

Along the Appalachian Trail, Warwick, NY

TriState Ramblers Schedule

July – December 2026

Letter from the President

The principal activity of the TriState Ramblers is walking, and we paddle and bike as well.

The main point of my message is, no surprise, that the exercise we do is good. But, more than that, it's "the closest thing we have to a wonder drug," according to the Harvard Medical School newsletter.

Here are five benefits of walking:

- "Counteracts the effects of weight-promoting genes. Harvard researchers looked at 32 obesity-promoting genes in over 12,000 people to determine how much these genes actually contribute to body weight. Among the study participants who walked briskly for about an hour a day, the effects of those genes were cut in half.
- Helps tame a sweet tooth. A pair of studies from the University of Exeter found that a 15-minute walk can curb cravings for chocolate and even reduce the amount of chocolate you eat in stressful situations. And the latest research confirms that walking can reduce cravings and intake of a variety of sugary snacks.
- Reduces the risk of developing breast cancer. Researchers already know that any kind of physical activity blunts the risk of breast cancer. But an American Cancer Society study that zeroed in on walking found that women who walked seven or more hours a week had a 14% lower risk of breast cancer than those who walked three hours or fewer per week. And walking provided this protection even for the women with breast cancer risk factors, such as being overweight or using supplemental hormones.
- Eases joint pain. Several studies have found that walking reduces arthritis-related pain, and that walking five to six miles a week can even prevent arthritis from forming in the first place. Walking protects the joints — especially the knees and hips, which are most susceptible to osteoarthritis — by lubricating them and strengthening the muscles that support them.
- Boosts immune function. Walking can help protect you during cold and flu season. A study of over 1,000 men and women found that those who walked at least 20 minutes a day, at least 5 days a week, had 43% fewer sick days than those who exercised once a week or less. And if they did get sick, it was for a shorter duration, and their symptoms were milder."

Keep up the good work.

Gordon Thomas
President
TriState Ramblers

TriState Ramblers

www.tristateramblers.org

Founded 1938 as the Union County Hiking Club

TriState Ramblers Executive Board 2026

President – Gordon Thomas (TSRPresident3@gmail.com, 609-977-0267)
Vice President – Tim Burman (timburman@gmail.com,732-682-8684)
Recording Secretary – Elise Morrison (elisermorrison@gmail.com, 201-927-4275)
Treasurer – John Crump (johnmcrump@yahoo.com, 973-534-6168)
Membership Chair – Jodi Ordover (tristateramblersmembership@gmail.com, 201-264-4206)
Newsletter Editor – Lise Greene (lise.greene@montclair.edu, 973-663-4396)
Nominating Chair – Mark Strauss (mfstrauss@yahoo.com, 201-951-3408)
Outing Chair – Linda Hetcher (linda.hetcher@gmail.com, 973-769-1773)
Outreach Chair – Kaat Higham (tsrregistration@outlook.com, 862-221-0170)
Schedule Coordinator – Nancy Sierra (nsmd_solo@yahoo.com, 908-347-0690)
Social Chair – Brooke Tippens (brooketippens@gmail.com, 973-902-5650)
Webmaster – Dianne Jones (tsrhikers@gmail.com, 973-428-4924)

Outing Coordinators

Monday – Bev/Stan Kaltnecker (kaltnecs1@aol.com, 201-602-4074)
Tuesday – Louis Thompson (ltpt1@yahoo.com, 732-239-1012)
Wednesday – Lynda Goldschein (lyndagoldschein@usa.net, 908-347-5012)
Thursday – Dianne Jones (diannejones428@gmail.com, 973-428-4924)
Alternate Thursday – Kaat Higham (khigham@verizon.net, 862-221-0170)
Friday – Julie Stanton (julienyc@msn.com, 917-972-0212)
Saturday – Lorrie Vece (dixonlowe@aol.com, 201-970-1000)
Sunday – Sheree Bennett (shereestarrett@yahoo.com, 973-857-0543)
Biking – Marianne Ansari (marianneroman@hotmail.com, 201-519-8975)
Paddling – Linda Lang (allinkcorp@aol.com, 973-960-7421)

Special Volunteers

Aide to Outreach Chair – Sue Griffin (sgriffin5@optonline.net, 732-322-6300)
Membership Analyst – Paul Augustyniak (paugust586@aol.com, 973-219-4807)
Membership Analyst – Dave Hill (esruc104@verizon.com, 732-570-1381)
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Newsletter Graphic Designer – Jay Winslow (jaybirdlow@verizon.net, 845-658-8104)
SignUp Genius Monitor – Linda Laidlaw (linlaidlaw@yahoo.com, 973-449-3977)
Trail Maintenance Coordinator – John Jurasek (jurasek@optonline.net, 845-365-3618)

WHO WE ARE

The basic purpose of the TriState Ramblers is to serve those actively interested in the great outdoors and to increase their numbers. To that end, our club offers a varied program of outdoor activities, providing wholesome recreation while contributing to physical fitness. To the same end, our club supports worthy conservation efforts. We are a member of and contribute to The NYNJ Trail Conference.

ABOUT OUR ACTIVITIES

OUR HIKES

We generally offer hikes 7 days of the week. The length, pace and difficulty of our hikes vary according to the day of the week. Please use this guide when considering hikes to find a match for your interest and ability. Note that most hikes take place on rough, uneven, rocky terrain. They are not a "walk in the park" on wide paved paths.

● Monday walks/hikes — are about 3 miles/1.5 hours at a social pace
● Tuesday hikes — are for experienced hikers; 5 to 7 miles at a moderate pace. Terrain can be challenging. Bring trail lunch.
● Wednesday hikes — are 2 to 2.5 hours, about 4 to 5 miles
● Thursday hikes — are strenuous hikes with challenging terrain for experienced hikers; 7 miles or more at a vigorous pace with few rest stops. Bring trail lunch.
● Alternate Thursday hikes — are 5 to 7 miles at a moderate social pace for experienced hikers. Bring trail lunch.
● Friday and weekend hikes — can vary from short 2-hour hikes to challenging long hikes. Check the hike description and contact the leader if you need further information.

Hiker Participant Guidelines

OUR PADDLING TRIPS

Paddling trips are offered seasonally, generally on Fridays.

● Bring a canoe or kayak
● Life jackets (personal flotation device) ARE REQUIRED
● Bring lunch and dry clothes in a waterproof bag
● River runs are dependent on the water level in the river
● Rentals are usually not available at launch sites, however, check with the leader

Paddler Participant Guidelines

OUR BIKE RIDES

Bike rides are offered seasonally.

● Bring a bike appropriate for the route. Most rides are on bike trails or paved roads. See the ride description for more information.
● Helmets ARE REQUIRED

Biker Participant Guidelines

THINGS YOU NEED TO KNOW

Outdoor sports involve some hazards. The members who volunteer to lead our outings claim no special qualifications. Each participant in club activities — whether member or guest — must assume full responsibility for his or her own safety, relieving the club, the leaders, and all other co-participants of any and all responsibility in that connection — excluding, of course, individual responsibility for willfully inflicted injury. Adults who bring children to club activities must additionally assume full responsibility for the safety and conduct of such children. Your participation in any club activity is at the discretion of the leader.

- Leaders do not charge for their leadership services. Leaders may collect entrance fees, but the charges should not exceed the outlay for the day's event.
- Guests are allowed on an individual basis with the permission of the event leader. Review the policy and procedure on our Members Only page.
- If you have questions about an outing, please contact the leader.
- Cell phone use, including texting, is discouraged, except for emergencies.
- Wear adequate footwear, a helmet, or a personal flotation device, as appropriate for the activity.
- Be adequately prepared for weather and trail conditions (e.g. rain gear, traction devices or snowshoes, sunscreen, bug nets).
- Consume sufficient food and liquids to adequately sustain your energy and hydration level.
- ALWAYS carry your TSR Emergency Contact Card, including phone numbers of people to be notified in an emergency.
- Do not go ahead of the hike leader except with permission — and then only to the next trail junction. Leaders should be permitted to lead, followers are expected to follow, and explorers should plot their own trips.
- This is a club for people; dogs are not allowed.
- Smoking is not allowed during any club activity.

SCHEDULE CHANGES

TSR uses a Google Groups discussion group for communications. In order to send or receive messages, you must be a club member and be subscribed to our Google Group.

This Google Group is only used for club business - mainly to notify members of schedule changes. Email addresses are never shared for commercial or solicitation purposes. Note that messages are moderated to ensure the messaging system is used for appropriate club business only.

You do not need to have a Gmail address to subscribe to the TSR Google Group.

New members are automatically subscribed (using the email on file with the club). However, if you are a newer member without a Gmail address, you might have instead received an invitation to join the TSR Google Group. If you didn't see an invitation, please check your spam or contact the club webmaster at tsrhikers@gmail.com for assistance.

You do not have to sign in/log in to Google Groups in order to view or send messages. Messages will come directly to the email box that you subscribed with. Hike leaders can communicate schedule changes by simply addressing their email to tristateramblers@googlegroups.com.

For assistance, contact the club webmaster at tsrhikers@gmail.com.

BE A LEADER!

Please volunteer to LEAD! We can only keep our club vibrant with LEADERS! Contact the appropriate Outing Coordinator if you are interested in leading a hike, paddling trip or bike ride.

Useful information for leaders can be found on our website www.tristateramblers.org on the "For Leaders" page.

DIRECTIONS

Unless given with the event listing, directions for meeting places are available on our club website www.tristateramblers.org.

Using SignUp Genius

SIGNING UP FOR A TSR EVENT

In our weekly email you can find a link to:

● The schedule for the current month.

● Signup Genius so you can register for the events you want to attend.

The Members Only page of our website also includes the same information as the weekly email. *Bookmark* this page so it is easily accessible.

Remember these basic rules (applicable for hikes only, bike and paddle signups are not restricted):

- Members are limited to initially sign up for **two hikes per week**.
- Join additional hikes if there is space available by signing up *after 8:00 PM the night before* and writing "after 8 PM" in the comments section.
- Whenever you sign up on the **waitlist**, put in the comment area "1st hike" or "2nd hike." It helps our hardworking volunteers to monitor the signups more easily. Your 2nd hike signup will always be on the waitlist.
- **Do not jump the queue**. Before adding your name to the hiker list, review the waitlist to see if anyone else is a "1st hiker." If so, add your name to the waitlist with "1st hike" in the comment area. Our hardworking volunteers will move you to the main list if there is availability. Signups are time stamped, so be assured that names are moved in the order of signup.
- **Similarly, do not "move" yourself** from the waitlist to the hiker list. Our hardworking volunteers will move you when they have the opportunity to do so.
- **If you need to cancel**, please remove your name *before 8:00 PM the day before* the hike. Otherwise there may be people on the waitlist who miss the opportunity to hike.
- Should an emergency arise and you have to cancel the morning of the hike, please let the leader know *by at least one hour before the start time*, as there are trailheads with no cell reception.
- Click here for complete signup rules. We appreciate your cooperation.

After signing up, you will receive a confirmation email. **Save this email, it will make it easier if you need to change your signup.**

DELETING YOUR SIGNUP

Follow the directions in the file "Deleting your Signup", which you can also find on the SignUp Genius page, right above the list of all the hikes.

You can only delete your signup or add a comment to your signup. If you want to change hikes, you will have to delete your hike and then sign up for the new hike.

OTHER IMPORTANT REMINDERS

● All participants are REQUIRED to PRE-REGISTER online when an activity is listed on SignUp Genius.

● Anyone who shows up for an activity that is listed on SignUp Genius without signing up will not be permitted to participate.

● Members who are unable to participate in an event for which they signed up must change their RSVP status immediately.

● Members who sign up and do not show up will be issued up to two warnings. After three violations members may no longer sign up for any events that require limits in participation.

● By signing up, members agree to abide by the club rules and procedures.

● SignUp Genius does NOT restrict the number of hikes you can sign up for. YOU must keep track of the hikes you sign up for to ensure that you are not in violation of our guidelines. Members are limited in the number of sign-ups per week in order to give more members an opportunity to participate.

● A waitlist is available for each activity. Members are encouraged to sign up on the waitlist, even if there are several names already listed, to demonstrate the level of interest for an activity and perhaps motivate someone to volunteer to lead a second hike.

● Guests should not be signed up on Signup Genius.

● The TSR executive board reserves the right to manage sign-ups to ensure equitable access to members.

