

## **ALL TSR organized activities are for members only.**

**By signing up for an event, members agree to the waiver included at the top of the Signup page and also agree to abide by the procedures for our activities.**

### **Hiker Participant Guidelines**

#### **WEDNESDAY, JANUARY 1**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **ALT. THURSDAY, JANUARY 2 — Tourne Park, West Entrance, Denville, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. We will hike 5-6 miles with some up and downs, at a social pace. Portable facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

#### **THURSDAY, JANUARY 2 — Ramapo Valley County Reservation, Mahwah, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This moderately strenuous 8-mile hike will travel on the yellow, blue, red/silver, and orange trails to a panoramic viewpoint overlooking the Manhattan skyline. After lunch at the overlook, return will be on the yellow, yellow/silver, red, blue, and yellow trails. Weather conditions may modify route. Facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

#### **FRIDAY, JANUARY 3 — Norvin Green State Forest, Ringwood, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This 6- to 7- mile hike at a moderate pace takes the blue trail to Wyanokie High Point with lunch at Chikahoki Falls, returning on the Lower and Mine Trails. About 1,000 feet elevation gain. No facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

*Directions:* See TSR Directions #4, New Weis Center.

## **SATURDAY, JANUARY 4**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **SUNDAY, JANUARY 5 — Reeves Meadow, Harriman State Park, NY**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be a 5- to 7-mile hike with up to 1400 feet elevation gain. We will average 30-minute miles on the flats and 45 to 50-minute miles when climbing. Early outs are available. Exact route will depend on the weather and trail conditions. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices. Please note early start time.

## **MONDAY, JANUARY 6 — Loantaka Brook Reservation, Morris Twp., NJ**

*Leader:* Gail Biggs, 973-401-1262, cell 973-769-6860 on day of event only, [biggsqail@yahoo.com](mailto:biggsqail@yahoo.com)

*Start:* 10:00 AM. 3-mile hike on level surface, paved and unpaved. Portable facilities available. Bring water.

*Directions:* See TSR Directions #1, Kitchell Road.

## **TUESDAY, JANUARY 7 — Fahnestock Big Woods, Cold Spring, NY**

*Leader:* Bill Medeot, cell 914-844-7038, [billwp218@gmail.com](mailto:billwp218@gmail.com)

*Start:* 9:00 AM. 9-mile hike with 1200 feet elevation gain. This hike will take about 5 hours. Terrain is "moderate" (rolling), pace is vigorous. Not a typical Tuesday hike. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices. Please note early start time.

*Directions:* Big Woods Trailhead Parking, Route 301, Cold Spring, NY 41.44481, -73.86600.

## **WEDNESDAY, JANUARY 8 — ~~Lake Sebago Boat Launch, Harriman State Park, NY~~ - added hike, cancelled**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

~~*Start:* 10:00 AM. This will be a 6- to 7-mile hike with three separate ascents at the leader's moderate pace. Exact route will depend on the weather and trail conditions. We should average 2 miles per hour over flat terrain and 1.3 miles per hour when climbing. Exact route will be determined by the trail and weather conditions. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.~~

## **ALT. THURSDAY, JANUARY 9 — Pyramid Mountain, Montville, NJ - change in start time**

*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)

*Start:* 9:00 AM. We will do a 5- to 6-mile hike at a moderate pace, approx. 3 hours including two or three stops for views, water, snack, etc. The trail is rated 'Moderate' by Alltrails with a 873 ft elevation gain. There are several uphill climbs that can be challenging for those unprepared, so this may be difficult

for a novice. We'll go clockwise up the trail, ascending on the orange trail and then back to the Visitor's Center using the yellow, green dot and orange trails.

Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

*Directions:* See TSR Directions #1, Visitor's Center.

#### **THURSDAY, JANUARY 9 — Lake Sebago Boat Launch, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 9:30 AM. Moderate 9.4- mile hike at a vigorous pace, elevation gain 1,500 ft., Panther Mountain Loop via Pine Meadow Lake. Note cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water, traction devices. Please note early start time.

