times. The restrictions are needed to ensure the health and safety of our fellow members and others we encounter while hiking, biking, or paddling. Furthermore, we must fully respect these procedures or risk action by the state. Our primary concern is the health and safety of our members.

DO NOT BE "THAT MEMBER."

These are EASY TO FOLLOW procedures. Like you, the TSR executive board cannot wait for the day when we return to our regular club activities. In the meantime, your cooperation is expected and appreciated. We are all in this together as we look forward to the full relaxation of these restrictions and an end to COVID-19.

Be well, be safe.

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|        |     | SHOW UP  |   |
|--------|-----|--|---|
|        |     | YES  | NO  |
| SIGNUP | YES |   |   |
|        | NO  |  |  |