● Additional hike leaders may be needed some days to accommodate all members who wish to participate (i.e., even the members on the waitlist). The best way to increase the numbers of hikers that may participate each week is to increase the number of hikes each week. **Please consider volunteering to lead!**

— July to December 2026 —

WEDNESDAY, JULY 1 — Cushetunk Mountain Preserve, Clinton Township, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. This is a moderate 6-mile trail in Cushetunk Mountain Nature Preserve on the shores of Round Valley Reservoir. We will have steep climbs both at the beginning and the end for an elevation gain of 1,100 feet. We will follow the white, red Cushetunk, and return on the blue trail. Part of the trail runs along the Northeastern shore of the Reservoir. This hike is not recommended for beginners. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR Directions #1, Old Mountain Road.

THURSDAY, JULY 2 — Split Rock Reservoir, Boonton, NJ
Leader: Bill Medeot, cell 914-844-7038, billwp218@gmail.com
Start: 9:00 AM. Challenging 11-mile loop, 2000 feet with some scrambling, about 6 hours. We will be going around the reservoir in clockwise direction. Cross the bridge, (W) Four Birds Trail to (O) Beech over the northern section of the reservoir. Pick up the (B) Splitrock Trail to the (G) Connector back to the cars. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR Directions for Farny Area #5, Fisherman's Parking area.

ALT. THURSDAY, JULY 2 — Pyramid Mountain, Montville, NJ
Leader: Carolyn Smith, cell 201-264-0178, 58carolynsmith@gmail.com
Start: 9:30 AM. This will be a 5-mile 3-hour hike at a moderate pace, including stops for views, water and a snack. Rated as moderate by AllTrails, with an 873 ft elevation gain. Several uphill climbs in the beginning may be challenging for novice hikers who are unprepared. The route will be clockwise up the trail, ascending on the orange trail, and then returning to the Visitor's Center using yellow, green dot and orange trails. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: See TSR Directions #1, Visitor's Center.

FRIDAY, JULY 3 — Ramapo Valley County Reservation, Mahwah, NJ
Leader: Will Obecny, cell 603-540-3148, obecny@optimum.net
Start: 9:00 AM. This is a moderate 8-mile hike with an elevation gain of approximately 1,000 feet. We will hike up and around Bear Swamp as we first pass to the right of McMillan Reservoir and back going past the falls. The hike will be steep and rocky in several spots and take approximately 4 hours. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

SATURDAY, JULY 4
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, JULY 5 — Jockey Hollow National Park, Morristown, NJ
Leader: Udi Cohen, cell 732-543-4624, udic2000@gmail.com

Start: 9:00 AM. Join us for a 7.5-mile hike through Jockey Hollow, under 1,000 feet of elevation gain at a moderate pace with some rolling hills. Along the way, we will learn about the harsh winter conditions endured by the Continental Army. The hike also offers a nice viewpoint of New York City. We will stop for lunch at the historic Soldier Huts before continuing along the Great Loop Trail and returning to the parking area. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #1, Visitor Center.

MONDAY, JULY 6 — Colonial Park, Somerset, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 9:00 AM in parking lot F near the restrooms. We will walk along the Delaware and Raritan Canal for 3 miles at a Monday pace. This is a flat path. Option to walk longer after 3 miles if anyone would like to. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

TUESDAY, JULY 7 — Princeton Battlefield State Park, Princeton, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 9:30 AM. Walk to the path of the 250th Anniversary of Washington's retreat on July 4, 1776, then recreate the three separate parts of the battle on January 3, 1777. The trek will be approximately 6 miles, 2 mph pace, 200' elevation gain.. Facilities available. Bring: snack, water. Please note early start time.

(Bike) TUESDAY, JULY 7 — Columbia Trail, High Bridge, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. This will be a rail trail ride of about 7 hours. Hybrid, mountain or gravel bikes would be ideal. We are going from High Bridge to The Coffee Potter in Long Valley, then back to High Bridge. The terrain is relatively flat, and mostly packed fine stone. Pace will be relaxed; no one gets left behind. There are two new modern restrooms at the beginning/end of the ride. There is one modern restroom at the Coffee Potter in Long Valley. We will stop for lunch/snack at the Coffee Potter, before returning to High Bridge. **Helmets are mandatory**. Anyone without a helmet will be turned away. No exceptions. Facilities available. Bring: lunch, snack, water, spare tube and a flat repair kit.

WEDNESDAY, JULY 8 — Cooper Mill, Chester, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. This will be an approximately 7.2-mile hike along the Black River starting from the Cooper Grist Mill. Hike will be at a moderate pace with approximately 700 feet of elevation. Hike is considered moderate due to length. We will stop for a snack / lunch at about the halfway point. As always, no one will be left behind. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

THURSDAY, JULY 9 — Ladentown, Harriman State Park, NY
Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com
Start: 9:00 AM. 8 miles, 1600 ft elevation gain at a brisk pace (2+ mph) on the Suffern-Bear Mountain trail to Panther mountain, Third Reservoir, and Big Hill, then returning via the Second

Reservoir and Can Top trails. With steep inclines, possible water crossings and rock scrambles, this hike is for experienced hikers. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: TMI Trail Parking. Take Exit 13 off the Palisades Parkway, right turn on Route 202 to Ladentown Rd., make a right on Mountain Rd., then left on Diltz Rd. Park in the gravel lot on the right.

ALT. THURSDAY, JULY 9 — Ted Stiles Preserve, Titusville, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 9:00 AM. Approx 5 mi; 2 mph; 500' elev; lunch with view of Delaware River and Washington's Crossing. Optional early out. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: Meet at hikers' parking lot off Fiddler's Creek Road (near 90 Fiddler's Creek Rd.) at sign for "Bald Pate Mountain at Ted Stiles Preserve" (GPS 40.31719, -74.8887). (Not at the adjacent paved main driveway to Visitor's Center.).

ALT. THURSDAY, JULY 9 — South Mountain Reservation, West Orange, NJ
Leader: Donna and Steve Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 9:30 AM. A moderately paced loop hike of 6 to7 miles from West Orange to Millburn and back. Various views including water and cascades with a 20 min lunch stop. Approx 3 1/2 to 4 hours. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #8, Tulip Springs.

(Paddle) FRIDAY, JULY 10 — Shepherd Lake, Ringwood, NJ
Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com
Start: 10:00 AM. Shepards Lake is a 74 acre scenic lake and park. Entrance fee, which includes use of the lake, is waived for seniors (62+) by showing a NJ State Park Service Senior Citizen Pass Card. They are not available at Shepard Lake. Try a NJ State Park near you if you are 62 or older (free, good for life, all NJ parks). Those younger pay $10. Launch is from the grass or a cradle on a dock. Paddle will last about 2 hrs. While it offers boating, there is no swimming at this time. Boat rentals are available by contacting Flat Water Paddle Co. at 845-351-8331 or online at flatwaterpaddle.com. Alternately, you can wait till the day of, but you will not be assured of a boat. There is a playground area with picnic tables and porta-johns. Bring: lunch, snack, water, bug spray. A personal flotation device MUST BE WORN while on the water.
Directions: Shepards Lake Boathouse, 1081 Greenwood Lake Turnpike, Ringwood, 41.136°N, -74.256°W

SATURDAY, JULY 11 — Cooper Mill, Chester, NJ
Leader: Ed Taylor, cell 732-770-7858, eltaylor1168@gmail.com, Mary Taylor, cell 908-285-2940, emctaylor@verizon.net
Start: 9:00 AM. Hike will be 6 to7 miles, moderate difficulty, rocky terrain, some hills (not steep). Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

SUNDAY, JULY 12 — Pyramid Mountain, Montville, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 9:00 AM. 5 miles over hilly, rocky terrain. There are 3 steep climbs. There will be an early out option. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #1, Visitor's Center.

MONDAY, JULY 13 — South Mountain Reservation, Millburn, NJ
Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM This will be a 3-mile hike starting at the Bramhall sign on Crest Drive (before the dog park). Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.
Directions: See TSR Directions #1, Dog Park.

TUESDAY, JULY 14 — Sourland Mountain Preserve, Hillsborough, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 10:00 AM. Approx. 6 mi, 700' elev gain, 2 mph pace, a circuit of the trails. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

WEDNESDAY, JULY 15 — Cushetunk Mountain Preserve, Clinton Township, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 10:00 AM. Challenging 7 mi, 1000' elev, 2mph pace. Explore almost all trails with lunch at Round Valley Lake. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #1, Old Mountain Road.

THURSDAY, JULY 16 — Norvin Green State Forest, Ringwood, NJ
Leader: Dean Leistikow, 908-789-9413, cell 908-451-5192 to be used day of event only, leistikow@fordham.edu
Start: 9:30 AM. About 8.5 miles and 1500 feet elevation. Follow the road and purple. R on purple to Wyanoke High Point. Follow teal (with short side trip to lunch at Otter Hole) then R on yellow on Buck Mtn. R on old road/trail. Cross green, then L on green back to parking lot. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: See TSR Directions #4, New Weis Center.

ALT. THURSDAY, JULY 16 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Paul Augustyniak, cell 973-219-4807, paugust586@aol.com
Start: 10:00 AM. Mountain Laurel in bloom! The hike features acres of beautiful white mountain laurel throughout 6 miles of ups and downs at a social pace. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions #2, Saffin Pond.

(Paddle) FRIDAY, JULY 17 — Millstone River put-in at Carnegie Lk, Princeton, NJ
Leader: Terri Petner, cell 732-221-5474, tbrillig@optonline.net, Jen Rizzo, cell 908-227-5981, jeniferrizzo@gmail.com

Start: 10:00 AM. Millstone River put-in on Maplewood Ave off Rt 27, where Carnegie Lk Princeton ends. This paddle trip is rated Quiet Water (QW), generally a slow moving current. Probably about a 3hr/up to a 7-mile paddle. No take-out place to stop for lunch/snacks so snack in your boat. This part of the Millstone River, once you leave the hightway & Rt 1 overpass behind, becomes remote and quiet and narrows to winding flatwater streams to explore with a potential for many wildlife sightings. Bring: lunch, snack, water, bug spray, sunscreen. A personal flotation device MUST BE WORN at all times while on the water.
Directions: Mapleton Road, Princeton, NJ, @ 40.34314596753942, -74.62865550747121 (nearby 776 Mapleton Rd, Princeton, NJ for GPS use. At this location is the drive-in entrance to a small parking lot). Usually a couple port-a-johns available. Put-into the river is right there. This is an in-and-out, no shuttling needed.

SATURDAY, JULY 18
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, JULY 19 — Tourne Park, West Entrance, Denville, NJ
Leader: Bill LaChance, cell 973-216-8748, bill@wjladvisors.com
Start: 10:00 AM. We will do a 4- to 5-mile hike at a moderate pace, approx. 2 1/2 hours. Portable facilities available. Boots/poles recommended. Bring: snack, water.

MONDAY, JULY 20 — Nomahegan Park, Cranford, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. A 3-mile walk on level paved/stone trail. Perfect for beginners. Sneakers are okay. Portable facilities available. Bring water. Facilities available. Boots/poles recommended

TUESDAY, JULY 21 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Tim Burman, cell 732-682-8684 to be used day of event only, timburman@gmail.com
Start: 10:00 AM. 8 miles, 825 feet elevation, moderate trails. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #2, Saffin Pond.

WEDNESDAY, JULY 22 — Jockey Hollow National Park, Morristown, NJ
Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, biggsgail@yahoo.com
Start: 9:30 AM. Hike 4-5 miles at a moderate pace along stream to overlook. Some hills. Well maintained stream crossings. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #1, Visitor Center.

THURSDAY, JULY 23 — Ramapo Mountain State Forest, Oakland, NJ
Leader: Louis Thompson, cell 732-239-1012, ltpt1@yahoo.com
Start: 9:30 AM. This will be an 8- to 9-mile hike with an elevation gain of ~1300 ft. Pace will be 2-2.5 mph. We will start on the blue trail, follow the white to the castle ruins, red, then back on the blue to the parking lot. No facilities available. Boots/poles recommended. Bring: lunch,

snack, water, bug spray. Please note early start time.
Directions: See TSR Directions lower lot.

ALT. THURSDAY, JULY 23 — South Mountain Reservation, West Orange, NJ
Leader: Donna and Steve Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 9:30 AM. A moderate paced 6-mile hike crossing the Girl Scout bridge to the other side of the park to visit the top of Hemlock Falls with a crossing over a few rocks to climb up to the walkway (a mild challenge) and crossing the top of the smaller falls and an uphill and down to get to cross over the pine bridge and head back along the orange trail to Turtle Back rock. About 3 1/2 - 4hrs, if we want to sit for 10 min at the top of falls. Beautiful spot for a break. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #9, Turtle Back Rock.