#### **FRIDAY, JANUARY 10**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **SATURDAY, JANUARY 11**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

#### **SUNDAY, JANUARY 12 — Watchung Reservation, Mountainside, NJ**

*Leader:* Bill LaChance, cell 973-216-8748, [bill@wiladvisors.com](mailto:bill@wiladvisors.com)

*Start:* 10:00 AM at Trailside Nature Center parking lot. A 4+ mile hike at a moderate pace. 400 ft elevation gain. Spikes recommended if conditions warrant. Facilities available. Boots/poles recommended. Bring snack.

*Directions:* See TSR Directions #1, Trailside Nature Center.

#### **SUNDAY, JANUARY 12 — South Mountain Reservation, West Orange, NJ - added hike**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be an approximately 6 mile hike with 800 feet of elevation gain. We will average 30 minute miles on level ground and up to 45 minutes per mile when climbing. Portable facilities available. Boots/poles recommended. Bring: snack/light lunch, water. Please note early start time.

*Directions:* See TSR Directions #9, Turtle Back Rock.

#### **MONDAY, JANUARY 13 — South Mountain Reservation, Millburn/Maplewood, NJ**

*Leader:* Stan and Bev Kaltnecker, cell 201-602-4074, [kaltnecs1@aol.com](mailto:kaltnecs1@aol.com)

*Start:* 10:00 AM. Starting at the second parking lot on Crest Drive, we will hike a 3-mile loop to Washington Rock and other viewpoints. Basically flat. Some reaches of the trail are a little rocky with roots. Portable facilities available. Boots/poles recommended. Bring: snack, water, traction devices.

*Directions:* Follow TSR Directions to South Mountain Res. # 1, Dog Park, but park at the second parking lot on Crest Drive.

### **MONDAY, JANUARY 13 — Lake Sebago Boat Launch, Harriman State Park, NY - added hike**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 to be used day of event only, no texts please, shereestarrett@yahoo.com

*Start:* 10:00 AM. This will be a 6- to 7-mile hike with three separate ascents at the leader's moderate pace. Exact route will depend on the weather and trail conditions. We should average 2 miles per hour over flat terrain and 1.3 miles per hour when climbing. Exact route will be determined by the trail and weather conditions. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water, traction devices. THIS IS NOT A TYPICAL MONDAY HIKE.

### **TUESDAY, JANUARY 14 — Silvermine, Harriman State Park, NY**

*Leader:* Rosie Brancato, cell 203-586-8131, [rosiehike@gmail.com](mailto:rosiehike@gmail.com)

*Start:* 10:00 AM. Moderate 5.5-mile circular hike, elevation gain 1,100 ft. We'll take the Menomine Trail to AT to Black Mountain and Spanish Mine, then back on AT and Silvermine Road. Facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

### **TUESDAY, JANUARY 14 — Watchung Reservation, Berkeley Heights, NJ - added hike**

*Leader:* Dean Leistikow, 908-789-9413, cell 908-451-5192 for day of event only, leistikow@fordham.edu

*Start:* 1:00 PM. A 2 hour (about 4 mile) hike at a moderate pace. 400 ft elevation gain. Portable facilities available. Boots/poles recommended. Bring: wa-ter, traction devices. Please note later start time.

*Directions:* See TSR Directions #2, Seeley's Pond.

### **WEDNESDAY, JANUARY 15**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

### **ALT. THURSDAY, JANUARY 16 — Jonathan Woods, Denville, NJ**

*Leader:* Diane Willer, cell 973-713-3066, [dwiller34@gmail.com](mailto:dwiller34@gmail.com)

*Start:* 10:00 AM. We will hike 5 to 6 miles on a variety of trails with some ups and downs, at a social pace. No facilities available. Boots/poles recommended. Bring: lunch, water, traction devices.