FRIDAY, JULY 24 — Colonial Park, Somerset, NJ
Leader: Jeff Bross, 732-545-9841, cell 732-991-6560, jeff1hike@gmail.com
Start: 10:00 AM. This hike is an easy 3.5 miles along the very flat D&R Canal. We will hike back through the Colonial Park Rose Garden. Facilities available. Bring water.
Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

(Paddle) FRIDAY, JULY 24 — Paulinskill Lake, Newton, NJ
Leader: Jean Fletcher, 973-285-5263, cell 973-452-1567 to be used day of event only, jrfletc@optonline.net
Start: 10:00 AM. We will paddle in the waters upstream of the Paulinskill Lake cottage community, either going upstream until it becomes shallow or downstream in the lake above the cottage community, for about 4 hours. No facilities available. Bring: lunch, snack, water, bug spray and short rope to attach to front of boat. A personal flotation device MUST BE WORN at all times while on the water.
Directions: Park along the road on the berm.

SATURDAY, JULY 25 — Jockey Hollow National Park, Morristown, NJ
Leader: Ed Taylor, cell 732-770-7858, eltaylor1168@gmail.com, Mary Taylor, cell 908-285-2940, emctaylor@verizon.net
Start: 9:00 AM. 6 mi., moderate difficulty, some hills, leader's choice of trails. Facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.
Directions: See TSR Directions #1, Visitor Center.

SUNDAY, JULY 26
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

MONDAY, JULY 27 — Loantaka Brook Reservation, Morris Twp., NJ
Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, biggsgail@yahoo.com
Start: 9:30 AM. Level 3-mile hike on both paved and wooded paths. Portable facilities available. Bring: water, bug spray. Please note early start time.

Directions: See TSR Directions #1, Kitchell Road.

TUESDAY, JULY 28 — Watchung Reservation, Mountainside, NJ
Leader: Neil Sullivan, cell 201-787-0491, neilmsullivan@yahoo.com
Start: 10:00 AM. An approximately 8-mile hike with 800 feet of elevation. Moderate pace, 2-2.5 mph. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions #1, Trailside Nature Center.

WEDNESDAY, JULY 29
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

THURSDAY, JULY 30 — Reeves Meadow, Harriman State Park, NY
Leader: Anastasia Tavarez, cell 646-207-4136, atavare@gmail.com
Start: 9:00 AM. This is a strenuous 8-mile loop hike at a vigorous pace to Pine Meadow Lake via the Russian Bear. Over 1500 feet elevation gain. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: See TSR directions for Harriman State ParkPark, Locations off Seven Lakes Drive.

ALT. THURSDAY, JULY 30 — Tourne Park, East Entrance, Boonton, NJ
Leader: Neil Sullivan, cell 201-787-0491, neilmsullivan@yahoo.com
Start: 10:00 AM. Tourne loop, 5 miles, 700 feet elevation gain, 2-2.5 mph pace. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.
Directions: See TSR Directions #3, Baseball Field Parking Lot.

FRIDAY, JULY 31 — Watchung Reservation, Mountainside, NJ
Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 9:30 AM at visitor center lot. 5-mile hike with rolling hills. Moderate pace. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #1, Trailside Nature Center.

(Paddle) FRIDAY, JULY 31 — Pompton Lake, Pompton Lakes, NJ
Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com
Start: 10:00 AM. We will launch at the Potash Lake Recreation Area boat launch. We will explore the coves and enjoy the wildlife as we hug the shoreline of this pretty lake for about 6 miles. No facilities available. Bring: lunch, water. A personal flotation device MUST BE WORN at all times while on the water.
Directions: GPS 41°01.442' N, 74°15.505' W. From I-287 N, take Exit 57 towards Skyline Drive/Ringwood. In 0.5 miles, turn right onto West Oakland Ave. go 0.4 miles to the parking lot on the left.

SATURDAY, AUGUST 1
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, AUGUST 2 — Apshawa Preserve, West Milford, NJ
Leader: Neil Sullivan, cell 201-787-0491, neilmsullivan@yahoo.com
Start: 10:00 AM. Moderate loop trail, 5 miles, 700 feet elevation. Speed will be 2 to 2.5 mph. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

MONDAY, AUGUST 3 — Watchung Reservation, Mountainside, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM at the Horse Stables for a 3-mile hike at 1160 Summit Lane, Mountainside. Facilities available. Boots/poles recommended. Bring water.

TUESDAY, AUGUST 4 — Pyramid Mountain, Montville, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 9:30 AM. This is a 4- to 5-mile loop hike on the Turkey Mountain side at a moderate pace. Expect over 600 feet of elevation gain, some sustained climbs, and a waterfall. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR Directions #1, Visitor's Center.

WEDNESDAY, AUGUST 5 — Merrill Creek Reservoir, Phillipsburg, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. This will be an approximately 5.6-mile hike along the perimeter trail around Merrill Creek Reservoir. Elevation will be around 700 feet. We may be treated to a view of the resident bald eagles flying around the reservoir; however, appearances are unpredictable. We will stop for a lunch/snack break around the halfway point, where there is also a portable potty. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: Meet at the Visitor Center on your right as you enter the grounds. If you see the boat ramp in front of the parking lot you missed the turn for the visitor center.

THURSDAY, AUGUST 6 — Sterling Forest State Park, Warwick, NY
Leader: Bill Medeot, cell 914-844-7038, billwp218@gmail.com
Start: 9:00 AM. This is a moderate to difficult 9-mile hike with about 1400 feet elevation gain. It should take about 5 hours. Start on the blue-blazed trail to the AT in a northern direction. The Eastern Pinnacles will be the first scramble. Continue on the AT to the rock outcrop of Cat Rocks. Hopefully at Fitzgerald Falls there will be water coming off the cliff, but more likely a mere trickle at this time of year. We will loop up and around the fall to the blue trail back to the AT in a southern direction. At the end we will take the blue-blazed trail back to the cars, then truly finish the hike at the Bellvale Farms Creamery! Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: Meet at the Mt Peter Hawk Watch Trailhead off of Rt 17A. You can follow the TSR Directions for APPALACHIAN TRAIL, MOUNT PETER but continue to and turn into the entrance to the Bellvale Farms Creamery. With the Creamery on your left, continue a short bit to the intersection of Kain Rd and Pysners Peak where you take a right turn on the dirt road into the parking lot.

ALT. THURSDAY, AUGUST 6 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net

Start: 10:00 AM. 6.7-mile hike, moderate 2 mph pace, 617 ft elevation gain. We will follow the Highland trail, then the white trail, then back to the parking lot via the green trail. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions #2, Saffin Pond.

ALT. THURSDAY, AUGUST 6 — South Mountain Reservation, Millburn, NJ
Leader: Donna and Steve Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 9:30 AM. A moderate hike of 4-5 miles through fun varied trails passing by Greenwood gardens perimeter with rolling up and down hills (not the dog park lot). Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #2, Dogwood Hillside.

(Paddle) FRIDAY, AUGUST 7 — Split Rock Reservoir, Boonton, NJ
Leader: Helen Lippman, cell 973-747-2770, helenlipp01@gmail.com
Start: 10:00 AM. Paddle for approximately 4 hours throughout the reservoir, with a stop for lunch. Bring: lunch, water, bug spray. Sunscreen recommended. A personal flotation device MUST BE WORN at all times while on the water.
Directions: See TSR Directions Farny Area #5, Fisherman's Parking area.

SATURDAY, AUGUST 8
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, AUGUST 9 — Sourland Mountain Preserve, Hillsborough, NJ
Leader: Udi Cohen, cell 732-543-4624, udic2000@gmail.com
Start: 9:00 AM. Come enjoy an 8.5-mile hike in the Sourland Mountain Preserve, under 800 feet of elevation gain at a moderate pace with some hills. Scale the valley of rocks and see the Devils half acre. Be prepared for a great view of NYC. We will see small waterfalls and streams along the way. Portable facilities available. Boots/poles recommended. Please note early start time. Bring: lunch, snack, water, bug spray.

MONDAY, AUGUST 10 — Colonial Park, Somerset, NJ
Leader: Jeff Bross, 732-545-9841, cell 732-991-6560, jeff1hike@gmail.com
Start: 10:00 AM. This hike is an easy 3.5 miles along the very flat D&R Canal. Facilities available. Bring water.
Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

TUESDAY, AUGUST 11 — Norvin Green State Forest, Ringwood, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 9:30 AM. This hike of about 6 miles will go to High Point as well as the Roomy Mine. Note: cell service is very poor/nonexistent at the trailhead. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR Directions #4, New Weis Center.

WEDNESDAY, AUGUST 12 — Colonial Park, Somerset, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 9:00 AM in parking lot F near the restrooms. We will walk along the D&R Canal for approximately 6 miles at a moderate pace on a flat path. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

THURSDAY, AUGUST 13 — Ramapo Mountain State Forest, Oakland, NJ
Leader: Dean Leistikow, 908-789-9413, cell 908-451-5192 to be used day of event only, leistikow@fordham.edu
Start: 9:30 AM. 8.5 miles, somewhat strenuous hike (via blue, red, Wanaque Ridge, Castle, etc. trails) at a vigorous pace with 1500 ft. elevation gain. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: See TSR Directions to lower lot.

ALT. THURSDAY, AUGUST 13 — Cooper Mill, Chester, NJ
Leader: Carolyn Smith, cell 201-264-0178, 58carolynsmith@gmail.com
Start: 9:30 AM. Black River Trail Loop. This trail is rated 'Moderate' in AllTrails. It is 6.3 miles with a 675 ft elevation gain. There are lots of tree roots and rocks with several steep grades. The loop travels over rolling terrain along the Lamington River and through the forest and open fields. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

(Paddle) FRIDAY, AUGUST 14 — Cranford Canoe Club, Cranford, NJ
Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com
Start: 11:00 AM. Paddle the Rahway River thru Cranford. Paddle past back yards and parks. Cranford is known as the Venice of New Jersey with its many bridges and waterways. You will need to rent for this trip unless you have a Union County Pass, which can be purchased for the life of your boat through Union County. Facilities and picnic tables are available. You can bring lunch or possibly buy ice cream. Kayak/Canoe Rental costs are as follows: $30 per canoe for 2 hours. $30 per kayak for 2 hours, $40 per tandem kayak for 2 hours. You will need to handle your own rentals, which can be done on site the same day. To reach Cranford Canoe Club please call (908)709-7285 during working hours or email contactus@cranfordcanoeclub.com. Facilities available. Bring: lunch, snack, bug spray, money for ice cream. A personal flotation device MUST BE WORN at all times while on the water. Please note later start time.
Directions: Cranford Canoe Club, 250 Springfield Avenue. From 78 East and West Take Exit 49 to town of Springfield. Take Springfield Ave. to Meisel Ave. From Meisel Ave. head to South Springfield Ave. and cross over Route 22. Follow Springfield Ave. pastUnion County College. We are on the corner of Orange and Springfield Ave., at the next light. From Garden State Parkway North and South take Exit 137 and bear right on ramp. At 3rd light make a right onto Springfield Avenue. We are located at the intersection of Orange Ave. and Springfield Ave., at the second light.

SATURDAY, AUGUST 15
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, AUGUST 16 — Eagle Rock Reservation, West Orange, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 9:00 AM. 5 miles over mostly gently, rolling terrain.There are some hills, but nothing too strenuous. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

MONDAY, AUGUST 17 — Great Swamp, Chatham, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. This is a 3-mile Monday level walk on crushed stone and boardwalk walkway. Facilities available. Boots/poles recommended. Bring water.
Directions: See TSR Directions #1, Morris County Outdoor Education Center.

TUESDAY, AUGUST 18 — Pequannock Watershed, West Milford, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 9:30 AM. This is a 7-mile hike at a moderate pace (around 2 mph) with an elevation gain of 600 ft. We will hike the Old Coal Trail and the Buddha Trail, going on to the Lookout lake, and then make our way back via the Old Coal Trail. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: See TSR Directions for Pequannock Watershed, P-7.

WEDNESDAY, AUGUST 19 — West Essex Trail, Verona, NJ
Leader: Shelley Schwartz, cell 973-580-3903, shelleyschwartz@hotmail.com, Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com
Start: 10:00 AM. The West Essex Trail follows the former rail bed of the Caldwell Branch on the old Erie-Lackawanna Railroad. Approximately 5 miles on dirt, mostly leafy canopy, some rocks and roots but basically a straight path through a wooded area. We will travel from Verona through Cedar Grove into Little Falls with some street crossings. Appropriate for beginners. An early out is possible. You will see backyards, some urban settings, a trestle bridge over the Peckman River, woodlands, etc. Possible deer sightings and a passing train. No facilities available. Boots/poles recommended. Bringwater.

THURSDAY, AUGUST 20 — Norvin Green State Forest, Ringwood, NJ
Leader: Louis Thompson, cell 732-239-1012, ltpt1@yahoo.com
Start: 9:30 AM. We will hike 7-8 miles at a 2-2.5 mph pace, with 1,500 ft. elevation gain. We will take the green to the yellow for a scramble, then up to a lookout on the pink trail, then down the red, and back on the green. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #4, New Weis Center.

ALT. THURSDAY, AUGUST 20 — South Mountain Reservation, West Orange, NJ
Leader: Neil Sullivan, cell 201-787-0491, neilmsullivan@yahoo.com
Start: 10:00 AM. Hike to Hemlock Falls. 5 miles, 500 feet elevation, 2+mph. Boots/poles

recommended. Bring: snack, water.
Directions: See TSR Directions #8, Tulip Springs.

FRIDAY, AUGUST 21 — Shepherds Lake, Ringwood, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 9:30 AM. 7-mile hike at a moderate pace (average about 2 mph), 1066 ft elevation gain. We will take the red trail over Mount Defiance, then make the loop via the white, pink and White's Road. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

(Paddle) FRIDAY, AUGUST 21 — Millstone River put-in at Carnegie Lk, Princeton, NJ
Leader: Terri Petner, cell 732-221-5474, tbrillig@optonline.net, Jen Rizzo, cell 908-227-5981, jeniferrizzo@gmail.com
Start: 10:00 AM. Millstone River put-in on Maplewood Ave. off Rt. 27, where Carnegie Lk Princeton ends. This paddle trip is rated Quiet Water (QW), generally a slow moving current. Probably about a 3hr/up to a 7- mile paddle. No take-out place to stop for lunch/snacks so snack in your boat. This part of the Millstone River, once you leave the highway & Rt. 1 overpass behind, becomes remote and quiet and narrows to winding flatwater streams to explore, with a potential for many wildlife sightings. Bring: lunch, snack, water, bug spray, sunscreen. A personal flotation device MUST BE WORN at all times while on the water.
Directions: Mapleton Road, Princeton, NJ, @ 40.34314596753942, -74.62865550747121 (nearby 776 Mapleton Rd, Princeton, NJ 08540 for GPS use. At this location is the drive-in entrance to a small parking lot). Usually a couple port-a-johns available. Put-into the river is right there, a short carry then slide down into the water. This is an in-and-out, no shuttling needed.

SATURDAY, AUGUST 22
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, AUGUST 23 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Bill LaChance, cell 973-216-8748, bill@wjladvisors.com
Start: 10:00 AM. We will do a 4- to 5-mile hike at a moderate pace, approx. 2 1/2 hours. Portable facilities available. Boots/poles recommended. Bring: snack, water.
Directions: See TSR Directions #2, Saffin Pond.

MONDAY, AUGUST 24 — Natirar Park, Peapack, NJ
Leader: Donna and Steve Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM. This will be a 3-mile moderately paced hike through beautiful Natirir Park. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

TUESDAY, AUGUST 25 — Elk Pen, Harriman State Park, NY
Leader: Neil Sullivan, cell 201-787-0491, neilmsullivan@yahoo.com
Start: 10:00 AM. Island Pond Mountain Loop is 7.2 miles with1500 feet elevation. Moderate pace, 2+ mph. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR directions for Harriman State Park, Locations off NY 17.

(Paddle) TUESDAY, AUGUST 25 — White Lake, Blairstown, NJ
Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com
Start: 10:00 AM. This is FREE-of-charge. For one hour, kayaks, paddles and PFDs will be provided to you. There will be time slots of 10:00 am, 11:00 am and 12:00 pm. There are 4 single kayaks and 2 tandems. Only 8 at a time can go out, a total of 24 over the course of the day. Please show up early. First come, first served. The White Lake Natural Resource Area is a beautiful 396-acre preserve. The park's most notable feature, White Lake, is a deep 69-acre spring-fed water body. The lake is named after the white chalky marl bottom which is composed of freshwater mollusk shells and clay. There are also picnic tables set up in this beautiful area overlooking the lake. Portable facilities available. Bring: lunch, snack, water, bug spray. A personal flotation device MUST BE WORN at all times while on the water.

WEDNESDAY, AUGUST 26 — Cushetunk Mountain Preserve, Clinton Township, NJ
Leader: Tim Burman, cell 732-682-8684 to be used day of event only, timburman@gmail.com
Start: 10:00 AM. 7 miles, early steep climb, descend to the lake, walk the trail along the lake, then follow the trail up to the ridge again and head home. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #1, Old Mountain Road.

THURSDAY, AUGUST 27 — Ramapo Valley County Reservation, Mahwah, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 10:00 AM. This moderately strenuous 8-mile hike will travel on the yellow, blue, red/silver, and orange trails to a panoramic viewpoint overlooking the Manhattan skyline. After lunch at the overlook, return will be on the yellow, yellow/silver, red, blue, and yellow trails. Facilities available. Boots/poles recommended. Bring: lunch, water.

ALT. THURSDAY, AUGUST 27 — Ringwood Manor, Ringwood State Park, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. This will be a 5.5-mile moderate hike, at an average pace around 2 mph, 830 ft elevation gain. The hike is a lollipop, with the white Hewitt Connector trail as the stick and the blue Ringwood Manor trail as the loop. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: Meet at Parking Lot B. Follow TSR directions to Ringwood Manor but continue past the first parking lot to the second (upper) one, next to a small playground. It is listed as Parking lot B on Google maps.

FRIDAY, AUGUST 28 — South Mountain Reservation, West Orange, NJ
Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 9:30 AM across from the swan boats on Cherry lane for a 5- to 6-mile moderately paced hike with gradual climbs and varied terrain. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #6, Oakdale.

(Paddle) FRIDAY, AUGUST 28 — Swartswood Lake, Swartswood, NJ
Leader: Paul Augustyniak, cell 973-219-4807, paugust586@aol.com

Start: 10:00 AM. This shoreline is a mixture of residential and state park land. We will paddle about 6 miles. Facilities available. Bring: lunch, water, bug spray. A personal flotation device MUST BE WORN at all times while on the water.
Directions: Pass the main entrance to park and look for the boat ramp parking area on the right.

SATURDAY, AUGUST 29 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 10:00 AM. This is a 6-mile point-to-point hike on the Rockaway River WMA past Lost Lake and into Mahlon Dickerson Reservation. Shuttle required. Moderate to strenuous with some steep sections. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions for Mahlon Dickerson Reservation #3, Saffin Rock Rill. NOT Saffin Pond.

SUNDAY, AUGUST 30 — Schooley's Mountain, Long Valley, NJ
Leader: Udi Cohen, cell 732-543-4624, udic2000@gmail.com
Start: 9:00 AM. This will be an 8-mile hike into and up Schooley's Mountain, under 1000 feet of elevation gain with several steep sections at a moderate pace. We will see the new set of stone steps that Morris County installed next to the waterfalls. We will be hiking a section of the Patriots' Path today. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: Meeting Place: Gillette Trail Parking Lot, 75 Rt-24, Long Valley, NJ. From I-80 Exit 27 (Rt-206 South): Continue southward on Rt-206 about 7+ mi to the Chester area at the light for the intersection of Rt-513/ (Rt-24). Turn right (west) onto Rt-513/(Rt-24) and continue 3.6 mi to the Gillette Trail Parking lot on the right. GPS (40.7843, -74.7661).

MONDAY, AUGUST 31 — Cooper Mill, Chester, NJ
Leader: Carol Czajkowski, 908-269-6162, cell 973-723-3382 to be used day of event only, martinandcarol2@gmail.com
Start: 10:00 AM. We will hike 3 miles along the scenic Black River. The trail is mostly level and pace will be social. Portable facilities available. Boots/poles recommended. Bring: snack, water.

TUESDAY, SEPTEMBER 1 — Terrace Pond, West Milford, NJ
Leader: Neil Sullivan, cell 201-787-0491, neilmsullivan@yahoo.com
Start: 10:00 AM. Terrace Pond Loop. 7.1 miles, 1200 feet elevation. Moderate speed, 2 mph. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions for Abram Hewitt State Forest #2, Highlands Preserve but continue west on Warwick Turnpike. The trailhead is a small pullout on the right hand side traveling west. In the parking turnout, you'll see a hikers' sign which marks the black-square on-blue-blazed Terrace Pond North spur. If there isn't room, parking should be available in two other small pullouts further west. Google Maps labels it "Quail Trailhead". GPS 41.157511, -74.36748.

WEDNESDAY, SEPTEMBER 2
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

THURSDAY, SEPTEMBER 3 — Tuxedo Circular, Harriman State Park, NY
Leader: Anastasia Tavarez, cell 646-207-4136, atavare@gmail.com
Start: 9:00 AM. This is a strenuous 10-mile Deep Hollow to Lake Skenonto loop hike with 1900 feet of elevation gain. Parking charge of $5.00. Please download the ParkMobile app before coming on this hike as you will need to create an account to pay. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR directions for Harriman State Park, Locations off NY 17.

ALT. THURSDAY, SEPTEMBER 3 — Eagle Rock Reservation, West Orange, NJ
Leader: Donna and Steve Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM at gazebo by 9/11 Memorial for a 5-mile moderately paced hike with up and down hills, rocky areas, view of NYC, and multiple color trails. Portable facilities available. Boots/poles recommended. Bring: snack, water.

(Paddle) FRIDAY SEPTEMBER 4 — Merrill Creek Reservoir, Phillipsburg, NJ
Leader: Jean Fletcher, 973-285-5263, cell 973-452-1567 to be used day of event only, jrfletc@optonline.net
Start: 10:00 AM. We will circle the shore and paddle into the coves where the flooded tree stumps remain and many birds can be seen. There is a nice lunch spot. Speed will be determined by the group. The 650-acre reservoir and surrounding 290-acre Environmental Preserve is private property owned by a consortium of several electric sector companies. The property is designed and managed for low impact recreational use. Kayaks must be a minimum of 9 ft. and contain some type of factory-installed floatation. Canoes should be a minimum of 11 ft. 6 in. Expect total outing time to be about 4.5 hours. Portable facilities available. Bring: lunch, water. A personal flotation device MUST BE WORN at all times while on the water.
Directions: We will meet at the boat launch, which is on a different driveway than the Visitor Center. Follow signage.

SATURDAY, SEPTEMBER 5 — Lewis Morris Park, Morristown, NJ
Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com
Start: 10:00 AM. From the lowest parking lot for Sunrise Lake we will hike the Patriots' Path along the Whippany River into a short section of the Dismal Harmony Natural Area and return on the same trail for a total of 4 to 4.5 miles. The trail is through the woods, with flat terrain. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.
Directions: See TSR Directions #2, Sunrise Lake.

SUNDAY, SEPTEMBER 6 — South Mountain Reservation, West Orange, NJ
Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM. This will be a moderately paced 5-mile hike through varied terrain and rolling hills. Portable facilities available. Boots/poles recommended. Bring: snack, water.
Directions: See TSR Directions #9, Turtle Back Rock.

MONDAY, SEPTEMBER 7 — Rutgers Ecological Preserve, Piscataway, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 10:00 AM. We will hike 3 miles in the woods near the Rutgers Campus. This area is

mostly flat with a few small hills and a brook crossing. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

TUESDAY, SEPTEMBER 8 — Reeves Meadow, Harriman State Park, NY
Leader: Louis Thompson, cell 732-239-1012, ltpt1@yahoo.com
Start: 10:00 AM. The hike will be a moderately paced and moderately strenuous 6 to 7 miles with 1,200 ft. elevation gain, on the Pine Meadow, Kakiat, Raccoon Brook and Reeves Brook trails. This is one of the more challenging Tuesday hikes. The pace will be 2-2.5 mph. Please make sure this is in your comfort range. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR directions for Harriman State Park, locations off Seven Lakes Drive.

WEDNESDAY, SEPTEMBER 9 — Jockey Hollow National Park, Morristown, NJ
Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, biggsgail@yahoo.com
Start: 10:00 AM. Hike 4-5 miles to Mt. Kemble Overlook. Some hills and stream crossings. Moderate pace. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.
Directions: See TSR Directions #1, Visitor Center.