### **THURSDAY, JANUARY 16 — Lake Tiorati, Harriman State Park, NY**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This moderately strenuous hike of about 8 miles will take the AT to lunch at the Brien Memorial shelter. We will return on the RD. 1200 ft of elevation gain. Boots/poles recommended. Bring: lunch, water, traction devices.

**FRIDAY, JANUARY 17 — Oak Ridge Track and Field, Clark, NJ - added hike**

*Leader:* Ken Donhauser, cell 732-616-7409 for day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. 3+ miles on a Flat, paved former Golf Course walkway. MONDAY Level Moderate pace, many outs.

*Directions:* Garden St Pkwy to EXIT 135, North on Central Ave for 0.3 miles then left on Raritan Rd for 2.5 miles to 220 Oak Ridge Park, main parking lot.

**FRIDAY, JANUARY 17 — Lake Skannatati, Harriman State Park, NY - added hike**

*Leader:* Julie Stanton, cell 917-972-0212, [julienyc@msn.com](mailto:julienyc@msn.com)

*Start:* 10:00 AM. Hike at a brisk (2+ MPH) pace for approximately 6 to 6.5 miles with up to 900 ft. of elevation gain on the A-S, Dunning and Long Path trails. We will stop for a 10-minute snack/lunch break at Hogencamp Mountain or another scenic spot. This hike has some very rocky portions with lots of ups and downs and stream crossings and would not be appropriate for beginners or slower hikers. Please note that several portions of the trails are currently covered in thick ice and need to be bypassed during the hike. Patience, care and a sense of adventure are required. Note that cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/ poles recommended. Bring: Lunch/snack, water, and traction devices.

**FRIDAY, JANUARY 17 — Old Short Hills Park, Short Hills, NJ - added hike, SHOW AND GO, NOT on Signup Genius**

*Leader:* Len Friedman, cell 973-229-7409, [lenf21@comcast.net](mailto:lenf21@comcast.net)

*Start:* 10:00 AM. Come out and enjoy a fourish mile moderate hike on gently rolling terrain at a Social Pace. No facilities. Boots/poles recommended. Bring: water.

*Directions:* Meet in parking lot to the right of the entrance to Greenwood Gardens.

**SATURDAY, JANUARY 18 — Pyramid Mountain, Boonton, NJ - added hike**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This is a good hike for uncertain weather. The hike will be about 6 - 7 miles with < 1000 feet of elevation gain with an early out at six miles. We should finish before any predicted precipitation. We will average 30 minute miles on flat terrain and 45-50 minute miles per hour when climbing. We will start out on the pink trail through the woods, ending up at Bear Rock. Exact route after Bear Rock will depend on the weather and trail conditions. No facilities available. Boots/poles recommended. Bring: lunch or snack, water, traction devices. Please note early start time.

*Directions:* See TSR Directions, #3 Kincaid Parking.

## **SUNDAY, JANUARY 19**

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to [TSRregistration@outlook.com](mailto:TSRregistration@outlook.com).

## **MONDAY, JANUARY 20 — Colonial Park, Somerset, NJ - change in leader, cancelled**

*Leader:* Lorrie Vece, cell 201-970-1000, [dixonlowe@aol.com](mailto:dixonlowe@aol.com)

*Start:* 10:00 AM. Very flat 3-4 miles starting in Colonial Park and hiking along the D&R Canal Towpath. Facilities available. Bring water.

*Directions:* See TSR Directions #2, Parking Lot A/Rose Garden.

## **TUESDAY, JANUARY 21 — Pyramid Mountain, Montville, NJ**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 9:30 AM. This is a 4- to 5-mile loop hike on the Turkey Mountain side at a moderate pace. Expect over 600 feet of elevation gain, some sustained climbs, and a waterfall. Portable facilities available. Boots/poles recommended. Bring: snack, water, traction devices. Please note early start time.

*Directions:* See TSR Directions #1, Visitor's Center.