WEDNESDAY, SEPTEMBER 9 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Carolyn Smith, cell 201-264-0178, 58carolynsmith@gmail.com
Start: 10:00 AM. The hike features 6 miles of ups and downs at a social pace. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR Directions #2, Saffin Pond.

THURSDAY, SEPTEMBER 10 — Appalachian Trail, Warwick, NY to Hewitt, NJ
Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com
Start: 9:00 AM. This point-to-point route is 12 miles, 1600 feet elevation gain, rocky trail with steep sections, serious rock scrambles, and possible water crossings; this is for experienced hikers. Rocks can be very slippery when wet. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: Meet at Appalachian National Scenic Trailhead Parking, Hewitt, NJ (coordinates 41.20156539416257, -74.39120441468789). We will then take 1 or 2 cars and shuttle (15 minutes) to start the hike at Appalachian Trail Trailhead Parking, Warwick, NY.

ALT. THURSDAY, SEPTEMBER 10
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

FRIDAY, SEPTEMBER 11 — Wawayanda State Park, Hewitt, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. This is a 6.1-mile hike around Wawayanda Lake on the orange trail. Moderately rocky terrain with minor elevation changes at a moderate average pace around 2 mph. No facilities available. Boots/poles recommended. Bring: lunch, water bug spray.
Directions: See TSR Directions #3, Boat Launch.

(Paddle) FRIDAY, SEPTEMBER 11 — Meadowlands Estuary Paddling Ctr, Secaucus, NJ
Leader: Helen Lippman, cell 973-747-2770, helenlipp01@gmail.com
Start: 10:00 AM. Guided paddle of the Hackensack Meadowlands. Bring your own kayak ($20) or rent (singles, $30 and doubles, $60 available). Early signup is needed as a final count is requested about a week in advance. Rain date Sept. 19. Facilities available. Bring: snack, water, bug spray. Sunscreen suggested. A personal flotation device MUST BE WORN at all times while on the water. Paddle will be approximately 4 hours.

SATURDAY, SEPTEMBER 12
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, SEPTEMBER 13 — Farny Area, Rockaway, NJ
Leader: Carolyn Smith, cell 201-264-0178, 58carolynsmith@gmail.com
Start: 9:30 AM. We will hike 6.5 miles to Wildcat Ridge and Beaver Pond on various trails at a moderate pace. 945' elevation gain. Not for beginners. A few hundred feet from the start, we'll make a short stop to check out the bat cave. Lunch at Hawkwatch Wildcat Ridge. On the way back, we'll make a brief stop at the defunct St. Patrick's Cemetery, the site of an old mining town abandoned in the late 1800s. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.
Directions: See TSR Directions #1, Four Birds South Lot.

MONDAY, SEPTEMBER 14 — Loantaka Brook Reservation, Morris Twp., NJ
Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, biggsgail@yahoo.com
Start: 10:00 AM. Level 3-mile hike on both paved and wooded paths. Portable facilities available. Bring: water, bug spray.
Directions: See TSR Directions #1, Kitchell Road.

TUESDAY, SEPTEMBER 15 — Jockey Hollow National Park, Morristown, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 10:00 AM. This is a 6- to 7-mile moderate hike at a moderate pace. We will take the Grand Loop, Outer Loop, Brigade and Aqueduct trails and double back on the Grand Loop and Yellow trails to return. Mostly flat to rolling. Early outs available. Facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #1, Visitor Center.

WEDNESDAY, SEPTEMBER 16 — Watchung Reservation, Mountainside, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. Watchung Reservation History and Deserted Village Trails. We will hike approximately 6.1 miles along the History Trail starting from the Trailside Nature Center. Elevation gain should be around 500 feet. This trail is mostly wooded and travels along the shores of Lake Surprise at points. There may be some muddy spots if there is recent rain. We will also go through the Deserted Village where modern restrooms are available. Hike will be at a moderate pace and as always no one will be left behind. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

Directions: See TSR Directions #1, Trailside Nature Center.

THURSDAY, SEPTEMBER 17 — Silvermine, Harriman State Park, NY
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 10:00 AM. This is an 8- to 9-mile loop hike at a vigorous pace, with elevation gain in excess of 1,800 feet. We will take the Menomine trail to the RD and continue to the Long Path. We re-connect to the Menomine trail, with perhaps a detour to the natural cave shelter for the return to the parking lot. Note: cell service is very poor/nonexistent at the trailhead. Facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR directions for Harriman State Park, locations off Seven Lakes Drive.

ALT. THURSDAY, SEPTEMBER 17 — Wawayanda State Park, Hewitt, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. This will be a 6-mile hike around Wawayanda Lake on the orange trail. Moderately rocky terrain with minor elevation changes at a moderate average pace around 2 mph. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions #3, Boat Launch.

FRIDAY, SEPTEMBER 18 — Worthington State Forest, Columbia, NJ
Leader: Julie Stanton, cell 917-972-0212 to be used day of event only, julienyc@msn.com
Start: 9:30 AM. Hike 7.5 to 8 miles with over 1600 ft. of gain on the Douglas, AT and Garvey Springs trails. This hike starts with a steady but gradual climb up to Sunfish Pond and then to several viewpoints along the AT. We will have a 10-15 minute snack/lunch break at a beautiful overlook, then head back on the AT, with a steady downhill on the Garvey Springs trail. There is an early out about 3.5 miles into the hike. Note: this trail is very rocky and is not a beginner hike due to elevation, length and terrain. Facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.
Directions: See TSR Directions for Delaware Water Gap National Recreation Area #3, Douglas Parking Lot.

SATURDAY, SEPTEMBER 19
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, SEPTEMBER 20 — Shepherd Lake, Ringwood, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 10:00 AM. We will hike 6 miles over hilly, rocky terrain. After a steep initial climb, the hike is moderate. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: Park at the upper parking area, not down by the lake.

MONDAY, SEPTEMBER 21 — Watchung Reservation, Mountainside, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. This is a 3-mile hike to the water tower and white trail, with a slight Monday-

level upgrade. Facilities available. Boots/poles recommended. Bring water.
Directions: See TSR Directions #1, Trailside Nature Center.

TUESDAY, SEPTEMBER 22 — Boardwalk Walk, Belmar, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 10:00 AM. We will walk approximately 6 miles on the boardwalk stopping to enjoy the ocean view along the way. We begin in Belmar and walk south towards Spring Lake. Then we return to Belmar and walk north through Avon-by-the-Sea and Bradley Beach. Early out available after 4 miles. Sneakers are fine. Facilities available. Bring: lunch, snack, water.
Directions: Meet outside at Taylor Pavilion, 500 Ocean Ave (at 5th Ave. and Ocean Ave.), Belmar, NJ.

TUESDAY, SEPTEMBER 22 — White Bar Trail Head, Rt 106, Harriman State Park, NY
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 9:30 AM. This is a 5-mile hike, moderately strenuous because we climb 5 summits, with an elevation gain of 1600 ft. Moderate pace, around 2 mph on flat; could be slower on uphills. We follow the White Bar trail over both peaks of Car Pound Mountain, then the R-D trail over Parker Cabin, Tom Jones to Black Rock Mountain. We descend on the Nurian trail back to the White Bar trail. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: See TSR directions for Harriman State Park, Locations off US CR 106.

WEDNESDAY, SEPTEMBER 23 — Colonial Park, Somerset, NJ
Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com
Start: 10:00 AM. We will trek approximately 4 to 5 miles over flat fine gravel terrain. The hike will be along the D&R Canal. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.
Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

THURSDAY, SEPTEMBER 24 — Reeves Meadow, Harriman State Park, NY
Leader: Anastasia Tavarez, cell 646-207-4136, atavare@gmail.com
Start: 9:00 AM. This is a strenuous 8-mile hike along the Stony Brook and up Diamond Mountain, with 1900 feet elevation gain. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

ALT. THURSDAY, SEPTEMBER 24 — Tourne Park, West Entrance, Denville, NJ
Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com
Start: 10:00 AM. We will hike 5 to 6 miles with ups, downs, rocks and roots at a social pace. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

ALT. THURSDAY, SEPTEMBER 24 — Washington Valley Park, Martinsville, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 9:30 AM. Approx. 6 mi; 700' elev gain; 2 mph pace; optional early outs. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

FRIDAY, SEPTEMBER 25 — Skylands, Ringwood, NJ
Leader: Will Obecny, cell 603-540-3148, obecny@optimum.net
Start: 10:00 AM. This is a moderate 6-mile hike on the Five Ponds trail with an elevation gain of over 800 feet. There are several steep hills. We will hike at an average of over 2 mph. The hike is estimated to take around 3 hours. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR Directions #1, Parking Lot A.

(Paddle) FRIDAY, SEPTEMBER 25 — Monksville Reservoir, Hewitt, NJ
Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com
Start: 10:00 AM. We will start from the north grassy launch area and paddle 6-7 miles of shoreline, stopping along the way to eat our lunch. Bring: lunch, water. A personal flotation device MUST BE WORN at all times while on the water.

SATURDAY, SEPTEMBER 26
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, SEPTEMBER 27 — Norvin Green State Forest, Ringwood, NJ
Leader: Bill LaChance, cell 973-216-8748, bill@wjladvisors.com
Start: 10:00 AM. We will do a 4.7-mile hike at a moderate pace, approx. 2 1/2 hours. There are some uphill climbs, so this may be a challenging hike for a novice. No facilities available. Boots/poles recommended. Bring: snack, water.
Directions: See TSR Directions #2, Manaticut Point.

MONDAY, SEPTEMBER 28 — Tourne Park, East Entrance, Boonton, NJ
Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com
Start: 10:00 AM. This 3-mile hike will be on the Ogden Trail out and around Birchwood Lake and back. The trail is flat and mostly single file. Portable facilities available. Boots/poles recommended. Bring: water, bug spray.
Directions: See TSR Directions #3, Baseball Field Parking Lot.

TUESDAY, SEPTEMBER 29 — Lake Skannatati, Harriman State Park, NY
Leader: Jodi Ordover, cell 201-264-4206, jodi.ordover@gmail.com
Start: 10:00 AM. Moderate 6-mile hike over rocky and hilly terrain, with about 800 feet elevation gain (mostly in the first two miles). We will hike at a moderate pace, averaging about 2 mph. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

TUESDAY, SEPTEMBER 29 — Chimney Rock Park, Martinsville, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 10:00 AM. Approx. 6 mi, 600' elev gain; 2 mph pace, optional early out. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

WEDNESDAY, SEPTEMBER 30 — Cushetunk Mountain Preserve, Clinton Township, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. This is a moderate 6-mile hike in Cushetunk Mountain Nature Preserve on the shores of Round Valley Reservoir that has steep climbs both at the beginning and the end, for an elevation gain of 1,100 feet. We will follow the white, red Cushetunk trail and return on the blue trail. Part of the trail runs along the northeastern shore of the reservoir. This hike is not recommended for beginners. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR Directions #1, Old Mountain Road.

THURSDAY, OCTOBER 1 — Lake Sebago Boat Launch, Harriman State Park, NY
Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com
Start: 9:45 AM. This will be a strenuous 6- to 7-mile hike covering the full Seven Hills trail. Expect a lot of elevation gain and rock scrambles along with steep descents. A shuttle is required. Note: cell service is very poor/nonexistent at the trailhead. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

ALT. THURSDAY, OCTOBER 1 — Norvin Green State Forest, Ringwood, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. We will hike 5 miles at an average pace of 2 mph. Hike over rugged terrain with some short steep climbs, 700 ft elevation. We'll hike over Overlook Rock and Manaticut Point, with views of Lake Sonoma. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #2, Manaticut Point.

FRIDAY, OCTOBER 2 — Lake Skannatati, Harriman State Park, NY
Leader: Julie Stanton, cell 917-972-0212 to be used day of event only, julienyc@msn.com
Start: 10:00 AM. Hike at a brisk 2+ mph pace for approximately 6 to 6.5 miles, including an optional visit to an eerie mine shaft on the A-S, Dunning and Long Path trails. We will stop for a 10-15 minute snack/lunch break at Hogencamp Mountain. This hike has rolling hills and a stream crossing. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

(Paddle) FRIDAY, OCTOBER 2 — Lake Aeroflex, Andover Township, NJ
Leader: Paul Augustyniak, cell 973-219-4807, paugust586@aol.com
Start: 10:00 AM. We will explore the shoreline of the lake, including the water trails up at the far end. About 4 miles. Facilities available. Bring: lunch, water, bug spray. A personal flotation device MUST BE WORN at all times while on the water.

SATURDAY, OCTOBER 3
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, OCTOBER 4 — Allamuchy Mountain State Park, Stanhope, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 10:00 AM. Moderate to strenuous 5 miles on the Highland Trail over hilly, rocky terrain. Shuttle required. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: Follow TSR Directions for #3, North Allamuchy, but instead of crossing Waterloo Rd. to the parking area turn left on Waterloo Rd. toward Waterloo Village. Just past the Village on the left turn right onto a narrow, unmarked unpaved road which leads to the large Highland Trail Parking Area.

MONDAY, OCTOBER 5 — Loantaka Brook Reservation, Morris Twp., NJ
Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com
Start: 10:00 AM. This is a typical Monday hike. The terrain is flat, mostly along horse trails, for approximately 3 miles. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.
Directions: See TSR Directions #2, South Street.

TUESDAY, OCTOBER 6 — Cooper Mill, Chester, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 10:00 AM. 6 miles; 600' elev; 2 mph pace. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

WEDNESDAY, OCTOBER 7 — Natirar Park, Peapack, NJ
Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com
Start: 10:00 AM. We will cover approximately 4.5 miles across a variety of terrains. There is elevation past farmland on gravel paths. Travel will also be along the river and through a short stretch of woods. We will finish along open land and through meadows. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

THURSDAY, OCTOBER 8 — Storm King Mountain, Cornwall-On-Hudson, NY
Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com
Start: 10:00 AM. This hike has 18 stars with some of the best views of any hike we do. This is a strenuous hike, approximately 7 miles long with 2500’ of elevation gain and will be at a vigorous pace. There is one big climb of 1000’. No facilities available. Boots/poles recommended. Bring: lunch, water.

ALT. THURSDAY, OCTOBER 8 — Mills Reservation, Cedar Grove, NJ
Leader: Rich Dugan, cell 973-768-0413, dmatthewsrd@yahoo.com
Start: 10:00 AM. This will be a 6-mile hike over a mix of terrain: 80% woods trails including two or three rocky uphills, and a short distance on railroad bed and grass power line. We will follow Lenape Trail for 2 + miles to Quarry Point with views of the NYC skyline before returning to start on the blue trail. There will be historic points of interest en route. Elevation gain ~ 500 feet, moderate pace. Boots/poles recommended. Bring: lunch, snack, water.

FRIDAY, OCTOBER 9 — Big Hill and Jackie Jones Mountain, Stony Point, NY
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. Moderately strenuous 7-mile hike over rocky and hilly terrain, with 1,100 feet elevation gain. We will hike at a moderate pace, around 2 mph. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR directions for Harriman State Park, Locations off US CR 106.

SATURDAY, OCTOBER 10 — South Mountain Reservation, Millburn, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 10:00 AM. We'll hike 6 miles to the falls and back. After an initial steep climb, the hike is moderate. Portable facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #4, Locust Grove.

SUNDAY, OCTOBER 11 — Lake Tiorati, Harriman State Park, NY
Leader: Will Obecny, cell 603-540-3148, obecny@optimum.net
Start: 10:00 AM. This is a moderately strenuous 7.5-mile hike with an elevation gain of approximately 1,394 feet. We will hike on the AT to the Bottle Cap through the Lemon Squeezer back to the AT and then the Long Path. This is not a hike for beginners. The hike will take over 4 hours. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

MONDAY, OCTOBER 12 — Allamuchy Mountain State Park, Stanhope, NJ
Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com
Start: 10:00 AM. This is an out and back 3-mile hike mainly on the Sussex Branch. There may be a short hill at the beginning of the hike and a stream crossing, but otherwise the trail is wide with minimal elevation (about 100 feet). There is the possibility of extending the hike on the Sussex Branch to Cranberry Lake, which would add 1.5 to 2.0 miles. Leaders option, although there will be an early out to limit the hike to 3 miles. Portable facilities available. Boots/poles recommended. Bring: water, bug spray, camera to photo autumn colors, (hopefully).
Directions: See TSR Directions #3, North Allamuchy.

TUESDAY, OCTOBER 13 — Terrace Pond, West Milford, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 9:30 AM. Hike 6-7 miles at a moderate pace with lunch at scenic Terrace Pond. We will take the trickier, rockier yellow trail. This is on the more challenging end for a Tuesday hike given the rocky trail and scrambles. There will be an option available to skip the 1 mile around Terrace Pond where we cross the floating bridge and climb the ladder (can wait or take your own early out). No facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR Directions for Pequannock Watershed, P-7.

WEDNESDAY, OCTOBER 14 — Cooper Mill, Chester, NJ
Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, biggsgail@yahoo.com
Start: 10:00 AM. Hike 4-5 miles at a moderate pace along the Black River to ruins of old-

fashioned bathhouse. Some hills. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

THURSDAY, OCTOBER 15 — Schunemunk Mountain State Park, Mountainville, NY
Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com
Start: 10:00 AM. This is a strenuous 7- to 8-mile hike at a vigorous pace with significant elevation gain of 2,000 feet. Views abound on this hike. Boots/poles recommended. Bring: lunch, water.

ALT. THURSDAY, OCTOBER 15 — Natirar Park, Peapack, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 10:00 AM at the parking lot near the portable bathroom. We will walk 6 miles through a mix of wooded areas, open fields and along the Raritan River. Elevation gain is approximately 575'. Option for early out. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.

ALT. THURSDAY, OCTOBER 15 — Pyramid Mountain, Montville, NJ
Leader: Paul Augustyniak, cell 973-219-4807, paugust586@aol.com
Start: 10:00 AM. We will hike 5-6 miles at a social pace on various Turkey Mountain trails. The hike starts with taking our time up the 100 steps on the yellow trail and later with a 300 ft hill at the 4-mile mark. At 2.3 miles in, we'll take an early lunch at the waterfalls. 700' elevation change. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions #1, Visitor's Center.

FRIDAY, OCTOBER 16 — Minnewaska State Park, New Paltz, NY
Leader: Julie Stanton, cell 917-972-0212 to be used day of event only, julienyc@msn.com
Start: 9:30 AM. This is a moderately challenging hike of approximately 7.5 miles with over 1100' elevation gain to Gertrude's Nose and Millbrook Mountain viewpoints. This hike has beautiful views with rocky and sometimes very steep sections. There is a $10 fee per car to enter the park which opens at 9:00 AM. Facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.
Directions: See TSR Directions #2, Lake parking (or upper parking lot).

FRIDAY, OCTOBER 16 — Ramapo Mountain State Forest, Haskell, NJ
Leader: Carolyn Smith, cell 201-264-0178, 58carolynsmith@gmail.com
Start: 10:00 AM. This will be a 7-mile lollipop hike with 1,000 feet elevation gain on the Indian Rock, Wanaque Ridge and Cannonball trails. There is a water crossing over a narrow bridge at the beginning and end of the hike. We will stop for a lunch break on the lake. Pace will be moderate at 2-2.5 mph. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR Directions for West Side, Back Beach Park.

(Paddle) FRIDAY, OCTOBER 16 — Wawayanda State Park, Hewitt, NJ
Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com
Start: 10:00 AM. We will paddle about 4 miles of shoreline in the quiet off-season. Facilities available. Bring: lunch, water. A personal flotation device MUST BE WORN at all times while

on the water.
Directions: You must use the main park entrance and continue past the park office. The back entrance is not open.

SATURDAY, OCTOBER 17 — Big Hill and Jackie Jones Mountain, Stony Point, NY
Leader: Jodi Ordover, cell 201-264-4206, jodi.ordover@gmail.com
Start: 9:30 AM. Moderate to strenuous 7-mile hike over rocky and hilly terrain, with 1,100 feet elevation gain. We will hike at a moderate pace of about 2 mph. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.
Directions: See TSR directions for Harriman State Park, Locations off US CR 106.

SUNDAY, OCTOBER 18 — Norvin Green State Forest, Ringwood, NJ
Leader: Tim Burman, cell 732-682-8684 to be used day of event only, timburman@gmail.com
Start: 10:00 AM. This hike will be bout 8 miles, moderate pace, 1000 feet elevation. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring lunch.
Directions: See TSR Directions #4, New Weis Center.

MONDAY, OCTOBER 19 — Jockey Hollow National Park, Morristown, NJ
Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 to be used day of event only, biggsgail@yahoo.com
Start: 10:00 AM. This will be a 3-mile hike starting from the Trail Center, NOT THE VISITORS CENTER. Hike includes wooded paths and very gentle hills. No facilities available. Boots/poles recommended. Bring water.
Directions: Follow TSR "Directions to Meeting Places" to Jockey Hollow, #3, Trail Center.

TUESDAY, OCTOBER 20 — Apshawa Preserve, West Milford, NJ
Leader: Yanling Cheng, cell 732-485-9922, yanlingcheng@yahoo.com
Start: 10:00 AM. About 6 miles and 800 ft total elevation gain over mixed terrain. Some sections can be rocky and steep. Some points of interest include waterfalls, a dam, water tank ruins from the early 1900's, and scenic views of Butler Reservoir. Lunch break by the reservoir. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

WEDNESDAY, OCTOBER 21 — Cooper Mill, Chester, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 10:00 AM. We will hike approximately 5 miles along the scenic Black River at a moderate pace. Lunch along the way at Kay's Cottage. Elevation gain is 500'. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.

THURSDAY, OCTOBER 22 — Cold Spring to Beacon, Cold Spring, NY
Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com
Start: 9:30 AM. This is a point-to-point hike so we will meet at 9:30 in Cold Spring and then drive/leave some cars at Beacon, where the hike ends. This strenuous hike is 9-10 miles with 2500 ft. of elevation. We will take the "easier" blue trail from the red and not the more difficult yellow to the top of Breakneck Ridge. There is a scramble up to the fire tower in Beacon with great views. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please

note early start time.
Directions: See TSR Directions for Cold Spring, NY.

ALT. THURSDAY, OCTOBER 22 — Cooper Mill, Chester, NJ
Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com
Start: 10:00 AM. The hike will be a lollipop route about 6.5 - 7 miles with ups, downs, rocks and roots. The return along the Black River is very pretty. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

(Paddle) FRIDAY, OCTOBER 23 — Little Swartzwood Lake, Newton, NJ
Leader: Paul Augustyniak, cell 973-219-4807, paugust586@aol.com
Start: 10:00 AM at the boat launch parking lot. This is a lovely small lake with picnic tables overlooking the lake. We will paddle ~3 miles. Portable facilities available. Bring: lunch, snack, water, bug spray. A personal flotation device MUST BE WORN while on the water.
Directions: See TSR Directions Swartswood State Park #2, Little Swartswood Lake.

SATURDAY, OCTOBER 24
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, OCTOBER 25 — Kittatinny Valley State Park, Newton, NJ
Leader: Sue Bennett, cell 732-735-8895, jerseyhyker@yahoo.com
Start: 9:00 AM. This is a mostly flat, 7- to 8-mile hike on rail trails and woods trails on the Andover Loop Trail. It circumnavigates Kittatinny Valley State Park and Lake Aeroflex (deepest natural lake in NJ), incorporating pieces of the Sussex Branch Trail, Hillside Park/Goodale Trail, Lehigh and Hudson River RR right of way, and trails in Kittatinny Valley State park. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR Directions #1, Visitor Center.

MONDAY, OCTOBER 26 — Central Park Of Morris County, Parsippany-Troy Hills, NJ
Leader: Tony Fanelli, cell 973-234-2632, fanellit@verizon.net
Start: 10:00 AM. This is a 3-mile mostly flat hike, pace 1.5 - 2 mph over paved, grass, gravel and hardpack. Facilities available. Boots/poles recommended. Bring water.

TUESDAY, OCTOBER 27 — Lake Skannatati, Harriman State Park, NY
Leader: Rosie Brancato, cell 203-586-8131, rosiehike@gmail.com
Start: 10:00 AM. Moderate 5.5-mile hike, 800 ft. elev., Long Path to Times Square, RD, Lichen, back on ASB. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

WEDNESDAY, OCTOBER 28 — Jockey Hollow National Park, Morristown, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 10:00 AM. Relaxed pace < 2 mph , 5 mi, 400' elev gain. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions #1, Visitor Center.

THURSDAY, OCTOBER 29 — Anthony Wayne Rec. Area, Harriman State Park, NY
Leader: Rosie Brancato, cell 203-586-8131, rosiehike@gmail.com
Start: 10:00 AM. 7.5-mile strenuous hike, 2,000 ft. elev., Fawn, Timp-Torne to Timp, back from Timp on RD via Cats Elbow. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: See TSR directions for Harriman State Park, Locations off the Palisades Parkway.