## **TUESDAY, JANUARY 21 — Great Swamp, Basking Ridge, NJ - added hike**

*Leader:* Dean Leistikow, cell 908-451-5192, [leistikow@fordham.edu](mailto:leistikow@fordham.edu)

*Start:* 12:30 PM. This will be a short flat hike of about 2 hours to the back boardwalks. Facilities available. Bring: water, traction devices. Please note later start time. This is not a typical Tuesday hike.

*Directions:* Meet at the Environmental Education Center, 190 Lord Stirling Rd, Basking Ridge, NJ.

## **WEDNESDAY, JANUARY 22 — Cushtunk Mountain Preserve, Clinton Township, NJ**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 10:30 AM. Approximate distance, elevation, and pace: 7 mi., 1300', and 2mph (not fast). No facilities available. Boots/poles recommended. Bring: lunch, water. Please note later start time.

*Directions:* See TSR Directions #1, Old Mountain Road.

## **ALT. THURSDAY, JANUARY 23 — Pyramid Mountain, Boonton, NJ**

*Leader:* Paul Augustyniak, cell 973-219-4807, [paugust586@aol.com](mailto:paugust586@aol.com)

*Start:* 10:00 AM. 5-mile hike at a social pace, 800 ft elevation change. Boots/poles recommended. Bring: lunch, water, traction devices.

*Directions:* See TSR Directions #3, Kincaid Parking.

**THURSDAY, JANUARY 23 — Reeves Meadow, Harriman State Park, NY**

*Leader:* Anastasia Tavarez, cell 646-207-4136, [atavare@gmail.com](mailto:atavare@gmail.com)

*Start:* 9:00 AM. This is a strenuous 8-mile hike along the Stony Brook and up Diamond Mtn. 1900 feet elevation gain. Facilities available. Boots/poles recommended. Bring: lunch, water, traction devices. Please note early start time.

**FRIDAY, JANUARY 24 — Rainbow Hill at Sourland Mountain Preserve, Ringoes, NJ**

*Leader:* Bonnie Ackerman, cell 908-864-3680, [ack.bonnie@gmail.com](mailto:ack.bonnie@gmail.com)

*Start:* 10:00 AM. Leaders choice of trails, moderate pace for a 4- to 5-mile hike. The trails have slight elevation, 300-500 ft, and a lake in the center. Boots/poles recommended. Bring: snack, water.

*Directions:* 386 Wertsville Rd, Ringoes, NJ. GPS: 40.461655, -74.785390. Do NOT meet at the main parking lot for Sourland Mountain Preserve.

**SATURDAY, JANUARY 25 — Ramapo Valley County Reservation, Mahwah, NJ - added hike**

*Leader:* Marianne Ansari, cell 201-519-8975, [marianneroman@hotmail.com](mailto:marianneroman@hotmail.com)

*Start:* 9:30 AM. We'll meet on the south side of the parking lot. Approximately 7.0 miles with 1100ft elevation. The hike will be at a gentle, but steady pace. Rolling terrain with one sustained climb up to Ilgenstein Rock. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices. Please note early start time.

**SATURDAY, JANUARY 25 — South Mountain Reservation, West Orange, NJ - added hike**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 2:00 PM. This will be a around a 5 mile hike with approximately 600 feet of elevation gain. We will average 30 minute miles on level ground and up to 45 minutes per mile when climbing. Portable facilities available. Boots/poles recommended. Bring: light snack, water traction devices. Please note later start time.

*Directions:* See TSR Directions #8, Tulip Springs.

**SUNDAY, JANUARY 26 — Watchung Reservation, Mountainside, NJ**

*Leader:* Philip Ross, cell 732-221-9668, [skyking72@gmail.com](mailto:skyking72@gmail.com)

*Start:* 9:00 AM. Brisk-paced hike (>2mph) of approximately 7-8 miles and 900 ft elevation gain with possible water crossings and some steep ascents/descents; this hike is not for beginners. Early out possible. Please note early start time. Facilities available. Boots/poles recommended. Bring: lunch, traction devices. Please note early start time.

*Directions:* See TSR Directions #1, Trailside Nature Center.

**MONDAY, JANUARY 27 — Great Swamp Center, Chatham, NJ**

*Leader:* Ken Donhauser, cell 732-616-7409 to be used day of event only, [kendonhauser@gmail.com](mailto:kendonhauser@gmail.com)

*Start:* 10:00 AM. 3 miles on flat stone and boardwalk. Portable facilities available. Boots/poles recommended. Bring water.

*Directions:* Great Swamp Morris County Education Center, 247 Southern Blvd, Chatham NJ.

## **TUESDAY, JANUARY 28 — Chimney Rock Park, Martinsville, NJ - change in description**

*Leader:* Gordon Thomas, cell 609-977-0267, [TSRpresident3@gmail.com](mailto:TSRpresident3@gmail.com)

*Start:* 10:30 AM. Approximate distance, elevation, and pace: 4.5 miles, 600', less than 2 mph. Facilities available. Boots/poles recommended. Bring: lunch, water. Please note later start time.

## **WEDNESDAY, JANUARY 29 — Reeves Meadow, Harriman State Park, NY - added hike**

*Leader:* Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, [shereestarrett@yahoo.com](mailto:shereestarrett@yahoo.com)

*Start:* 9:30 AM. This will be a 5- to 7-mile hike with up to 1400 feet elevation gain. We will average 30-minute miles on the flats and 45 to 50-minute miles when climbing. Early outs are available. Exact route will depend on the weather and trail conditions. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices. Please note early start time.

## **~~ALT. THURSDAY, JANUARY 30 — Silas Condict Park, Kinnelon, NJ - rescheduled to February 1~~**

~~*Leader:* Bernadette Miglin, cell 973-407-0049 to be used day of event only, [bmiglin@yahoo.com](mailto:bmiglin@yahoo.com)~~

~~*Start:* 10:00 AM. This is a deceptively strenuous hike with MANY rock scrambles. Not recommended for those who prefer gentle hiking. We will do a 4-mile hike using the white and red trails. This will be at a moderate pace (2 mph), approx. 2 hours. The trail is rated moderate by AllTrails with a 530 ft elevation gain. There are several uphill climbs and rock scrambles that some have found difficult. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.~~

## **THURSDAY, JANUARY 30 — Stonetown Circular, Ringwood, NJ**

*Leader:* Jason Briggs, cell 862-228-4972, [jasonbriggs99@outlook.com](mailto:jasonbriggs99@outlook.com)

*Start:* 9:30 AM. This is a very strenuous, fast-paced, 12-mile hike that offers beautiful views and will have over 3000 feet of elevation gain. No facilities available. Boots/poles recommended. Bring: lunch, water, traction devices. Please note early start time.

## **THURSDAY, JANUARY 30 — Old Short Hills Park, Short Hills, NJ - added hike, SHOW AND GO, NOT on Signup Genius**

*Leader:* Len Friedman, cell 973-229-7409, [lenf21@comcast.net](mailto:lenf21@comcast.net)

*Start:* 10:00 AM. Let's get out in the Beautiful Snowy Woods and enjoy a fourish moderate hike on rolling terrain at a Social Pace. There will be two energetic climbs at a relaxed pace. No facilities. Boots/poles recommended. Bring: water, traction devices. This is not a typical Thursday hike.



*Directions:* Meet at parking lot to the right of the entrance to Greenwood Gardens.

**FRIDAY, JANUARY 31 — Jockey Hollow National Park, Morristown, NJ - rescheduled to February 2**

*Leader:* Dianne Jones, cell 973-224-3967, [diannejones428@gmail.com](mailto:diannejones428@gmail.com)

*Start:* 10:00 AM. This is a 5- to 6-mile moderate hike at a moderate pace. We will take the Grand Loop, Outer Loop and Yellow trails. Mostly flat to rolling, except for the climb to Sugar Loaf. Facilities available. Boots/poles recommended. Bring: lunch, water.

*Directions:* See TSR Directions #1, Visitor Center.