ALT. THURSDAY, OCTOBER 29 — Cedar Grove Park, Cedar Grove, NJ
Leader: Rich Dugan, cell 973-768-0413, dmatthewsrd@yahoo.com
Start: 10:00 AM. This will be a 5-mile loop hike, 450 elevation gain, to Hilltop Reservation following Lenape Trail, Outer Spruce to site of former Sanatorium, back on Lenape to Peace Trail, to Old Hilltop, reconnect with the Lenape for return to O'Toole Center. Route is basically all single track trail, a few short climbs, rocks, roots, but no rock scrambles. Good workout at moderate pace. Early out available. Facilities available. Boots/poles recommended. Bring: lunch, snack, water.

FRIDAY, OCTOBER 30 — Jenny Jump State Forest, Hope, NJ
Leader: Tim Burman, cell 732-682-8684 to be used day of event only, timburman@gmail.com
Start: 10:00 AM. Trek starts with a steady climb on easy to use trail, and then is relatively level. We will do a loop or two and then come back on the original climb. Hike is 8 miles and 825' of gain. Facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #2, Ghost Lake.

SATURDAY, OCTOBER 31 — Colonial Park, Somerset, NJ
Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com
Start: 10:00 AM. We will trek approximately 4-5 miles over flat, fine gravel terrain. The hike will be along the D&R Canal. Meet at Parking Lot F near the rest rooms. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.
Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

SUNDAY, NOVEMBER 1 ****Eastern Standard Time Begins****

SUNDAY, NOVEMBER 1 — Long Pond Ironworks, Hewitt, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 10:00 AM. 6 miles over hilly, rocky terrain. Lots of ups and downs; not for beginners. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: Follow TSR directions, BUT go 0.25 of a mile past the visitors center to the parking area on the left.

MONDAY, NOVEMBER 2 — Washington Valley Park, Martinsville, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 10:00 AM at Washington Valley Park parking lot, (not Chimney Rock). We will hike a 3-mile loop on the white wooded and crushed stone trail. Option to add a 2 mile second loop after we return to the parking lot. Portable facilities available. Boots/poles recommended. Bring:

snack, water.

TUESDAY, NOVEMBER 3 — Sterling Forest State Park, Tuxedo, NY
Leader: Neil Sullivan, cell 201-787-0491, neilmsullivan@yahoo.com
Start: 10:00 AM. Hike the Sterling Valley loop, 8.6 miles with 800 feet elevation. Moderate speed (2+ mph). Facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #1, Visitor's Center.

WEDNESDAY, NOVEMBER 4 — Cushetunk Mountain Preserve, Clinton Township, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. We will depart on the yellow trail and take the blue trail to the red, eventually arriving at the picnic area next to the Round Valley Reservoir. We will break for a quick snack/lunch and then return on the camp road. Approximate distance will be about 5 miles, with around 873 feet of elevation. We will hike at a relaxed pace, and as always no one will be left behind. No facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: See TSR Directions #1, Old Mountain Road.

THURSDAY, NOVEMBER 5 — Lake Sebago Boat Launch, Harriman State Park, NY
Leader: Bill Medeot, cell 914-844-7038, billwp218@gmail.com
Start: 10:00 AM. Strenuous 9-mile hike with about 2000' elevation gain at a vigorous pace. We will start on the (B) Seven Hills towards the Diamond Mountain Tower. Here we will take the (Y) Connector to the (R) Pine Meadow, then onto the (O) Hillburn-Torne-Sebago to the (R) Tuxedo Mt Ivy. After passing the Dutch Doctor Shelter the hike will continue on the (Y) Triangle. At Lake Skenonto we will take the (B) Victory to the (W) White Bar, once again passing the Dutch Doctor Shelter, then continue on the (R) T-MI to a Seven Lakes Drive unmarked trail along the lake all the way to Sebago Boat Launch. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

ALT. THURSDAY, NOVEMBER 5 — Farny Area, Rockaway, NJ
Leader: Paul Augustyniak, cell 973-219-4807, paugust586@aol.com
Start: 10:00 AM. We will hike 6.5 miles to Wildcat Ridge and Beaver Pond on various trails at a moderate pace. 945' elevation gain. Not for beginners. A few hundred feet from the start, we'll make a short stop to check out the bat cave. Lunch at Hawkwatch Wildcat Ridge. On the way back, we'll make a brief stop at the defunct St. Patrick's Cemetery, the site of an old mining town abandoned in the late 1800s. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions #1, Four Birds South Lot.

FRIDAY, NOVEMBER 6 — Natirar Park, Peapack, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 10:00 AM at the parking lot near the portable bathroom. This will be a 6- mile hike through a mix of wooded areas, open fields and along the Raritan River. Elevation gain is approximately 575'. Option for an early out. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.

FRIDAY, NOVEMBER 6 — Skylands, Ringwood, NJ
Leader: Will Obecny, cell 603-540-3148, obecny@optimum.net
Start: 10:00 AM. This is a moderate 8-mile hike involving several trails into part of Ramapo Reservation and back to Skylands, passing Ilgenstein Rock. It has an elevation gain of around 900 feet. We will hike at an average of over 2 mph. The hike will take approximately 4 hours. There are several hills, but nothing strenuous. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.
Directions: See TSR Directions #3, Parking Lot C.

SATURDAY, NOVEMBER 7 — Silvermine, Harriman State Park, NY
Leader: Jodi Ordover, cell 201-264-4206, jodi.ordover@gmail.com
Start: 10:00 AM. Moderate to strenuous 7-mile hike over rocky and hilly terrain, with 1,100 feet elevation gain. We will hike at a moderate pace averaging about 2 mph. Note: cell service is limited or non-existent in the parking lot. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

SUNDAY, NOVEMBER 8 — Sourland Mountain Preserve, Hillsborough, NJ
Leader: Tim Burman, cell 732-682-8684 to be used day of event only, timburman@gmail.com
Start: 10:00 AM. 6-7 miles, 600 ft elevation. Smooth trails after initial climb. Eearly out available. Facilities available. Boots/poles recommended. Bring lunch.

MONDAY, NOVEMBER 9 — Natirar Park, Peapack, NJ
Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com
Start: 10:00 AM. This is a hike mostly on flat terrain with some moderate elevation. The terrain is fine gravel along the Raritan River, through a short wooded area and along some open land and meadows. Hike will be about 3.5 miles in length. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

TUESDAY, NOVEMBER 10 — Shepherd Lake, Ringwood, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 10:00 AM. This will be a 7- to 8-mile moderately paced hike in Ringwood State Park. We will climb up Mt. Defiance on the red trail, continue on much of the Five Ponds loop, and return on the red trail. There are three major ascents, about 1,200 feet total elevation gain. Portable facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: Park in the upper lot (not down by the lake).

WEDNESDAY, NOVEMBER 11 — Watchung Reservation, Berkeley Heights, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. We will hike 4 miles in a clockwise direction [normal end will be beginning] and miss the steep rocky slope by the brook. Portable facilities available. Boots/poles recommended. Bring water.
Directions: See TSR Directions #2, Seeley's Pond.

THURSDAY, NOVEMBER 12 — Elk Pen, Harriman State Park, NY
Leader: Rosie Brancato, cell 203-586-8131, rosiehike@gmail.com
Start: 10:00 AM. This will be a moderately strenuous 8-mile circular hike, 1100' elev. We will hike the Valley of Boulders, Dunning and White Bar trails, then head back on the AT. Expect a vigorous pace. No facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: See TSR directions for Harriman State Park, Locations off NY 17.

ALT. THURSDAY, NOVEMBER 12 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com
Start: 10:00 AM. The hike will be about 6 miles with ups, downs, rocks and roots, at a social pace. There will be a tricky water crossing, so waterproof boots are recommended. Portable facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #2, Saffin Pond.

ALT. THURSDAY, NOVEMBER 12 — Eagle Rock Reservation, West Orange, NJ
Leader: Donna and Steve Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM at 911 memorial for a 5-mile moderately paced hike with varied color trails, rolling hills and view of NYC. Some rocky paths as well. Portable facilities available. Boots/poles recommended. Bring: snack, water, poles.

FRIDAY, NOVEMBER 13
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SATURDAY, NOVEMBER 14
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, NOVEMBER 15 — Chimney Rock Park, Martinsville, NJ
Leader: Sue Bennett, cell 732-735-8895, jerseyhyker@yahoo.com
Start: 10:00 AM. From Chimney Rock Park parking lot, we will walk approximately six miles in Washington Valley Park West on white, red and blue trails. This is a moderate hike with wooded terrain, some hills, and a view of the reservoir. Estimated 400' elevation. Facilities available. Boots/poles recommended. Bring: lunch, water.

MONDAY, NOVEMBER 16 — Lewis Morris Park, Morristown, NJ
Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com
Start: 10:00 AM. From the parking lot, the hike will proceed to the Patriots' Path along the Whippany River, then up to the Dismal Harmony Natural Area and back. Total about 3 miles and 1.5 hours. The trail is relatively flat with a few areas of rocks and roots. Portable facilities available. Boots/poles recommended. Bring: water, bug spray.
Directions: See TSR Directions #2, Sunrise Lake. At the first road T intersection turn left and into the low end of the parking lot. The hike will start here.

TUESDAY, NOVEMBER 17 — Lake Sebago Boat Launch, Harriman State Park, NY
Leader: Rosie Brancato, cell 203-586-8131, rosiehike@gmail.com

Start: 10:00 AM. This will be a moderate 6.5-mile hike, elev. gain 1,000 ft. along Seven Hills, Diamond Mountain and Pine Meadow Lake, then back via Lake Wanoksink, Meadow Rd., and Seven Hills. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

WEDNESDAY, NOVEMBER 18 — Merrill Creek Reservoir, Phillipsburg, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. This will be an approximately 5.6-mile hike along the perimeter trail around Merrill Creek Reservoir. Elevation will be around 700 feet. We may be treated to a view of the resident bald eagles flying around the reservoir; however, appearances are unpredictable. We will take a lunch/snack break at around the halfway point where there is a single portable potty. We will hike at a relaxed pace. As always, no one will be left behind. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: Meet at the Visitor Center which is on your right as you enter the grounds. If you see the boat ramp in front of the parking lot you missed the right turn for the visitor center.

THURSDAY, NOVEMBER 19 — Undercliff, Cold Spring, NY
Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com
Start: 10:00 AM. Strenuous 7.4-mile hike with two climbs, beautiful views, and 2000' elevation gain, ending with a relatively flat 2-mile walk out. Early out possible. Portable facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions, Cold Spring, NY.

ALT. THURSDAY, NOVEMBER 19 — Columbia Trail, High Bridge, NJ
Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com
Start: 10:00 AM at the Columbia Trail parking lot in High Bridge. (Sign at the front of parking lot entrance says The Commons). The hike will be 8 miles long over mostly flat terrain at a comfortable Alternate Thursday pace. We will walk along the Columbia Trail, then enter into Ken Lockwood Gorge and follow the river for approximately 2 miles. Back up a short hill to the Columbia Trail to the parking lot. Facilities available. Boots/poles recommended. Bring: lunch, snack, water.

FRIDAY, NOVEMBER 20
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SATURDAY, NOVEMBER 21 — Apshawa Preserve, West Milford, NJ
Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 to be used day of event only, no texts please, jaydib41090@peoplepc.com
Start: 10:00 AM. 5 miles over hilly, rocky terrain. There are a couple of steep sections. No facilities available. Boots/poles recommended. Bring: lunch, traction devices.

SUNDAY, NOVEMBER 22 — South Mountain Reservation, Millburn, NJ
Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM. Moderately paced 5-mile hike with initial climb and approx 700 ft gain

throughout. Some paved road, rocky areas, and rolling hills. Portable facilities available. Boots/poles recommended. Bring: snack, water. *Directions:* See TSR Directions #4, Locust Grove.

MONDAY, NOVEMBER 23 — Watchung Reservation, Mountainside, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. This will be a 3-mile Monday-level hike starting at the Horse Stables. Facilities available. Boots/poles recommended. Bring water.
Directions: 1160 Summit Lane, Mountainside, NJ.

TUESDAY, NOVEMBER 24 — Farny Area, Rockaway, NJ
Leader: Yanling Cheng, cell 732-485-9922, yanlingcheng@yahoo.com
Start: 10:00 AM. This hike is about 6 miles with 900 ft total elevation gain over various terrain, including some rocky areas. The hike starts from the Splitrock Reservoir boat launch to Hawk Watch Overlook in Wildcat Ridge Wildlife Management Area. We'll cross Beaver Brook, pass Solar Pond, and stop at Hawk Watch Overlook, our lunch spot. We'll also pass the Splitrock Dam and a massive iron furnace built in 1862. One stream crossing could use some help from poles if there has been heavy rain recently. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: See TSR Directions for Farny Area #5, Fisherman's Parking area at Splitrock reservoir.

WEDNESDAY, NOVEMBER 25
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

THURSDAY, NOVEMBER 26 — Palisades Interstate Park, Alpine, NJ
Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com
Start: 9:00 AM. Giant Stairs. Moderately strenuous 10-mile hike with 1450 ft elevation gain at a brisk pace (2+ mph) with steep rocky sections and a 1-mile horizontal rock scramble. For experienced hikers. Facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR Directions #4, Alpine Marina.

ALT. THURSDAY, NOVEMBER 26
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

FRIDAY, NOVEMBER 27 — Watchung Reservation, Mountainside, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. Day after Thanksgiving 4-mile stretch your legs hike to water tower and other trails. Slight elevation. Facilities available. Boots/poles recommended. Bring water.
Directions: See TSR Directions #1, Trailside Nature Center.

SATURDAY, NOVEMBER 28
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, NOVEMBER 29
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

MONDAY, NOVEMBER 30 — Allamuchy Mountain State Park, Stanhope, NJ
Leader: Carol Czajkowski, 908-269-6162, cell 973-723-3382 to be used day of event only, martinandcarol2@gmail.com
Start: 10:00 AM. This will be a mostly level out-and-back hike on the Sussex Branch trail at a social pace. No facilities available. Boots/poles recommended. Bring: snack, water.
Directions: See TSR Directions #3, North Allamuchy.

TUESDAY, DECEMBER 1
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

WEDNESDAY, DECEMBER 2 — Colonial Park, Somerset, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 10:30 AM. Relaxed 5-mile hike, <2 mph pace; <100' elev gain. Facilities available. Bring: snack, water. Please note later start time.
Directions: See TSR Directions #3, Parking Lot F/Perennial Gardens.

THURSDAY, DECEMBER 3 — Fahnestock Big Woods, Cold Spring, NY
Leader: Bill Medeot, cell 914-844-7038, billwp218@gmail.com
Start: 10:00 AM. Moderate 11-mile hike with about 1700 feet elevation gain, about 5 hours. Variety of trails from easy strolls to rocky and rooty sections. Varied terrain like stream crossings and climbs with views. We will start on the (Y) Perkins to (R) Charcoal Burners to (B) Fahnestock to (Y) Perkins to (W) School Mountain Road to (R) East Mountain Loop to (G) Round Hill Access to (R) Perkins Access to (Y) Perkins, then back to Big Woods Parking. Early out available for a 6-mile hike. Boots/poles recommended. Bring: lunch, water.
Directions: Big Woods Trailhead Parking, Route 301, Cold Spring, NY. GPS: 41.44481, -73.86600.

ALT. THURSDAY, DECEMBER 3 — Jonathan Woods, Denville, NJ
Leader: Paul Augustyniak, cell 973-219-4807, paugust586@aol.com
Start: 10:00 AM. This is an 8.2-mile extended length alternate Thursday hike from Jonathan Woods to Wildcat Ridge, with a 5.5-mile out that requires a shuttle. This extended length social pace hike with 730’ elevation change starts in the Jonathan Woods parking lot. Round trip hike up to Wildcat Ridge and back is 8.2 miles. Those that want a 5.5-mile out will need to park in the Meridan Trail parking lot and be shuttled to the Jonathan Woods lot for the start of the hike. Lunch at Wildcat Ridge. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.
Directions: For those electing the 5.5-mile out: the red Meridan Trail parking lot at 69 Meridan

Road, Denville, 2.2 miles from the Farber Hill Road intersection, 1 mile from Rt. 513/Green Pond Road intersection at Rockaway Bagel & Deli. 40.93607° N, 74.47258° W.

FRIDAY, DECEMBER 4 — Ramapo Valley County Reservation, Mahwah, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. This is a 6-mile hike, moderate pace (2mph), elevation gain 700 ft. We will hike the yellow, blue, blue-pink and red trails, then back via the waterfall. The hike starts with a relatively steep climb but is otherwise not challenging. Facilities available. Boots/poles recommended. Bring: lunch, water.

SATURDAY, DECEMBER 5 ********HOLIDAY PARTY******
Save the date for our annual membership meeting and holiday party. Check your email for further details!!

SUNDAY, DECEMBER 6 — Lake Sebago Boat Launch, Harriman State Park, NY
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 9:30 AM. This will be a 6- to 7-mile moderately paced hike with approximately 1100 feet of elevation gain. We will climb up the Seven Hills, go down the TMI, traverse along the Stony Brook to the Kakiat. The Kakiat is a bouldery upward traverse. We will then take a long climb on the HTS to lunch, returning to the parking lot on the Seven Hills trail. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

MONDAY, DECEMBER 7 — South Mountain Reservation, Milburn/Maplewood, NJ
Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com
Start: 10:00 AM. Starting at the second parking lot on Crest Drive, we will hike a 3-mile loop to Washington Rock and other viewpoints. Trail is basically flat. Some reaches of the trail are a little rocky with roots. Portable facilities available. Boots/poles recommended. Bring water.
Directions: Follow TSR Directions to South Mountain Res. # 1, Dog Park, but park at the second parking lot on Crest Drive.

TUESDAY, DECEMBER 8 — Skylands, Ringwood, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. 7.5- to 8-mile hike to Ilgenstein Rock, starting from Parking lot C, in a clockwise loop. Moderate pace, around 2-2.3 mph average. 1000 ft of elevation. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #3, Parking Lot C.

WEDNESDAY, DECEMBER 9
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

THURSDAY, DECEMBER 10 — Lake Tiorati, Harriman State Park, NY
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 10:00 AM. This 8-mile hike at a vigorous pace will travel the AT to lunch at the Brien

Memorial shelter. We will return on the RD. 1200' elevation gain. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

ALT. THURSDAY, DECEMBER 10 — Jonathan Woods, Denville, NJ
Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com
Start: 10:00 AM. We will hike 5-6 miles on a variety of trails with some ups and downs at a social pace. Parking is limited so please snuggle up the cars! No facilities available. Boots/poles recommended. Bring: lunch, water.

FRIDAY, DECEMBER 11 — Lake Skannatati, Harriman State Park, NY
Leader: Will Obecny, cell 603-540-3148, obecny@optimum.net
Start: 10:00 AM. This hike will be about 6 miles over rocky and hilly terrain with a 1,000-foot elevation gain (mostly in the first two miles). We will hike past Times Square. The hike will take around 3 1/2 hours. There are some nice views. Note: cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: lunch, snack, water.
Directions: See TSR directions for Harriman State Park, Locations off Seven Lakes Drive.

SATURDAY, DECEMBER 12
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, DECEMBER 13 — South Mountain, Short Hills, NJ
Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM. Moderately paced approximately 5-mile hike with inclines and varied terrain. Portable facilities available. Boots/poles recommended. Bring: snack, water.
Directions: Greenwood Gardens lot, 274 Old Short Hills Road, Short Hills

MONDAY, DECEMBER 14
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

TUESDAY, DECEMBER 15
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

WEDNESDAY, DECEMBER 16 — Duke Farms, Hillsborough, NJ
Leader: Gordon Thomas, cell 609-977-0267, TSRpresident3@gmail.com
Start: 10:30 AM. Relaxed approx <2 mph pace, 5 mi; 200' elev gain; almost all on dirt trails. Facilities available. Boots/poles recommended. Bring: snack, water. Please note later start time.

THURSDAY, DECEMBER 17 — Norvin Green State Forest, Ringwood, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 9:30 AM. This will be an 8- to 9-mile strenuous and vigorous loop hike that includes the Will Monroe loop and Wyanokie Crest trails. Note: cell service is very poor/nonexistent at the trailhead. Boots/poles recommended. Bring: lunch, water. Please note early start time.

Directions: See TSR Directions #4, New Weis Center.

ALT. THURSDAY, DECEMBER 17 — Mahlon Dickerson Reservation, Jefferson, NJ
Leader: Kaat Higham, cell 862-221-0170, khigham@verizon.net
Start: 10:00 AM. This is a 6.7-mi hike, moderate 2 mph pace, 617 ft elevation. We will follow the Highland trail, then the white trail, and back to the parking lot via the green trail. No facilities available. Boots/poles recommended. Bring: lunch, water.
Directions: See TSR Directions #2, Saffin Pond.

FRIDAY, DECEMBER 18
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SATURDAY, DECEMBER 19
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, DECEMBER 20
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

MONDAY, DECEMBER 21 — Nomahegan Park, Cranford, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. We will tread a 3-mile, flat loop, mostly paved walkway. Facilities available. Boots/poles recommended. Bring water.
Directions: Shane Walsh Ball Field, 104 Kenilworth Blvd, Cranford NJ.

TUESDAY, DECEMBER 22 — Ramapo Valley County Reservation, Mahwah, NJ
Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com
Start: 10:00 AM. This 6- to 7-mile hike will combine parts of the Vista, Ridge, Reservoir and Marsh loops with lunch by the reservoir. One long climb at the start of the hike. Facilities available. Boots/poles recommended. Bring: lunch, water.

WEDNESDAY, DECEMBER 23
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

THURSDAY, DECEMBER 24 — Norvin Green State Forest, Ringwood, NJ
Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com
Start: 9:00 AM. Moderately strenuous point-to-point 9-mile hike at a brisk pace (2+mph) with 1800 ft elevation gain, rock scrambles, and possible water crossings; this hike is not for beginners. We will take the Highlands Trail to Horse Pond and Harrison Mountains, then Stonetown Circular Trail, Lake Sonoma Trail, Manaticut Trail. We will meet at Manaticut Point trailhead and then shuttle by car to start the hike from Long Pond Ironworks State Park. No facilities available. Boots/poles recommended. Bring: lunch, water, traction devices. Please note

early start time.
Directions: See TSR Directions #2, Manaticut Point.

ALT. THURSDAY, DECEMBER 24 — South Mountain Reservation, West Orange, NJ
Leader: Donna and Steve Burkat, cell 973-454-5635, busybees813@yahoo.com
Start: 10:00 AM at Tulip Springs for a moderate 5- to 6-mile hike on both sides of the bridge with rolling hills, rocks, and water views. Facilities available. Boots/poles recommended. Bring: snack, water, traction devices.
Directions: See TSR Directions #8, Tulip Springs.

FRIDAY, DECEMBER 25 — Watchung Reservation, Mountainside, NJ
Leader: Ken Donhauser, cell 732-616-7409 to be used day of event only, kendonhauser@gmail.com
Start: 10:00 AM. Christmas morning easy 4-mile walk to the water tower and selected trails back. Facilities available. Boots/poles recommended. Bring water.
Directions: See TSR Directions #1, Trailside Nature Center.

SATURDAY, DECEMBER 26
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, DECEMBER 27
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

MONDAY, DECEMBER 28 — South Mountain Reservation, West Orange, NJ
Leader: Fred Bennett, 973-857-0543, cell 973-204-0253, starben62@yahoo.com
Start: 10:00 AM. Portable facilities available. Boots/poles recommended. Bring water and traction devices for a 3-mile hike. *Directions:* See TSR Directions #8, Tulip Springs.

TUESDAY, DECEMBER 29
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

WEDNESDAY, DECEMBER 30 — Cushetunk Mountain Preserve, Clinton Township, NJ
Leader: John Infosino, cell 908-442-9318, JInfosino@aol.com
Start: 10:00 AM. We will depart on the yellow trail and take the blue trail to the red trail, eventually arriving at the picnic area next to the Round Valley Reservoir. We will break for a quick snack/lunch and then return on the camp road. Approximate distance will be 5 miles, with around 873 feet of elevation. We will hike at a relaxed pace, and as always no one will be left behind. No facilities available. Boots/poles recommended. Traction devices may be needed, depending on ice/snow conditions. Bring: lunch, snack, water, No facilities available. Boots/poles recommended. Bring: lunch, snack, water, traction devices.
Directions: See TSR Directions #1, Old Mountain Road.

THURSDAY, DECEMBER 31
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

ALT. THURSDAY, DECEMBER 31
No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.